

Adolescent Resource Guide



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FORWARD

The *Adolescent Resource Guide* was originally compiled for a program called *The Game of Life* where students experienced real life situations while role-playing. We brought the program to the different high schools in Ocean County and invited many different agencies that provide interventions for these situations to participate. Students were encouraged to access help to solve their "situation" that was given to them and also encouraged to access any help they may need in real life situations. In the planning stages of this program, we found through educators and representatives from social services agencies that there was a real need for a comprehensive listing of these resources.

As we gathered the resources, we were surprised and pleased that there were so many agencies within Ocean County that can offer help to adolescents. When we first put this directory together, under each topic, there was an alphabetical listing of the agencies that addressed that specific issue, its address, telephone number and a listing of the services offered by that agency.

The first time this resource guide was printed was in 1996. Each time we have updated this, we see more and more agencies having their own website, which we include in the *Adolescent Resource Guide*. This gives the reader the opportunity to go directly to an agency's website and view all of its services and programs. This 2012 update will give you a very comprehensive list of agencies that respond to the issues listed. The *Adolescent Resource Guide* will be available on the Ocean County Health Department website at www.ochd.org and will be updated through the website. In order to locate the guide, click on *Resources* and scroll down to the *Adolescent Resource Guide*. If you have any additions, corrections, or suggestions, please feel free to call me at 732-341-9700, ext. 7224 or email me at Lterjesen@ochd.org. Thank you for your interest.

Leslie Terjesen
Public Information Officer
Author and Editor

ADOLESCENT RESOURCE GUIDE

ADOPTION AND FOSTER CARE RESOURCES

Adoption ARC

800- 884- 4004

www.nj.gov

Referrals and help with adoption

Adoption, NJ

www.nj.gov/njfofosteradopt/adoption

609-888-7460 or 7474

Catholic Charities

609- 394- 3202 or 800- 360- 7711

www.catholiccharitiestrenton.org

Referrals and help with adoption

Children's Home Society

732-557-9633

www.chsofnj.org

Help with adoptions and foster care

Division of Youth and Family Services

732-255-0700 or 800- 442- 6232 (Toms River)

732-901-4198 or 866-544-9197 (Lakewood)

609-292-6920 (Main Number)

877 NJ ABUSE (652-2873) (Child abuse/Child Neglect Hotline)

800 THE KIDS (843-5437) (Family Hotline)

www.nj.gov/DCF/

DYFS helps families and individuals develop a case plan to meet their specific needs including adoption services.

New Jersey Adoption Resource Clearing House

877-427-2465 or 973-763-2041

www.njarch.org

Provides support to all members of the adoption constellation (The adoption constellation includes anyone whose life is touched by adoption, including those who receive and /or deliver services.) Our goal is to direct people to appropriate adoption services in New Jersey.

Ocean Mental Health Services

732-349-5550 or 877-621-0445

www.oceanmhs.org

"Connections" program serving Ocean County matching youngsters with trained foster families

Preferred Children's Services

Foster Care Services

732-458-1700

www.preferredbehavioral.org

Provides services to foster families and children in their care, including, behavior management, tutoring and support services.

Preferred Children's Services
Visitation Program
732-905-1757

www.preferredbehavioral.org

Helps families maintain regular contact between parent and child.

Safe Haven Infant Protection Hotline
877-839-2339

www.njsafehaven.org

Referrals

AIDS/HIV RESOURCES

AIDS Community Care Alternatives Program

732-349-1500

Provides eligible county residents with financial, medical and social services

AIDS Hotline

800-232-4636

www.cdc.gov/hiv

Provides counseling, emotional support and information

Jersey Shore Addiction Services

732-988-6828

Counseling and programs for people living with HIV

NJ AIDS Hotline

(800) 624-2377 (24 hrs, 7 days)

TTY/TDD: (201) 926-8008

www.state.nj.us/health/aids

Information and referrals

Ocean County Health Department

732-341-9700, ext. 7610

www.ochd.org

AIDS Clinic, Counseling and Testing, support groups, hotline, educational materials and speakers

ALCOHOL RESOURCES

Ocean County Health Department Drug & Alcohol Unit

732-341-9700, ext. 7535

www.ochd.org

Referrals, listing of AA meetings

Addiction Hotline of New Jersey

1-800-238-2333

Referrals

AGAPE Counseling Services

609-242-0086

www.theagapecenter.com

Outpatient Treatment Program

AA, Cape Atlantic Intergroup
609-641-8855

Al-Anon Family Group Headquarters
888-4AL-ANON or 757-563-1600

www.al-anon.alateen.org

Information and educational materials

Alcoholics Anonymous (AA), Cape Atlantic Intergroup
609-641-8855 or 800-604-4357

www.caigrp.org

Listing of support groups for 12-step program

Alcoholics Anonymous (AA), Central Jersey Intergroup
609-298-7795

www.centraljerseygroup.org

Listing of support groups for 12-step program

New Jersey Al-Anon/AlaTeen
973-744-8686 (North Jersey)
856-547-0855 (South Jersey)

www.nj-al-anon.org

Information, educational materials and meetings

Behavioral Healthcare of Catholic Charities
609-394-3202 or 800-360-7711

www.catholiccharitiestrenton.org

Counseling available

Bergen Pines
800-730-2762

www.bergenregional.com/evergreen

Detoxification, inpatient and outpatient services

Carrier Clinic
800-933-3579

www.carrierclinic.org

Free Weekend Co-dependency program and Bright Futures for Kids (for children ages 4-12) for families that are affected by alcohol problems, Parents Support Group (for parents who have a child (of any age) with an addition illness).

The Center on Addiction and the Family
800-671-9392

www.coaf.org

Information and referrals, educational materials

The Cool Spot

www.thecoolspot.gov

Provides information about underage drinking and alcohol problems

CONTACT of Ocean and Monmouth Counties

24 hours crisis hotline

732-240-6100/609-693-5834

www.contactocean.org

24 hour crisis hotline

Federal Substance Abuse Federation

877-SAMHSA-7 or 877-726-4727

www.ncadi.samhsa.gov

Resource for information about substance abuse prevention and addiction treatment

Freevibe.com

www.freevibe.com

Information on drugs and addiction

Healy Counseling Associates

732-797-0400

Outpatient treatment

Liberty Management Group

Arms Acres, Conifer Park, Princeton House

201-236-8880

www.libertymgt.com

In-patient & Outpatient services-Adolescent, Adult, Women's Program, Detoxification, Dual Focus, Rehab

Lighthouse at Mays Landing

800-852-8851 or 609-625-4900

www.Lhrecovery.com

Detoxification, inpatient and outpatient services

Maryville Alcohol and Drug Treatment Center

Williamstown : 856-629-0244

Glassboro: 856-863-3913

Vineland: 856-690-1000

www.maryvillenj.org

Outpatient services and detoxification

New Hope Foundation

732-946-3030

www.newhopefoundation.org

Inpatient & outpatient care, detoxification, and counseling

Ocean's Harbor House

732-929-0660 or 732-240-3638

www.oceansharborhouse.org

Counseling and referrals, prevention programs

Ocean Mental Health

732-349-5550

www.oceanmhs.org

“Turnaround” program offers substance abuse services for ages 12 to 25

Preferred Behavioral Health

732-367-4700

www.preferredbehavioral.org

Riptide IOP Program which is intensive outpatient program for substance abuse for ages 13-18

Princeton House Behavioral Health

1-800-242-2550

www.princetonhcs.org

Inpatient Adolescent Substance Abuse Program

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.com

Parents in Sobriety Group, Parents in Recovery Group for southern Ocean County residents

Saint Barnabas Behavioral Health Center

732-914-1688

1-888-724-7123

www.barnabashealth.org

Inpatient and Outpatient services

Seabrook House

1-800-761-7575

www.seabrookhouse.org

Detoxification, inpatient and outpatient treatment, relapse prevention

Seashore Family Services

732-920-2700 or 732-244-1600

www.seashorefamilyservices.org

Treatment, Driving Under the Influence Program

Summit Oaks Hospital

908-522-7000

www.summitoakshospital.com

Provider of Psychiatric and Substance Use Services

Turning Point, Inc.

973-239-9400 or 800-969-7476

www.turningpointnj.org

Inpatient services, detoxification

White Deer Run

877-907-6237

www.whitedeerrun.com

Residential facility

ANGER MANAGEMENT RESOURCES

Center for Kids and Family

732-505-KIDS

www.barnabashealth.org

Support Groups available

Catholic Charities

609-394-3202 or 800-360-7711

www.catholiccharitiestrenton.org

Individual and group therapy

Division of Youth and Family Services (DYFS)

732-255-0700(Toms River)

732-901-4198(Lakewood)

855-Info-DCF

www.nj.gov/DCF/

Counseling available

Ocean's Harbor House

732-240-3638

www.oceansharborhouse.org

Group and individual programs

Ocean Mental Health Services

732-349-5550

www.oceanmhs.org

Turnaround program addresses teen and parent issues including anger control.

Preferred Behavioral Health

732-367-4700

www.preferredbehavioral.org

Individual, family and group therapy

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.com

Anger Management program for teens and parents in recovery in Brant Beach and Lakewood

ANXIETY RESOURCES

Carrier Clinic

1-800-933-3579

www.carrierclinic.org

Specialized inpatient adolescent services for those suffering from anxiety.

CONTACT of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

24 hour crisis hotline

Ocean Mental Health
732-349-5550
www.oceanmhs.org
Treatment and therapy

Preferred Behavioral Health of NJ
888-367-9080
www.preferredbehavioral.com
Counseling available

Saint Barnabas Behavioral Health Center
732-914-1688
888-724-7123
www.barnabashealth.org
Counseling for anxiety

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Individual therapy for residents of southern Ocean County

ASSAULT RESOURCES

Child Abuse Hotline
877-NJ-ABUSE (2873)
www.state.nj.us/dcf/abuse
Reports of child abuse and neglect, including those occurring in institutional settings such as child care centers, schools, foster homes and residential treatment centers, must be reported to the State Central Registry (SCR).

CONTACT's First Call for Help
732-240-6105
www.contactocean.org
Information and referrals

Contact of Ocean and Monmouth Counties
732-240-6100 or 609-693-5834
www.contactocean.org
24 hour hotline with immediate referrals

Division of Youth and Family Services (DYFS)
732-255-0700(Toms River)
732-901-4198(Lakewood)
800-331-DYFS (3937) (DYFS Hotline)
www.nj.gov/dcf/
Follows up on reports of child abuse

New Jersey Child Abuse Reporting
1877-NJ-ABUSE
Documents child abuse incidents

Ocean County Prosecutor's Office
732-929-2027
www.oceancountyprosecutor.org
Helps and Investigates

Ocean's Harbor House
732-929-0660 or 732-240-3638 (732) 281-0822) 281-0822
www.oceansharborhouse.org
Immediate intervention

St. Francis Counseling Center
609-494-1090
www.stfrancislbj.org
Help and referrals for sexual assault victims and families in Ocean County

BEREAVEMENT RESOURCES

American Cancer Society
800-ACS-2345
www.cancer.org
Support groups for those who have lost a loved one from cancer

Catholic Charities
609-394-3202
www.catholiccharitiestrenton.org
Counseling available

Center for Kids and Family
732-505-KIDS
www.barnabashealth.org
Support groups available

St. Francis Center
609-494-1554
www.stfrancislbj.org
Individual and group counseling in the southern Ocean County area

BIRTH CONTROL RESOURCES

Atlantic City Medical Center Family Planning Services
888-569-1000
www.atlanticcare.org
Birth control methods, options education and information

Family Planning Center of Ocean County, Inc
732-364-9696 or 609-597-6094
www.fpcoc.net
Birth control, methods, options, information, and education

The Open Door Pregnancy Center
732-240-5504
www.theopendoor.com
Information and options

Planned Parenthood
800-230-PLAN (7526)
www.plannedparenthood.org
Birth control methods and options, education and information, low cost reproductive healthcare

BULLYING RESOURCES

NJ Cares about Bullying
877-NO-BULLY or 877-662-8559

NJ Bullying
908-522-2581
www.njbullying.org
Provides information and resources

Ocean County Library
732-349-6200
www.theoceancountylibrary.org/teens
Teen events under the Teen Zone

Preferred Behavioral
732-663-1800
www.preferredbehavioral.org
Offers information

2NDFLOOR
888-222-2228 or 732-264-1703 (TTY)
www.2ndfloor.org
Youth Helpline

The Trevor Project
866-488-7386
www.thetrevorproject.org
Confidential hotline 24/7

CAREER OPPORTUNITY RESOURCES

NJ Department of Labor Division of Vocational Rehabilitation Services
732-255-0836 or 1-866-VR1-STOP or 609-659-9045
www.lwd.dol.state.nj.us/labor
Offers persons with disabilities employment opportunities

Ocean County Library
732-349-6200

www.theoceancountylibrary.org

Technology training, internet access, small business information

Ocean County Vocational-Technical Schools

732-473-3100 (Toms River)

732-286-5670 (Brick)

732-286-5660 (Waretown)

732-286-5665 (Jackson)

732-286-5678 (Nay Lakehurst Center)

609-978-8439 (Mates)

www.ocvts.org

Offer many different career- oriented training programs

Ocean County ONE STOP CAREER Center

732-286-5616(Toms River)

www.ocpic.com

Career advice, information, resume help, job training

US ARMY

732-270-1482

www.goarmy.com

Offers military career options

CHILD ABUSE RESOURCES

Catholic Charities

609-394-3202

www.catholiccharitiestrenton.org

Family Growth Program serves physically and sexually abused children and juvenile and adolescent perpetrators of child sexual abuse

Children's Home Society

732-557-9633

www.chsofnj.org

Educate child care providers on child abuse issues

CONTACT of Ocean and Monmouth Counties

24 hours crisis hotline

732-240-6100 or 609-693-5834

www.contactocean.org

24 hour crisis hotline

Division of Children and Family Services (DYFS)

877-NJ ABUSE (877-652-2873 (24 hours hotline)

732-255-0700(Toms River)

732-901-4198(Lakewood)

800-792-8610 (emergency night, holiday and weekends)

877-NJ- ABUSE (652-2873)

www.nj.gov/dcf/divisions/dyfs

Reporting child abuse, investigations, counseling, child protection

Ocean's Harbor House
732-240-3638 (732) 281-0822
www.oceansharborhouse.org
Immediate intervention

Right to Life
732-562-0562
www.njrtl.org
Referrals

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Counseling for children in southern Ocean County

Safe Haven for Infants Hotline
877-839-2339
www.njsafehaven.org
Referrals

CHILD CARE RESOURCES

Child Care Help Line of New Jersey
800-332-9227
www.state.nj.us/humanservices
Child care resources in your area

Children's Home Society
732-557-9633
www.chsofnj.org
Child care vouchers, resources and referrals, registered day care referrals

Division of Youth and Family Services
732-255 – 0700
www.nj.gov/dcf/divisions/dyfs
Information and referrals

Ocean Inc., Head Start
732-244-5333
www.oceaninc.org
*Programs in Toms River, Lakewood, Barnegat, Berkeley, Brick, Lakewood, Manchester, Tuckerton
Preschool for low-income families*

Preferred Children's Services
Grads Child Care Parenting Program
732-367-4700
www.preferredbehavioral.org
Child care for infants on the grounds of Lakewood high school, parenting skills, well baby care

CHILD HEALTH RESOURCES

American Cancer Society

800-ACS-2345

www.cancer.org

Information and referrals for children living with cancer

Big Brothers Big Sisters of Ocean County

732-505-3400

www.bbbsoc.org

Big Brothers Big Sisters is the oldest and largest youth mentoring organization in the United States. Research and anecdotal evidence show specifically that BBBS one-to-one mentoring helps at-risk youth overcome the many challenges they face.

Center for Health Education, Medicine, and Dentistry

732-364-2144

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Central Jersey Family Health Consortium

732-362-5400

www.cjfhc.org

Referrals, educational materials

Children's Home Society

732-557-9633

www.chsofnj.org

Health consultations to the child care providers, "special needs" network

Long Beach Island Health Department

609-492-1212

www.lbihealth.com

Immunizations, information and referrals, WIC and well-child visits

NJ Family Care

800-701-0710

www.njfamilycare.org

Well child and doctor's visits, dental and vision care, prescriptions, hearing services, lab work, x-rays. Income guidelines must be met.

Ocean County Family Support Organizations, Inc

609-693-4121

www.oceanfso.org

Resources and services for children with special needs

Ocean County Health Department Early Intervention Program

732-341-9700, ext. 7650

www.ochd.org

Offers a variety of services to families with children from birth to age 3 with a developmental disability, Special Child Health Services and Women, Infants and Children program (WIC)

Ocean Health Initiatives

732-363-6655(Lakewood)

www.ohinj.org

Federally Qualified Health Center offering full range of health and dental services

Ocean Medical Center

800-560-9990 or 732-836-4290

www.oceanmedicalcenter.com

Family Health Center

Southern Ocean Medical Center

609-978-3400 or 609-597-6011

www.southernoceanmedicalcenter.com/

Health Services for children, referrals

CHRONIC ILLNESS SUPPORT RESOURCES

American Cancer Society

800-ACS-2345

www.cancer.org

Support groups

Center for Health Education, Medicine, and Dentistry (CHEMED)

732-364-2144

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Ocean County Health Department Special Child Health Unit

732-341-9700 x7602 or 800 342-9738 x7602

www.ochd.org

Coordinates resources and services for children with special needs up to age 21

CRISIS INTERVENTION RESOURCES

Carrier Clinic

800-933-3579

www.carrierclinic.org,

Specialized inpatient crisis stabilization services for adolescents.

Children's Mobile Response and Stabilization System

1-877-652-7624

Provides time limited, crisis intervention and stabilization services to children and youth with emotional or behavioral disturbances that threaten to disrupt their current living arrangements.

Contact of Ocean County

732-240-6100 or 609-693-5834

www.contactocean.org

24 hour crisis hotline

Ocean's Harbor House
732-240-3638 or 732-281-0822 **32(732) 281-0822) 281-0822**
www.oceansharborhouse.org
Immediate intervention

National Hope Line Hotline
800-442-4673
Referrals and interventions

National Runaway Switchboard
800-RUNAWAY (786-2929)
www.1800runaway.org
Provides counseling and alternatives to running from home

Ocean's Harbor House
732-929-0660 or 732-240-3638
www.oceansharborhouse.org
Offers shelter for youth who have run away, been abused or asked to leave their homes

Ocean Mental Health Services
732-349-5550
www.oceanmhs.org
Ocean CREST program, an Early Intervention Support Services program which is an alternative to the Psychiatric Emergency Screening Services, for those who will not be requiring hospitalization and after provides needed crises intervention services and connects with ongoing community bases support services

Parents Anonymous
1-800-843-5437
www.pa-of-nj.org
Referrals

Providence House
732-244-8259 or 609-394-3202
www.catholiccharitiestrenton.org
Provides intervention and shelter for domestic violence victims

Psychiatric Emergency Screening Services (PESS)
732-886-4474 or 886-904-4474
www.kmc.org
Screening assessments, crisis intervention to victims and people experiencing traumatic events

Safe Haven Infant Protection Hotline
877-839-2339
www.njsafehaven.org
Provides counseling, information and referrals

St. Barnabas Behavioral Health
732-914-1688
www.barnabashealth.org
Provides crisis intervention services

St. Francis Counseling Center

609-494-1090 or 732-370-4010
www.stfranciscenterlbi.org
Emergency numbers for sexual assault

DEPRESSION RESOURCES

Carrier Foundation
800-933-3579
www.carrierclinic.org
Specialized inpatient treatment and therapy for adolescents suffering from depression.

Contact of Ocean and Monmouth Counties
732-240-6100/609-693-5834
www.contactocean.org
24 hour Crisis Hotline

Ocean Mental Health
732-349-5550
www.oceanmhs.org
Counseling available

Preferred Behavioral Health of NJ
1-888-367-4700
www.preferredbehavioral.org
Counseling available

St. Barnabas Behavioral Health Center
732-914-1688
www.barnabashealth.org
Inpatient and outpatient services

2NDFLOOR
888-222-2228 or 732-264-1703(TTY)
www.2ndfloor.org
Youth Helpline

DIVORCE RESOURCES

Catholic Charities
732-262-0034
www.catholiccharitiestrenton.org
Counseling available for couples

Center for Kids and Family
732-505-KIDS
www.barnabashealth.org
Support groups available

Ocean Mental Health
732-349-5550
www.oceanmhs.org

Counseling available

Preferred Children's Services

732-364-4590

www.preferredbehavioral.org

Counseling available

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Counseling available for residents of southern Ocean County

DOMESTIC VIOLENCE RESOURCES

See Police listings for reporting, restraining orders, referrals and intervention

Adult Protective Services

732-349-1500

732-240-6100 (AFTER HOURS)

Support and assistance to adults in need of protective services

Catholic Charities

PALS (Peace-A Learned Solution)

732-244-8259

www.catholiccharitiestrenton.org

Programs to help children ages 3-12 that have been exposed to domestic abuse heal through various forms of creative arts.

CONTACT of Ocean and Monmouth Counties

732-240-610 or 609-693-5834

www.contactocean.org

24 hour crisis hotline

Domestic Violence Complaints Hotline

732-929-2019

Domestic Violence Unit of the Family Court

732-244-5353

(Can also request Southern Team)

Crisis intervention, protective services, court involvement

National Teen Dating Abuse Helpline

866-331-9474 or 866-331-8453(TTY)

www.loveisrespect.org

24/7 Support and Assistance

Providence House

732-244-8259 or 1-800-234-6810

www.catholiccharitiestrenton.org

Counseling and shelter for victims and children

St. Francis Center

609-494-1554

www.stfranciscenterlbi.org

Extended counseling for southern residents after stay at Providence House

DRIVING UNDER THE INFLUENCE RESOURCES

Healy Counseling Associates

732-797-0400

Email: patt.healy@yahoo.com

IDRC program

Ocean County Health Department

732-341-9700, ext. 7535

800-342-9738

www.ochd.org

IRCR program

Seashore Family Services

732-244-1600 or 732-920-2700

www.seashorefamilyservices.org

IDRC program

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

IDRC program

DRUG ABUSE RESOURCES

Catholic Charities

Partners in Recovery Program

732-244-8259

www.catholiccharitiestrenton.org

Intensive outpatient program for adolescents ages 13 through 17 who have substance abuse and/or school issues.

Carrier Clinic

800-933-3579

www.carrierclinic.org

Inpatient Adolescent Dual-Diagnosis program (when psychiatric illness is primary). Free Weekend codependency (support for friends and family) and Bright Futures for Kids (ages 4-12 who are affected by a family member's addiction program).

Cocaine Anonymous

800-347-8998(Referrals and services)

212-COCAINE (262-2463) (North Jersey)

215-333-7798 (South Jersey)

www.ca.ny.org (North Jersey)

www.cocaine-capanjde.org (South Jersey)

Share experience, strength and hope with others so that they may solve their common problem and help others to recover from their addiction.

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-hour Crisis hotline

Jersey Shore Addiction Services

732-988-8877

www.jsashc.org

Counseling and outpatient care

Liberty Management Group

201-236-8880

www.libertymgt.com

Inpatient and Outpatient services, detox, 12 step programs

Lighthouse at Mays Landing

800-852-8851

www.Lhrecover.com

Detoxification, inpatient and outpatient services

Maryville Alcohol and Drug Treatment Center

800-587-0244

www.maryvillenj.org

Detoxification, inpatient and outpatient treatment

Nar-Anon

800-992-0401

609-371-8848(Carol)

856-848-8715(Barry)

www.naranonofnj.org

Family group, for someone who knows or known a feeling of desperation concerning an addiction problem of someone very near to them.

Narcotics Anonymous (NA) Helpline

899-992-0401

www.nanj.org

Community based association for recovering drug addicts providing weekly meetings.

New Hope Foundation

732-946-3030

www.newhopefoundation.org

Detoxification, inpatient and outpatient services

Ocean County Health Department Drug and Alcohol Abuse Unit

732-341-9700, ext. 7535

800-342-9738

www.ochd.org

Information and referrals

Ocean's Harbor House

732-929-0660 or 732-240-3638

www.oceansharborhouse.org

Prevention and intervention

Ocean Mental Health

732-349-5550

www.oceanmhs.org

Turnaround program offers substance abuse services for ages 12 to 25

Preferred Behavioral Health of NJ

732-367-9080

www.preferredbehavioral.org

Counseling and treatment, relapse prevention

Preferred Behavioral Riptide IOP

732-367-1710

www.preferredbehavioral.org

Intensive outpatient treatment for teens, ages 13-18

Prevention First

732-663-1800

www.preventionfirst.net

Provides resources and referrals

Princeton House Behavioral Health

1-800-242-2550

www.princetonhcs.org

Inpatient Adolescent Substance Abuse Program

Seabrook House

1-800-582-5968

www.seabrookhouse.org

Detoxification, inpatient and outpatient care

Seashore Family Services (S.T.A.R.T.)

732-920-2700

www.seashorefamilyservices.org

Adolescent substance abuse, anger management, prevention relapse and educational resources

2NDFLOOR

888-222-2228

www.2ndfloor.org

Youth Helpline

St. Barnabas Behavioral Health

732-914-1688

www.barnabashealth.org

Inpatient and outpatient services, partial hospitalization

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

24 hour hotline, crisis intervention counseling, information and referrals for residents of southern Ocean County

Summit Oaks Hospital

908-522-7000

www.summitoakshospital.com

Provider of Psychiatric and Substance Use Services

Turning Point
973-239-4600
www.turningpointnj.org
Detoxification, inpatient and outpatient services

White Deer Run
800-255-2335
www.whitedeerrun.org
Residential facility

DRUG TESTING RESOURCES

Seashore Family Services
732-244-1600 or 732-920-2700
www.sfnj.org
Urine testing for school, pre-employment and court cases

EATING DISORDERS RESOURCES

Center for Kids and Family
732-505-KIDS
www.barnabashealth.org
Support groups

Center for Health Education, Medicine, and Dentistry
732-364-2144
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Eating Disorders Anonymous
www.eatingdisordersanonymous.org
Support groups

Eating Disorders at the Medical Center of Princeton
877-932-8935
www.princetonhcs.org
Inpatient, partial hospitalization for anorexia, bulimia and other eating disorders

Jersey Shore Medical Center
732-776-8200, ext. 253
www.jerseyshoreuniversitymedicalcenter.com
Anorexia and bulimia groups

Just Be Yourself
www.everyone-else-is-taken.com
Information

Monmouth Psychological Associates
732-530-9029
www.monmouthpsych.com

Eating Disorders Program provides comprehensive psychological and nutritional care for people with eating disorders. Referrals for treatment

National Eating Disorders

800-931-2237

www.nationaleatingdisorders.org

Information and referrals

Overeaters Anonymous, South Jersey Intergroup

609-239-0022

www.southjersevoa.org

Support group for compulsive eating

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Individual therapy for residents of southern Ocean County

EDUCATION OPPORTUNITY RESOURCES

Association of Student Assistance Professionals

www.asapnj.org/OCSAC2011/Resources.htm

Adolescent Resources

Children's Home Society

732-557-9633

www.chsofnj.org

Child care training available

Georgian Court College

732-364-2200 or 800-458-8422

www.georgian.edu

Variety of degree programs

Job Corps

800-733-5627

www.edison.jobcorps.gov

GED programs and variety of training

NJ Department of Labor

732-255-0836

www.nj.gov/labor

***Vocational Rehabilitation Program** provides services that enable individuals with disabilities to find jobs.*

Program provides diagnostic evaluations, vocational counseling and guidance, job-seeking skills training and selective job placement job coaching, etc.

The Transition from School to Work For youth With Disabilities helps persons with disabilities prepare for, obtain and keep their jobs. It is the school district's responsibility to contact the DVRS and each school has an assigned rehabilitation counselor. At any time, parents may call.

NJ Department of Labor Division of Vocational Rehabilitation Services

732-255-0836 or 1-866-VR1-STOP

www.NJ.gov/labor

Offers persons with disabilities employment opportunities

NJ College Education Hotline

800-792-8670

www.hesaa.oeg

Financial Assistance and scholarships

Ocean County College

732-255-0400

www.ocean.edu

Many different certification programs and Associate degree programs

Ocean County ONE STOP CAREER Center

732-240-5995

www.ocpic.com

Career advice, information, resume help, job training

Ocean County Vocational Technical School

732-473-3122(Toms River)

732-286-5660(Waretown)

732-286-5665(Jackson)

732-286-5678(Navy Lakehurst Center)

609-978-8439(MATES)

www.ocvts.org

Many different educational career oriented programs

Ocean County Library (libraries located throughout Ocean County)

732-349-6200

www.theoceancountylibrary.org

GED materials, technology training, reference and referral services, internet access

Preferred Behavioral Health

Project Independence

732-367-1352

www.preferredbehavioral.org

Training for independent living skills

Richard Stockton State College

609-652-1776

www.stockton.edu

Variety of degree programs

Ocean County One Stop Career Center

732-240-5995

www.ocpic.com

Research career opportunities, apprenticeship programs, career advice, and computer access

EMERGENCY CARE RESOURCES

9-1-1

Emergency number for most municipalities

Atlanticare Regional Medical Center

888-569-1000

www.atlanticare.org/

Center for Health Education, Medicine, and Dentistry

732-364-2144

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Community Medical Center

732-557-8080

www.barnabashealth.org

Kimball Medical Center

732-886-4525

www.barnabashealth.org

Ocean Health Initiatives

732-363-6655

www.ohinj.org

Federally Qualified Health Center offering full range of health and dental services

Ocean Medical Center

732-840-3322

www.oceanmedicalcenter.com

Ocean Care Center Satellite Emergency Department

732-295-6377

www.oceanmedicalcenter.com

Southern Ocean Medical Center

www.southernoceanmedicalcenter.com/

609-978-8900 or 609-597-6011

EMPLOYMENT RESOURCES

Ocean County Library

732-349-6200

www.theoceancountylibrary.org

Internet access for civil service jobs, books, information and help with resume writing

Ocean County Vocational Technical School

732-473-3122(Toms River)

732-286-5670(Brick)

732-286-5660(Waretown)

732-286-5665(Jackson)
732-286-5678(Navy Lakehurst Center)
609-978-8439(MATES)
www.ocvts.org
Different career opportunities through training

One Stop Career Center
732-286-5616
www.lwd.dol.state.nj.us
*Career advice, learn how to create
Resumes, access services, counseling, job training, computer access*
Preferred Children's Services
732-363-7272
www.preferredbehavioral.org
Lakewood School Based Program provides job readiness training

Workforce New Jersey
www.jobs4jersev.com
Counseling, training assistance

FAMILY AND INDIVIDUAL THERAPY RESOURCES

Carrier Clinic
800-933-3579
www.carrierclinic.org
Counseling and mental health awareness

Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitiestrenton.org
Therapy and counseling communication skills

CONTACT of Ocean and Monmouth Counties
24 hours crisis hotline
732-240-6100/609-693-5834
24 hour crisis hotline

Seashore Family Services
732-244-1600 pr 732-920-2700
www.sfnj.org
Counseling available

Ocean County Social Skills
732-600-0971
www.oceancountysocialskill.com

Ocean's Harbor House
732-929-0660
www.oceansharborhouse.org
Family, individual and group therapy

Ocean Mental Health

732-349-5550

www.oceanmhs.org

Family Focus program provides intensive on-site outpatient therapy to individuals and families.

Preferred Behavioral Health of NJ

732-367-4700

Individual group and family therapy

Barnabas Behavioral Health Center

732-914-1688 or 888-724-7123

www.barnabashealth.org

Family counseling

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Counseling and in-home services provided to help families stay together. This service is offered to residents of southern Ocean County.

FINANCIAL ASSISTANCE RESOURCES

Children's Home Society

732-557-9633

www.chsofnj.org

Vouchers for childcare for those eligible

Ocean, Inc.

732-244-5333

www.oceaninc.org

Home energy Assistance Program, First Time Home Buyers Program

Ocean County Board of Social Services

732-349-1500

www.co.ocean.nj.us/socialservices

Temporary Assistance for Needy Families (TANF)

FOOD REQUEST RESOURCES

Catholic Charities

609-394-3202 or 800-360-7711

www.catholiccharitestrenton.org

Emergency food, call to find out sites

CONTACT of Ocean and Monmouth Counties

24 hours crisis hotline

732-240-6100/609-693-5834

www.contactocean.org

24 hour crisis hotline

Emergency Food Bank

732-918-2600

www.foodbandmoc.org

Distributes emergency food throughout Monmouth and Ocean County

Ocean County Board of Social Services

732-349-1500

www.co.ocean.nj.us

Food stamps for those who qualify

Ocean County Health Department WIC (Women, Infants and Children) program

732-341-9700, ext. 7520

800-342-9738, ext. 7520

www.ochd.org

Provides food vouchers for pregnant women, breastfeeding women, infants and children under the age of 5 who are eligible

The Food Bank of Monmouth and Ocean Counties

732-918-2600

www.foodbankmoc.org

Gives food to more than 200 food pantries, soup kitchens, shelter and residential programs

The Salvation Army

732-270-8393

www.newjerseysalvationarmy.org

Food baskets

St. Mary's Church

609-698-5531

www.stmary.shoresurfer.com

Emergency food

GAMBLING ADDICTION RESOURCES

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

Council of Compulsive Gambling of New Jersey

1-800-GAMBLER

www.800gambler.org

Help problem and compulsive gamblers and those affected by this illness

Gamblers Anonymous New Jersey Hotline

855-222-5542

www.gamblersanonymous.org

1-800-GA LIVES

12-step program

New Hope Foundation
732-946-3030
www.newhopefoundation.org
Inpatient and outpatient services for a gambling problem

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Counseling for gambling through their substance abuse program

Southern Ocean Counseling
609-713-1565
www.soch.org
Gambling/spending evaluation and counseling

GAY, LESBIAN & TRANSGENDER RESOURCES

A copy of the New Jersey Educators' Resource Guide for Serving Gay, Lesbian, Bisexual, Transgender, and Questioning Youth can be found online at:
www.njlgc.org/plf/youthres

American Civil Liberties Union
212-549-2627
www.aclu.org/safeschools
In-service training programs teaching educators how to handle and resolve problems caused by homophobia. Also offers resources on how to advocate for nondiscrimination and anti-harassment policies.

Gay Activist Alliance in Morris County
973-285-1595
www.gaamc.org
Offers a variety of support services

GLBT National Help Center
888-0843-4564
www.glnh.org
Free and anonymous hotline

Gay, Lesbian and Straight Education Network (GLSEN)
212-727-0135
www.glsen.org
Provides student curriculum and staff training materials to fight anti-gay prejudiced and hate motivated violence in schools.

HiTOPS
609-683-5155
www.hitops.org
Social support and education

Keeping it Safe
856-963-2432
www.camden-ahec.org
Social support group for youth

National Gay and Lesbian Youth Hotline
800-347-8336

New Jersey Education Associations Sexual Orientation Issues in Schools Committee
609-599-4561
www.njea.org
Addresses question of sexual orientation in schools

Parents, Families of Lesbians & Gay (PFLAG)
908-814-2155
www.jerseyshorepflag.org
Promote the health and well being of lesbian, gay, bisexual and transgender persons and their families through support to cope with an adverse society

The Peer Listening Line
800-399-PEER
Confidential phone line offering information, referrals and support

Pride Center of NJ
732-846-2232
www.pridecenter.org
Lending library and resource center

The Trevor Project
866-488-7386
www.thetrevorproject.org
Information

University of Medicine and Dentistry of New Jersey
800-249-7750
www.healthnj.org/kids
UNDNJ has 2 programs available geared towards HIV, HIV testing, substance abuse and sexual orientation.

GENERAL HEALTH RESOURCES

Center for Health Education, Medicine, and Dentistry
732-364-2144
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Kimball Medical Center
732-886-4443
600 River Ave., Lakewood
www.barnabashealth.org
Prenatal and Postnatal care

Meridian Family Health Center

732-836-4193

www.meridianhealth.com

Prenatal, postnatal, gynecological and medical services

NJ Family Care

800-701-0710

www.njfamilycare.org

Well child and doctor's visits, dental and vision care, prescriptions, hearing services, lab work, x-rays.

Income guidelines must be met.

Ocean County Health Department

732-341-9700

www.ochd.org

New Jersey Cancer Education and Early Detection Program for women over the age of 40 that have no insurance, Medicare or Medicaid

Ocean Health Initiatives

732-363-6655

www.ohinj.org

Federally Qualified Health Center offering full range of health and dental services

Family Resource Center at Southern Ocean County Hospital

609-978-3559

www.soch.org

Breast Health Wellness, education, referrals

HOUSING RESOURCES

Amity House

609-267-6182

www.catholiccharitiestrenton.org

Housing for women and women with child

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

Department of Community Affairs

Bureau of Housing and Community Resources

732-255-0818

www.state.nj.us/dca

Housing assistance for those who meet income eligibility

Interfaith Hospitality Network

732-370-1550

www.ihnoc.com

Temporary shelter for families by area churches and synagogues

Ocean County Board of Social Services

732-349-1500

www.co.ocean.nj.us/socialservices

Special Response Unit

Ocean's Harbor House

732-929-0660

www.oceansharborhouse.org

Provides shelter for youth who may have run away or put out of their homes

Ocean, Inc.

732-244-5333

www.oceaninc.org.

Weatherization program, First Time Home Buyers Program

Ocean Mental Health Services

732-349-5550

www.oceanmhs.org

PATH is their homeless case management program

Ocean/Monmouth Legal Services

732-341-2727

www.lsnj.org

Legal services for rental issues and complaints

Preferred Behavioral Health

Shore Youth Center

732-367-400

www.preferredbehavioral.org

Homeless program for clients under the age of 18

LEGAL RESOURCES

American Civil Liberties Union

973-642-2084

www.aclu-nj.org

Legal defense of Serious Violations of Rights

Ocean County Office of Victim Witness Advocacy

732-929-2195 or 732-929-2027

www.oceancountyprosecutor.org

Provides services to victims and witnesses involved in the investigation and prosecution of a crime

Ocean/Monmouth Legal Services

732-866-0020

www.lsnj.org

Help with civil and family legal cases and family legal problems for those who are eligible

Providence House
732-244-8258

www.catholiccharitiestrenton.org

Helps victims of domestic violence access legal services and will accompany victim to court

Public Defender- Ocean Region

www.thedefenders.nj.gov

732-286-6400

Legal assistance to persons charge with a criminal offense in Superior Court

MENTAL & PSYCHIATRIC ILLNESS ISSUES

Carrier Clinic

1-800-933-3579

www.carrierclinic.org

Treatment offered to individuals of every age, also support groups for families and friends

Catholic Charities

732-262-0034

www.catholiccharitiestrenton.org

Therapy and counseling

Contact of Ocean and Monmouth Counties

732-240-6431

www.contactocean.org

24 Hour Crisis Hotline

Liberty Management Group

Barbara Sherman @ 732-255-3658

www.libertymgt.com

Dual Diagnosis and Psychiatric Services

Ocean Mental Health Services, Inc

732-349-5550

www.oceanmhs.org

Treatment programs available for inpatient and outpatient and mental assessments

Preferred Behavioral Services

732-367-4700

www.preferredbehavioral.org

Treatment, residential services, outpatient and family programs

Princeton House Behavioral Health

1-800-242-2550

www.princetonhcs.org

Outpatient services for co-occurring and psychiatric issues

Psychiatric Emergency Screening Services (PESS)

732-886-4474 or 732-222-3030

www.practionboard.wordpress.com

Screening assessments, crisis intervention to victims and people experiencing traumatic events

St. Barnabas Behavioral Health
732-914-1688

www.barnabashealth.org

Inpatient, partial hospitalization, intensive outpatient services

St. Francis Counseling Center
609-494-1554

www.stfranciscenterlbi.org

Mental health counseling available to adolescents from Southern Ocean County

Summit Oaks Hospital
908-522-7000

www.summitoakshospital.com

Provider of Psychiatric and Substance Use Services

Municipal Alliances of Ocean County

Alliances are dedicated to a comprehensive and coordinated effort against substance abuse through the schools law enforcement, businesses and other community members.

Barnegat Township
609-698-0080, ext. 131

Beachwood
732-286-6000

Berkeley Township
732-269-4477

Jackson
732-928-1200x288

Lacey Township
609-693-1100, ext. 2217

Lakehurst
732-657-4141

Lakewood
732-663-1800x222

Lavallette
732-286-6698

Little Egg Harbor/Eagleswood
609-296-3040

Long Beach Township
609-492-1212

Manchester Township
732-657-6700x390

Ocean Gate
732-864-6793

Ocean Township
609-693-5407

Pine Beach
732-349-6425

Plumsted

609-758-2241

Point Pleasant Borough
732-892-3434

Seaside Park
732-793-3700

South Toms River
732-349-0403

Stafford Township
609-597-1000 x8585

Toms River Township
732-341-1000 x8474

Tuckerton
609-296-0687

PARENTING RESOURCES

Center for Kids and Family
732-505-KIDS
www.barnabashealth.org
Parenting classes

Children's Home Society
732-905-6363
www.chsofnj.org

Contact of Ocean and Monmouth Counties
732-240-6100/609-693-5834
www.contactocean.org
24-Hour Crisis hotline
Grace Initiatives
877-50-GRACE or 609-242-0131
www.graceinitiatives.org

Empowers expectant mothers to prepare for their future and their child's future by providing shelter, counseling and life skills training

Ocean's Harbor House
732-281-0822 (732) 281-0822 (281) 281-0822
www.oceansharborhoue.org
Immediate intervention

Open Door Pregnant Center
732-240-5504
www.theopendoor.com
Parenting program

Parents Anonymous
800-843-5437
www.pa-of-nj-org
Information, referrals, support groups

Preferred Children's Services
732-905-3546
www.preferredbehavioral.org
Grads Child Care Parenting Program

Southern Ocean County Hospital Family Resource Center
609-978-3559
www.soch.org
Resources and referrals

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Parenting programs in both the northern and southern parts of the county

PATERNITY RESOURCES

Ocean County Board of Social Services
732-349-1500
Paternity Parent Locator Unit

PHOBIA RESOURCES

Carrier Clinic
1-800-933-3579
www.carrierclinic.org
Inpatient treatment for adolescents, aged 13 – 18

Contact of Ocean and Monmouth Counties
732-240-6100/609-693-5834
www.contactocean.org
24-Hour Crisis hotline

Ocean Mental Health Services
732-349-5550
www.oceanmhs.org
Counseling

Preferred Behavioral Services
1-888-367-9080
www.preferredbehavioral.org
Counseling

St. Francis Counseling Center
609-494-1554
www.stfrancislbj.org
Counseling in the southern part of county

POLICE

Most towns have the 9-1-1 emergency number in place

Barnegat
609-698-5000

Barnegat Light
609-494-3322

Bay Head
732-892-0632

Beach Haven
609-492-0505

Beachwood
732-341-1242

Berkeley
732-341-1132

Brick

Eagleswood

732-262-1100

Harvey Cedars
609-494-6509

Jackson
732-928-1111

Lakehurst
732-657-7812

Lavallette
732-793-4800

Long Beach
609-494-3322

Mantoloking
732-892-0832

Ocean Gate
732-269-3166

Plumsted
609-758-3737

Point Pleasant Beach
732-892-0500

Seaside Park
732-793-8000

South Toms River
732-349-0313

Surf City
609-494-8121

Tuckerton
609-296-9417

609-296-3040

Island Heights
732-270-3006

Lacey
609-693-6636

Lakewood
732-363-0200

Little Egg Harbor
609-296-3666

Manchester
732-657-6111

Ocean (Waretown)
609-693-4007

Pine Beach
732-341-2616

Point Pleasant Borough
732-892-0060

Seaside Heights
732-793-1800

Ship Bottom
609-494-1518

Stafford
609-597-8581

Toms River
732-349-0150

PREGANCY TESTING, PREGNANCY RESOURCES & PRENATAL CARE

Birthright

732-349-0154

www.birthright.net

Pregnancy Testing, Support Services for pregnant women

Center for Health Education, Medicine, and Dentistry

732-364-2144

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Central Jersey Family Health Consortium

732-363-5400

www.cnjmchc.org

Outreach for prenatal, perinatal and post partum

Children's Home Society

732-905-6363

www.chsofnj.org

Pregnancy counseling, birth parent counseling, foster care for pregnant teens which includes shelter, etc.

Family Planning Center of Ocean County

732-364-9696

www.fpcoc.org

Pregnancy testing and follow-up counseling

Grace Initiatives

877-242-0131

609-661-9390(Text Pregnant)

www.graceinitiatives.org

Information and referrals

Ocean Health Initiatives

732-363-6655(Lakewood)

732-552-0377(Toms River)

www.ohinj.org

Accessible and affordable health care and screenings

Ocean Medical Center

732-840-3290

www.oceanmedicalcenter.com

Pregnancy testing, prenatal and postnatal care

The Open Door

732-240-5504

www.theopendoor.com

Pregnancy testing and follow-up counseling and support

Planned Parenthood

800-230-PLAN (7526)

www.plannedparenthood.org

Pregnancy testing, birth control methods and options, education and information, low cost reproductive healthcare

Southern Ocean Medical Center

609-978-3559

www.soch.com

Maternity division

RAPE AND SEXUAL ASSAULT RESOURCES

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

St Francis Center

Rape Crisis Program

609-494-1554

Hotline – 609-494-1090

Hotline 732-370-4010

www.stfrancislbj.org

Counseling, reporting and intervention

Children’s Home Society

732-905-6363

www.chsofnj.org

Pregnancy counseling, birth parent counseling, foster care for pregnant teens, which includes shelter, etc.

Ocean County Prosecutor’s Office

732-292-2027

www.oceancountyprosecutor.org

Coordination of the Sexual Assault Response Team with Prosecutor’s Office, Hospital, Police Department and Sexual Assault Advocate

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Offers shelter, counseling and outreach services

RUNAWAY RESOURCES

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

Family Crisis Intervention Unit

732-281-0822 32(732) 281-0822) 281-0822

www.co.ocean.nj.us/ocdhs/ciacc/020411%20fcIU.pdf

Immediate intervention

National Runaway Switchboard

1-800-621-4000

24/7 hotline for runaways including crisis intervention. Able to facilitate conference calls to a shelter or to parents. Greyhound Home Free program provides free bus transportation for teen returning to legal guardian.

Ocean’s Harbor House

732-929-0660

www.oceansharborhouse.org

Provides shelter for youth who may have run away or put out of their homes

SEXUALLY TRANSMITTED DISEASE RESOURCES

Family Planning Center of Ocean County
732-364-9696

www.familyplanningoceanco.org

Testing for sexually transmitted diseases and treatment provided

National Herpes Hotline
800-230-6039

National STD/AIDS Hotline
800-342-AIDS
800-344-7432 (Spanish)
800-243-7889 (TDD)

Ocean County Health Department
732-341-9700 ext. 7502

www.ochd.org

Clinic held every Wednesday night at health department. Testing and treatment provided. In addition, STD testing at the Ocean County Health Department Southern Clinic site every second and fourth Thursday.

SMOKING ISSUES

American Cancer Society
732-914-1000
www.acs.org
Information, referrals

Saint Barnabas Institute for Prevention Tobacco Quit Center
732-886-4149
www.instituteforprevention.com
Assessment, cessation program

STRESS ISSUES

Carrier Clinic
1-800-933-3579
www.carrierclinic.org
Treatment offered to individuals of every age

Catholic Charities
732-262-0034
www.catholiccharitiestrenton.org
Counseling available

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

Ocean Mental Health

732-349-5550

www.oceanmhs.org

Counseling available

St. Barnabas Behavioral Health Center

732-914-1688

www.sbhcs.com

Counseling available

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Counseling service is offered to residents of southern Ocean County

Preferred Behavioral Health of NJ

1-888-367-9080

www.preferredbehavioral.org

Counseling available

SUICIDE ISSUES

American Foundation for Suicide

732-899-8493(Ocean medical center-Brick)

732-886-4475(Kimball Medical Center-Lakewood)

www.afsp.org

New Jersey Suicide Hotline

1-800-SUICIDE (1-800-784-2433)

Contact's Suicide Hotline

732-240-6100/609-693-5384

www.suicidepreventionlifeline.org

24 Hour Crisis Hotline

Family Crisis Intervention Unit

732-281-0822 32(732) 281-0822) 281-0822

www.co.ocean.nj.us/ocdhs/ciacc/020411%20fcui.pdf

Immediate intervention

National Suicide Hotline

1-800-273-8255

Ocean Mental Health Services

732-349-5550

www.oceanmhs.org

Crisis intervention

Psychiatric Emergency Screening Services

732-886-4474

Psychiatric evaluation and assessments

Preferred Behavioral Health of NJ

1-888-367-9080

www.preferredbehavioral.org

Individual group and family therapy

Survivors of Suicide Group (Kimball)

732-886-4475

Support Group for survivors of suicide

VIOLENCE ISSUES

See Police listings for each municipality

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

www.contactocean.org

24-Hour Crisis hotline

Division of Youth and Family Services

732-349-8259

Reporting and Counseling

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Counseling and support groups for victims of domestic violence and their children

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Dating violence and healthy relationships education

VOLUNTEER OPPORTUNITIES

Students may also call their local Municipal Alliance to find out about volunteering

Caregivers of Ocean County

732-505-2273(Toms River)

732-849-9400(Whiting)

www.caregivervolunteer.org

Support services for the elderly and homebound

Community Medical Center Volunteer Resource Center
732-240-8129

www.barnabashealth.org

Students from ages 13-18 can help in various capacities within the hospital

Interfaith Health and Support Services for Southern Ocean County
609-978-3839

Kimball Medical center Volunteer Resource Center
732-886-4523

www.barnabashealth.org

Ocean County Library System
732-349-6200

www.theoceancountylibrary.org

Volunteers used in many capacities

Providence House
732-244-8259

www.catholiccharitiestrenton.org

Work with victims of domestic violence and family members

Southern Ocean County Hospital Volunteers
609-978-3145

www.soch.org

Volunteer opportunities available