Tobacco Program

Grade Level: 6th – 8th

Program Description:

Using videos and props, students will be taught the dangers of tobacco and what chemicals can be found in a cigarette. Informal discussions will take place discussing why people smoke and what techniques tobacco companies use to manipulate youth to smoke cigarettes.

* If the Second Voice Club is available, we will request a speaker who has had a laryngectomy as a direct result of smoking.*

This program was developed for students grades 6th – 8th.

Approximate time required: 45 minutes (can be tailored to fit organization's schedule)

Goals & Objectives

Goal #1: *To increase the awareness of the dangers of using tobacco.*

Objective #1: *Students will be able to list (4) harmful chemicals in a cigarette.*

Objective #2: *Students will be able to identify (4) harmful effects of smoking cigarettes.*

Goal #2: *Students will understand that tobacco companies want kids to think that everyone smokes, when so few do.*

Objective #1: *Students will list one example of how tobacco companies target youth.*

Objective #2: *Students will be able to demonstrate verbal refusal skills if offered a cigarette.*