

RESOLUTION 106(18)

March 7, 2018

WHEREAS, each year, approximately 30 million kids and teens, in the U.S., participate in some form of organized sports in which 3 million suffer serious sports-related injuries and more than 3.5 million children, 14 years of age and younger, receive medical treatment for sports-related injuries; and

WHEREAS, sprains, strains, overuse injuries and fractures are the most common youth sports injuries and children going through growth spurts or exercising without adequate rest periods are most vulnerable; and

WHEREAS, basketball, track, baseball, gymnastics, and swimming are the most common sports in which overuse injuries are seen. In addition to traumatic brain injuries, 8% of spinal cord injuries are sports injuries; and

WHEREAS, children are especially vulnerable to extremes of temperature and there have been deaths of high school football players due to heat stroke; and

WHEREAS, the plan requires that all schools have a comprehensive athletic care program and a health care team and assure safe practice and play facilities that are regularly inspected and cleaned.

NOW, THEREFORE, BE IT RESOLVED that the Ocean County Board of Health proclaims the month of April 2018 as NATIONAL YOUTH SPORTS SAFETY MONTH in Ocean County and encourages and supports all efforts of our schools in providing safety equipment to our youth and sports safety knowledge to all children involved in sports in addition to their parents.

BE IT FURTHER RESOLVED that a copy of the resolution shall be forwarded to the Ocean County Board of Chosen Freeholders.

Name	Bacchione	Blake	Dasti	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓		✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent		✓							


Secretary/Treasurer