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FORWARD

The Adolescent Resource Guide was originally compiled for a program called The Game of Life where students experienced real life situations while role-playing. We expanded the guide and began identifying multiple diverse resources influencing the health of adolescents throughout Ocean County; inviting many different agencies that provide interventions for youth to be reflected.

The first time this resource guide was printed was in 1996. Each time we have updated, we see more and more agencies involved with greater access to real-time information on their own websites. Each of these websites are included in the Adolescent Resource Guide where available. This gives the reader the opportunity to go directly to an agency’s website and view all of its services and programs. This 2018 update offers a comprehensive list of agencies that respond to the issues listed. The Adolescent Resource Guide will be available on the Ocean County Health Department website at www.ochd.org under Community Assessment and Health Education.

If you have any additions, corrections, or suggestions, please feel free to contact the Health Education Division at 732-341-9700, ext. 7234 or by email at healthed@ochd.org. Thank you for your interest.

Patricia High, MHS, CIC, MCHES, Lic. HO
Assistant Public Health Coordinator
ADOPTION AND FOSTER CARE RESOURCES

Adoption ARC
800- 884- 4004
www.adoptionarc.com
Referrals and help with adoption

Adoption, NJ
www.nj.gov/njfosteradopt/adoption
609-888-7460 or 7474

Catholic Charities
609- 394- 3202 or 800- 360- 7711
www.catholiccharitiestrenton.org
Referrals and help with adoption

Children’s Home Society
732-557-9633
www.chsofnj.org
Help with adoptions and foster care

Division of Youth and Family Services
800- 442- 6232 (Toll Free)
866-544-9197 (Toms River)
732-908-5900 (Bayville)
877 NJ ABUSE (877-652-2873)
(Child abuse/Child Neglect Hotline)
800 THE KIDS (800-843-5437)
(Family Hotline)
www.nj.gov/dcf/
DYFS helps families and individuals develop a case plan to meet their specific needs including adoption services.

New Jersey Adoption Resource Clearing House
877-427-2465
www.njarch.org
Provides support to all members of the adoption constellation (The adoption constellation includes anyone whose life is touched by adoption, including those who receive and/or deliver services.) Our goal is to direct people to appropriate adoption services in New Jersey.

Ocean Mental Health Services
732-349-5550 or 877-621-0445
www.oceanmhs.org
“Connections’ program serving Ocean County matching youngsters with trained foster families

Preferred Behavioral Health Group
732-458-1700
www.preferredbehavioral.org
Deliver quality and compassionate behavioral health services to individuals and families

Safe Haven Infant Protection Hotline
877-839-2339
www.njsafehaven.org
Referrals

AIDS/HIV RESOURCES

AIDS Hotline
800-232-4636
www.cdc.gov/hiv
Provides counseling, emotional support and information

Board of Social Services
732-349-1500
Provides eligible county residents with financial, medical and social services, Medicaid, food stamps, adult protective services, special response emergency housing

Jersey Shore Addiction Services Health Care
732-988-6828
Counseling and programs for people living with HIV

NJ AIDS Hotline
800- 624-2377 (24 hour, 7 days)
http://www.njhivstdline.org/
Information and referrals

Ocean County Health Department
732-341-9700, ext. 7604
www.ochd.org
HIV/AIDS Clinic, Counseling and Testing, support groups, hotline, educational materials
ALCOHOL RESOURCES

Addiction Hotline of New Jersey
1-800-238-2333
http://www.state.nj.us/nj/community/counseling/
Medicaid or no insurance

AGAPE Counseling Services
609-242-0086
Outpatient Treatment Program

Al-Anon Family Group Headquarters
888-4AL-ANON or 757-563-1600
www.al-anon.alateen.org
Information and educational materials

Alcoholics Anonymous (AA), Cape Atlantic Intergroup
609-641-8855
www.caigrp.org
Listing of support groups for 12-step program

Behavioral Healthcare of Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitiesatrenton.org
Counseling available

Bergen Pines
800-730-2762
http://www.newbridgehealth.org/
Detoxification, inpatient and outpatient services

Carrier Clinic
800-933-3579
www.carrierclinic.org
Free Weekend Co-dependency program and Bright Futures for Kids (for children ages 4-12) for families that are affected by alcohol problems

CONTACT of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoeceanmonmouth.org/
24 hour crisis hotline

Federal Substance Abuse Federation
877-SAMHSA-7 or 877-726-4727
https://www.samhsa.gov/
Resource for information about substance abuse prevention and addiction treatment

Healy Counseling Associates
732-797-0400
Outpatient treatment

Liberty Management Group
Arms Acres, Conifer Park, Princeton House
201-236-8880
www.libertymgt.com
In-patient & Outpatient Services-Adolescent, Adult, Women’s Program, Detoxification, Dual Focus, Rehab

Lighthouse at Mays Landing
1-855-400-1184 or 609-837-4600
www.Lhrecovery.com
Detoxification, inpatient and outpatient services

Maryville Alcohol and Drug Treatment Center
Williamstown: 856-629-0244
Gloucester: 856-863-3913
Cumberland: 856-690-1000
www.maryvillenj.org
Outpatient services and detoxification

New Hope Foundation
732-946-3030
www.newhopefoundation.org
Inpatient & Outpatient care, detoxification, and counseling

New Jersey Al-Anon/AlaTeen
973-744-8686 (North Jersey)
856-547-0855 (South Jersey)
www.nj-al-anon.org
Information, educational materials and meetings
Ocean’s Harbor House
732-929-0660
www.oceansharborhouse.org
Counseling and referrals, prevention programs

Ocean Mental Health
732-349-5550
www.oceanmhhs.org
“Turnaround” program offers substance abuse services for ages 12 to 25

Preferred Behavioral Health
732-532-6745
www.preferredbehavioral.org
Riptide IOP Program which is intensive outpatient program for substance abuse for ages 13-18

Princeton House Behavioral Health
1-800-242-2550
www.princetonhcs.org
Inpatient Adolescent Substance Abuse Program

Seabrook House
1-800-761-7575
www.seabrookhouse.org
Detoxification, inpatient and outpatient treatment, relapse prevention

Saint Barnabas Behavioral Health Center
732-914-1688
1-888-724-7123
www.barnabashealth.org
Inpatient and Outpatient services

Seashore Family Services
732-920-2700 or 732-244-1600
www.seashorefamilyservices.org
Treatment, Driving Under the Influence Program

St. Francis Counseling Center
609-494-8861 or 609-494-1554
www.stfranciscenterlbi.com
Parents in Sobriety Group, Parents in Recovery Group for Southern Ocean County residents

Summit Oaks Hospital
908-522-7000
www.summitoakshospital.com
Provider of Psychiatric and Substance Use Service

The Cool Spot
www.thecoolspot.gov
Provides information about underage drinking and alcohol problems

Turning Point, Inc.
973-380-0905
www.turningpointnj.org
Inpatient services, detoxification

White Deer Run
866-762-0395
www.whitedeerrun.com
Residential facility
ANGER MANAGEMENT RESOURCES

Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitiesfienton.org
Individual and group therapy

Division of Youth and Family Services (DYFS)
732-255-0700(Toms River)
855-Info-DCF
www.nj.gov/dcf/
Counseling available

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Group and individual programs

Ocean Mental Health Services
Access Center: 732-575-1111 or 877-621-0445
Toms River: 732-349-5550
www.oceanmhs.org
Turnaround program addresses teen and parent issues including anger control

Preferred Behavioral Health
732-458-1700
www.preferredbehavioral.org
Individual, family and group therapy

St. Francis Counseling Center
609-494-8861 or 609-494-1554
www.stfranciscenterlbi.com
Anger Management program or teens and parents in recovery in Brant Beach and Lakewood

ANXIETY RESOURCES

Carrier Clinic
1-800-933-3579
www.carrierclinic.org
Specialized inpatient adolescent services for those suffering from anxiety.

CONTACT of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
24 hour crisis hotline

Ocean Mental Health
Access Center: 732-575-1111 or 877-621-0445
Toms River: 732-349-5550
www.oceanmhs.org
Treatment and therapy

Preferred Behavioral Health of NJ
888-367-9080 or 732-458-1700
www.preferredbehavioral.com
Counseling available

Saint Barnabas Behavioral Health Center
732-914-1688
888-724-7123
www.barnabashealth.org
Counseling for anxiety

St. Francis Counseling Center
609-494-8861 or 609-494-1554
www.stfranciscenterlbi.org
Individual therapy for residents of Southern Ocean County
ASSAULT RESOURCES

Child Abuse Hotline
877-NJ-ABUSE (2873)
http://www.nj.gov/dcf/reporting/hotline/
Reports of child abuse and neglect, including those occurring in institutional settings such as child care centers, schools, foster homes and residential treatment centers, must be reported to the State Central Registry (SCR)

CONTACT’s First Call for Help
732-240-6105
www.contactocean.org
Information and referrals

Contact of Ocean and Monmouth Counties
732-240-6100 or 609-693-5834
www.contactocean.org
24 hour hotline with immediate referrals

Division of Youth and Family Services (DYFS)
732-255-0700(Toms River)
855-Info-DCF
www.nj.gov/dcf/
Follows up on reports of child abuse

New Jersey Child Abuse Reporting
1877-NJ-ABUSE
Documents child abuse incidents

Ocean County Prosecutor’s Office
732-929-2027
www.oceancountyprosecutor.org
Helps and Investigates

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Immediate intervention

St. Francis Counseling Center
609-494-1090
www.stfrancislbi.org
Help and referrals for sexual assault victims and families in Ocean County

BEREAVEMENT RESOURCES

American Cancer Society
800-227-2345
www.cancer.org
Support groups for those who have lost a loved one from cancer

Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitiestrenton.org
Counseling available

St. Francis Center
609-494-1554
www.stfrancislbi.org
Individual and group counseling in the Southern Ocean County area
**BIRTH CONTROL RESOURCES**

Atlantic City Medical Center Family Planning Services  
888-569-1000 or 609-652-1000  
[www.atlanticare.org](http://www.atlanticare.org)  
*Birth control methods, options education and information*

Family Planning Center of Ocean County, Inc  
732-364-9696 or 609-597-6094  
[www.fpcoc.net](http://www.fpcoc.net)  
*Birth control, methods, options, information, and education*

Planned Parenthood  
800-230-PLAN (7526)  
[www.plannedparenthood.org](http://www.plannedparenthood.org)  
*Birth control methods and options, education and information, low cost reproductive healthcare*

The Open Door Pregnancy Center  
732-240-5504  
[www.theopendoor.com](http://www.theopendoor.com)  
*Information and options*

**BULLYING RESOURCES**

2NDFLOOR  
888-222-2228  
[www.2ndfloor.org](http://www.2ndfloor.org)  
*Youth Helpline*

NJ Bullying  
908-522-2581  
[www.njbullying.org](http://www.njbullying.org)  
*Provides information and resources*

Ocean County Library  
732-349-6200  
[www.theoceancountylibrary.org/teens](http://www.theoceancountylibrary.org/teens)  
*Teen events under the Teen Zone*

Preferred Behavioral  
732-458-1700  
[www.preferredbehavioral.org](http://www.preferredbehavioral.org)  
*Offers information*

The Trevor Project  
866-488-7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
*Confidential hotline 24/7*

**CAREER OPPORTUNITY RESOURCES**

NJ Department of Labor Division of Vocational Rehabilitation Services  
1-866-VR1-STOP or 609-659-9045  
[www.lwd.dol.state.nj.us/labor](http://www.lwd.dol.state.nj.us/labor)  
*Offers persons with disabilities employment opportunities*

Ocean County Library  
732-349-6200  
[www.theoceancountylibrary.org](http://www.theoceancountylibrary.org)  
*Technology training, internet access, small business information*

Ocean County ONE STOP CAREER Center  
732-286-5616 (Toms River)  
[https://www.careeronestop.org/](http://www.careeronestop.org/)  
*Career advice, information, resume help, job training*
CHILD ABUSE RESOURCES

Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitiesnj.org
Family Growth Program serves physically and sexually abused children and juvenile and adolescent perpetrators of child sexual abuse

Children’s Home Society
732-557-9633
www.chsofnj.org
Educate child care providers on child abuse issues

CONTACT of Ocean and Monmouth Counties
24 hours crisis hotline
732-240-6100/609-693-5834
www.contactocean.org
24 hour crisis hotline

Division of Children and Family Services (DYFS)
732-255-0700 (Toms River)
855-Info-DCF
www.nj.gov/dcf/
Reporting child abuse, investigations, counseling, child protection

US ARMY
732-270-1482
www.goarmy.com
Offers military career options

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Immediate intervention

Right to Life
732-562-0562
www.njrtl.org
Referrals

Safe Haven for Infants Hotline
877-839-2339
www.njsafehaven.org
Referrals

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Counseling for children in Southern Ocean County
CHILD CARE RESOURCES

Child Care Help Line of New Jersey
800-332-9227
www.state.nj.us/humanservices
Child care resources in your area

Children’s Home Society
732-557-9633
www.chssofnj.org
Child care vouchers, resources and referrals, registered day care referrals

Division of Youth and Family Services
732-255-0700 (Toms River)
www.nj.gov/dcf/divisions/dyfs
Information and referrals

Ocean Inc., Head Start
732-244-5333
www.oceaninc.org
Programs in Toms River, Lakewood, Barnegat, Berkeley, Brick, Lakewood, Manchester, Tuckerton Preschool for low-income families

Preferred Children’s Services
Grads Child Care Parenting Program
732-367-4700
www.preferredbehavioral.org
Child care for infants on the grounds of Lakewood high school, parenting skills, well baby care

CHILD HEALTH RESOURCES

American Cancer Society
800-ACS-2345
www.cancer.org
Information and referrals for children living with cancer

Big Brothers Big Sisters of Ocean County
732-505-3400
www.bbbsoc.org
Big Brothers Big Sisters is the oldest and largest youth mentoring organization in the United States. Research and anecdotal evidence show specifically that BBBS one-to-one mentoring helps at-risk youth overcome the many challenges they face.

Center for Health Education, Medicine, and Dentistry
732-364-2144
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Central Jersey Family Health Consortium
732-937-5437 or 732-345-0500
www.cjfhc.org
Referrals, educational materials

Children’s Home Society
732-557-9633
www.chssofnj.org
Health consultations to the child care providers, “special needs” network

Long Beach Island Health Department
609-492-1212
www.lbihealth.com
Immunizations, information and referrals, WIC and well-child visits
NJ Family Care
800-701-0710
www.njfamilycare.org
Well child and doctor’s visits, dental and vision care, prescriptions, hearing services, lab work, x-rays.
Income guidelines must be met.

Ocean County Family Support Organizations, Inc
732-569-6334
www.oceanfso.org
Resources and services for children with special needs

Ocean County Health Department Early Intervention Program
732-341-9700 Ext. 7602
www.ochd.org
Offers a variety of services to families with children from birth to age 3 with a developmental disability. Special Child Health Services and Women, Infants and Children program (WIC)

American Cancer Society
800-ACS-2345
www.cancer.org
Support groups

Center for Health Education, Medicine, and Dentistry (CHEMED)
732-364-6666
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Ocean Health Initiatives
732-363-6655 (Lakewood)
www.ohinj.org
Federally Qualified Health Center offering full range of health and dental services

Ocean Medical Center
732-475-7000
www.oceanmedicalcenter.com
Family Health Center

Southern Ocean Medical Center
800-560-9990
www.southernoceanmedicalcenter.com/
Health Services for children, referrals

Ocean County Health Department Special Child Health Unit
732-341-9700 x7602 or 800 342-9738 x7602
www.ochd.org
Coordinates resources and services for children with special needs up to age 21
CRISIS INTERVENTION RESOURCES

Carrier Clinic
800-933-3579
www.carrierclinic.org
Specialized inpatient crisis stabilization services for adolescents

Children’s Mobile Response and Stabilization System
1-877-652-7624
http://www.performcarenj.org/families/emergency-services.aspx
Provides time limited, crisis intervention and stabilization services to children and youth with emotional or behavioral disturbances that threaten to disrupt their current living arrangements.

Contact of Ocean County
732-240-6100 or 609-693-5834
http://www.contactoceanmonmouth.org/
24 hour crisis hotline

National Hope Line Hotline
800-442-4673
https://poconoinfo.communityos.org/zf/profile/program/id/48131
Referrals and interventions

National Runaway Switchboard
800-RUNAWAY (786-2929)
www.1800runaway.org
Provides counseling and alternatives to running from home

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Immediate intervention

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Offers shelter for youth who have run away, been abused or asked to leave their homes

Ocean Mental Health Services
732-575-1111 or 877-621-0445
www.oceanmhs.org
Ocean CREST program, an Early Intervention Support Services program which is an alternative to the Psychiatric Emergency Screening Services, for those who will not be requiring hospitalization and after provides needed crises intervention services and connects with ongoing community bases support services

Parents Anonymous
1-800-843-5437
www.pa-of-nj.org
Referrals

Providence House
800-246-8910 or 732-244-8259
www.catholiccharitiesreventon.org
Provides intervention and shelter for domestic violence victims

Psychiatric Emergency Screening Services (PESS)
732-886-4474
www.kmc.org
Screening assessments, crisis intervention to victims and people experiencing traumatic events

Safe Haven Infant Protection Hotline
877-839-2339
www.njsafehaven.org
Provides counseling, information and referrals

St. Barnabas Behavioral Health
732-914-1688
www.barnabashealth.org
Provides crisis intervention services

St. Francis Counseling Center
609-494-8861
www.stfranciscounselingcenter.org
Emergency numbers for sexual assault
DEPRESSION RESOURCES

2NDFLOOR
Call or text 888-222-2228
www.2ndfloor.org
Youth Helpline

Carrier Foundation
800-933-3579
www.carrierclinic.org
Specialized inpatient treatment and therapy for adolescents suffering from depression.

Contact of Ocean and Monmouth Counties
732-240-6100 or 609-693-5834
http://www.contactoceanmonmouth.org/
24 hour Crisis Hotline

Ocean Mental Health
732-575-1111 or 877-621-0445
www.oceanmhs.org
Counseling available

Preferred Behavioral Health of NJ
732-458-1700
www.preferredbehavioral.org
Counseling available

St. Barnabas Behavioral Health Center
732-914-1688
www.barnabashealth.org
Inpatient and outpatient services

Ocean Mental Health Services
Working with you toward your personal and health goals

DIVORCE RESOURCES

Ocean Mental Health
732-575-1111 or 877-621-0445
www.oceanmhs.org
Counseling available

Preferred Children’s Services
732-458-1700 or 732-532-6745
www.preferredbehavioral.org
Counseling available

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
Counseling available for residents of Southern Ocean County
DOMESTIC VIOLENCE RESOURCES
See Police listings for reporting, restraining orders, referrals and intervention

Adult Protective Services
732-286-5933
732-240-6100 (AFTER HOURS)
http://www.state.nj.us/humanservices/doas/services/aps/
Support and assistance to adults in need of protective services

National Teen Dating Abuse Helpline
866-331-9474 or 866-331-8453 (TTY)
www.loveisrespect.org
24/7 Support and Assistance
Counseling and shelter for victims and children
Extended counseling for southern residents after stay at Providence House

Catholic Charities
PALS (Peace-A Learned Solution)
732-350-2120
www.catholiccharitiestrenton.org
Programs to help children ages 3-12 that have been exposed to domestic abuse heal through various forms of creative arts.

Providence House
800-246-8910 or 732-244-8259
www.catholiccharitiestrenton.org

CONTACT of Ocean and Monmouth Counties
732-240-6100 or 609-693-5834
http://www.contactoceanmonmouth.org/
24 hour crisis hotline

St. Francis Center
609-494-8861
www.stfranciscenterlbi.org
Counseling available for residents of Southern Ocean County

Domestic Violence Complaints Hotline
732-929-2019

DRIVING UNDER THE INFLUENCE RESOURCES

Healy Counseling Associates
732-797-0400
https://www.healycounseling.com/
IDRC program

Seashore Family Services
732-244-1600 (Toms River)
732-920-2700 (Brick)
www.seashorefamilyservices.org
IDRC program

Ocean County Health Department
732-341-9700, ext. 7500
www.ochd.org
IDRC program

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
IDRC program
DRUG ABUSE RESOURCES

2NDFLOOR
888-222-2228
www.2ndfloor.org
Youth Helpline

Carrier Clinic
800-933-3579
www.carrierclinic.org
Inpatient Adolescent Dual-Diagnosis program
(when psychiatric illness is primary). Free
Weekend codependency (support for friends and
family) and Bright Futures for Kids (ages 4-12
who are affected by a family member’s addiction
program).

Cocaine Anonymous
800-347-8998(Referrals and services)
212-COCAINENJ(262-2463) (North Jersey)
Share experience, strength and hope with
others so that they may solve their common
problem and help others to recover from their
addiction.

Contact of Ocean and Monmouth Counties
732-240-6100 or 609-693-5834
http://www.contactoceanmonmouth.org/
24-hour Crisis hotline

Jersey Shore Addiction Services
732-988-8877
www.jsashc.org
Counseling and outpatient care

Liberty Management Group
201-236-8880
www.libertymgmt.com
Inpatient and Outpatient services, detox, 12 step
programs

Lighthouse at Mays Landing
800-981-3217
www.Lhrecovery.com
Detoxification, inpatient and outpatient services

Maryville Alcohol and Drug Treatment Center
856-863-3913
www.maryvillenj.org
Detoxification, inpatient and outpatient treatment

Lighthouse at Mays Landing
800-981-3217
www.Lhrecovery.com
Detoxification, inpatient and outpatient services

Nar-Anon
800-992-0401
www.naranonofnj.org
Family group, for someone who knows or known
a feeling of desperation concerning an addiction
problem of someone very near to them.

Narcotics Anonymous (NA) Helpline
800-992-0401
www.nanj.org
Community based association for recovering drug
addicts providing weekly meetings.

New Hope Foundation
732-946-3030
www.newhopefoundation.org
Detoxification, inpatient and outpatient services

Ocean’s Harbor House
732-929-0096
www.oceansharborhouse.org
Prevention and intervention

Ocean County Health Department Drug
and Alcohol Abuse Unit
732-341-9700 Ext. 7535
www.ochd.org
Information and referrals
Ocean Mental Health
732-575-1111 or 877-621-0445
www.oceanmhs.org
Turnaround program offers substance abuse services for ages 12 to 25

Preferred Behavioral Health of NJ
732-458-1700
www.preferredbehavioral.org
Counseling and treatment, relapse prevention

Preferred Behavioral Riptide IOP
732-367-1710
www.preferredbehavioral.org
Intensive outpatient treatment for teens, ages 13-18

Prevention First
732-663-1800
www.preventionfirst.net
Provides resources and referrals

Princeton House Behavioral Health
1-800-242-2550
www.princetonhcs.org
Inpatient Adolescent Substance Abuse Program

Seabrook House
1-800-761-7575
www.seabrookhouse.org
Detoxification, inpatient and outpatient care

Seashore Family Services (S.T.A.R.T.)
732-920-2700
www.seashorefamilyservices.org
Adolescent substance abuse, anger management, prevention relapse and educational resource

St. Barnabas Behavioral Health
732-914-1688
www.barnabashealth.org
Inpatient and outpatient services, partial hospitalization

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
24 hour hotline, crisis intervention counseling, information and referrals for residents of southern Ocean County

Summit Oaks Hospital
908-522-7000
www.summitoakshospital.com
Provider of Psychiatric and Substance Use Services.

Turning Point
973-239-4600
www.turningpointnj.org
Detoxification, inpatient and outpatient services

White Deer Run
800-255-2335
www.whitedeerrun.org
Residential facility

DRUG TESTING RESOURCES

Seashore Family Services
732-920-2700
https://www.seashorefamilyservices.org/
Urine testing for school, pre-employment and court cases
EATING DISORDERS RESOURCES

Center for Health Education, Medicine, and Dentistry
732-364-6666
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Eating Disorders Anonymous
www.eatingdisordersanonymous.org
Support groups

Eating Disorders at the Medical Center of Princeton
877-932-8935
www.princetonhcs.org
Inpatient, partial hospitalization for anorexia, bulimia and other eating disorders

Monmouth Psychological Associates
732-530-9029
www.monmouthpsych.com
Eating Disorders Program provides comprehensive psychological and nutritional care for people with eating disorders. Referrals for treatment

National Eating Disorders
800-931-2237
www.nationaleatingdisorders.org
Information and referrals

St. Francis Counseling Center
609-494-1554
www.stfranciscenterlbi.org
Individual therapy for residents of Southern Ocean County

EDUCATION OPPORTUNITY RESOURCES

Association of Student Assistance Professionals
www.asapnj.org/OCSAC2011/Resources.htm
Adolescent Resources

Children’s Home Society
732-557-9633
www.chsofnj.org
Child care training available

Georgian Court College
732-987-2700 or 800-458-8422
www.georgian.edu
Variety of degree programs

Job Corps
800-733-5627
https://edison.jobcorps.gov/
GED programs and variety of training

NJ College Education Hotline
800-792-8670
www.hesaa.org
Financial Assistance and scholarships

NJ Department of labor Division of Vocational Rehabilitation Services
1-866-VR1-STOP
www.NJ.gov/labor
Offers persons with disabilities employment opportunities

Ocean County College
732-255-0400
www.ocean.edu
Many different certification programs and Associate degree programs
Ocean County ONE STOP CAREER Center  
732-240-5995  
https://www.careeronestop.org/  
Career advice, information, resume help, job training

Ocean County Vocational Technical School  
732-473-3100 (Toms River)  
732-286-5670 (Brick)  
732-286-5660 (Waretown)  
732-286-5665 (Jackson)  
732-286-5678 (Nay Lakehurst Center)  
609-978-8439 (Mates)  
www.ocvts.org  
Many different educational career oriented programs

Ocean County Library (libraries located throughout Ocean County)  
732-349-6200  
www.theoceancountylibrary.org  
GED materials, technology training, reference and referral services, internet access

Richard Stockton State College  
609-652-1776  
www.stockton.edu  
Variety of degree programs

NJ Department of Labor  
609-659-9045  
www.nj.gov/labor  
Vocational Rehabilitation Program provides services that enable individuals with disabilities to find jobs. Program provides diagnostic evaluations, vocational counseling and guidance, job-seeking skills training and selective job placement job coaching, etc.

The Transition from School to Work for Youth With Disabilities helps persons with disabilities prepare for, obtain and keep their jobs. It is the school district’s responsibility to contact the DVRS and each school has an assigned rehabilitation counselor. At any time, parents may call.

EMERGENCY CARE RESOURCES

9-1-1  
Emergency number for most municipalities

Atlanticare Regional Medical Center  
888-569-1000  
www.atlanticare.org/

Community Medical Center  
732-557-8000  
www.barnabashealth.org

Center for Health Education, Medicine, and Dentistry  
732-364-6666  
www.chemedhealth.org  
Federally Qualified Health Center offering full range of health and dental services

Kimball Medical Center  
732-886-4525  
www.barnabashealth.org

Ocean Health Initiatives  
732-363-6655  
www.ohinj.org  
Federally Qualified Health Center offering full range of health and dental services

Ocean Medical Center  
732-840-3322  
www.oceanmedicalcenter.com

Ocean Care Center Satellite Emergency Department  
732-295-6377  
http://www.oceancarecenter.com/OCC/index.cfm

Southern Ocean Medical Center  
609-597-6011  
www.southernoceanmedicalcenter.com/
EMployment RESOURCES

Ocean County Library
732-349-6200
www.theoceancountylibrary.org
Internet access for civil service jobs, books, information and help with resume writing

Ocean County Vocational Technical School
732-473-3100 (Toms River)
732-286-5670 (Brick)
732-286-5660 (Waretown)
732-286-5665 (Jackson)
732-286-5678 (Nay Lakehurst Center)
609-978-8439 (Mates)
www.ocvis.org
Different career opportunities through training

One Stop Career Center
732-240-5995
www.lwd.dol.state.nj.us
Career advice, learn how to create Resumes, access services, counseling, job training, computer access

Preferred Children’s Services
732-363-7272
www.preferredbehavioral.org
Lakewood School Based Program provides job readiness training

Workforce New Jersey
www.jobs4jersey.com
Counseling, training assistance

FAMILY AND INDIVIDUAL THERAPY RESOURCE

Ocean’s Harbor House
732-929-0660
www.oceansharborhouse.org
Family, individual and group therapy

Ocean Mental Health
732-349-5550 or 732-240-3760
www.oceanmhs.org
Family Focus program provides intensive on-site outpatient therapy to individuals and families.

Preferred Behavioral Health of NJ
732-367-4700
https://www.preferredbehavioral.org/
Individual group and family therapy

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
Counseling and in-home services provided to help families stay together. This service is offered to residents of Southern Ocean County.

FINANCIAL ASSISTANCE RESOURCES

Children’s Home Society
732-557-9633
www.chsofnj.org
Vouchers for childcare for those eligible

Ocean, Inc.
732-244-5333
www.oceaninc.org
Home energy Assistance Program, First Time Home Buyers Program

Ocean County Board of Social Services
732-349-1500
www.co.ocean.nj.us/socialservices
Temporary Assistance for Needy Families (TANF)
FOOD REQUEST RESOURCES

Catholic Charities
609-394-3202 or 800-360-7711
www.catholiccharitestrenton.org
Emergency food, call to find out sites

CONTACT of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24 hour crisis hotline

Emergency Food Bank
732-918-2600
http://fulfillnj.org/
Distributes emergency food throughout Monmouth and Ocean County

Ocean County Board of Social Services
732-244-2121
www.co.ocean.nj.us
Food stamps for those who qualify

Ocean County Health Department WIC
(Women, Infants and Children) program
732-341-9700, Ext. 7520
800-342-9738, Ext. 7520
www.ochd.org
Provides food vouchers for pregnant women, breastfeeding women, infants and children under the age of 5 who are eligible

The Salvation Army
732-270-8393
http://www.salvationarmyusa.org
Food pantry by appointment

St. Mary’s Church
609-698-5531
http://stmarybarnegat.com/
Emergency food

GAMBLING ADDICTION RESOURCES

Contact of Ocean and Monmouth Counties
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24-Hour Crisis hotline

Council of Compulsive Gambling of New Jersey
609-588-5515 or 1-800-GAMBLER
www.800gambler.org
Help problem and compulsive gamblers and those affected by this illness

Gamblers Anonymous New Jersey Hotline
855-222-5542
www.gamblersanonymous.org
1-800-GA LIVES
12-step program

New Hope Foundation
732-946-3030
www.newhopefoundation.org
Inpatient and outpatient services for a gambling problem

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
Counseling for gambling through their substance abuse program
GAY, LESBIAN & TRANSGENDER RESOURCES

American Civil Liberties Union
212-549-2673
www.aclu.org/safeschools
In-service training programs teaching educators how to handle and resolve problems caused by homophobia. Also offers resources on how to advocate for nondiscrimination and anti-harassment policies.

Gay Activist Alliance in Morris County
www.gaamc.org
Offers a variety of support services

GLBT National Help Center
888-843-4564
www.glnh.org
Free and anonymous hotline

Gay, Lesbian and Straight Education Network (GLSEN)
212-727-0135
www.glSEN.org
Provides student curriculum and staff training materials to fight anti-gay prejudiced and hate motivated violence in schools.

HiTOPS
609-683-5155
www.hitops.org
Social support and education

Keeping it Safe
856-963-2432
www.camden-ahec.org
Social support group for youth

National Gay and Lesbian Youth Hotline
800-347-8336

New Jersey Education Associations Sexual Orientation Issues in Schools Committee
609-599-4561
www.njea.org
Addresses question of sexual orientation in schools

Pride Center of NJ
732-846-2232
www.pridecenter.org
Lending library and resource center

The Trevor Project
866-488-7386
www.thetrevorproject.org
Information

Parents, Families of Lesbians & Gay (PFLAG)
908-814-2155
www.jerseyshorepflag.org
Promote the health and well being of lesbian, gay, bisexual and transgender persons and their families through support to cope with an adverse society

GENERAL HEALTH RESOURCES

Center for Health Education, Medicine, and Dentistry (CHEMED)
732-364-2144
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Family Resource Center at Southern Ocean County Hospital
609-978-3559
www.soch.org
Breast Health Wellness, education, referrals

Meridian Family Health Center
732-836-4193
www.meridianhealth.com
Pre/postnatal, gynecological and medical services

NJ Family Care
800-701-0710
www.njfamilycare.org
Well child and doctor’s visits, dental and vision care, prescriptions, hearing services, lab work, x-rays.

Ocean County Health Department
732-341-9700
www.ochd.org
New Jersey Cancer Education and Early Detection Program for un/underinsured women

Ocean Health Initiatives
732-363-6655
www.ohinj.org
Federally Qualified Health Center
Offers a full range of health and dental services
## HOUSING RESOURCES

<table>
<thead>
<tr>
<th>Resource</th>
<th>Contact Information</th>
<th>Website</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Community Affairs</td>
<td>732-255-0818</td>
<td><a href="http://www.state.nj.us/dca">www.state.nj.us/dca</a></td>
<td>Bureau of Housing and Community Resources</td>
</tr>
<tr>
<td>Interfaith Hospitality Network</td>
<td>732-736-1550</td>
<td><a href="http://ihnoc.net/">http://ihnoc.net/</a></td>
<td>Temporary shelter for families by area churches and synagogues</td>
</tr>
<tr>
<td>Ocean County Board of Social Services</td>
<td>732-349-1500</td>
<td><a href="http://www.co.ocean.nj.us/socialservices">www.co.ocean.nj.us/socialservices</a></td>
<td>Special Response Unit</td>
</tr>
<tr>
<td>Ocean’s Harbor House</td>
<td>732-929-0660</td>
<td><a href="http://www.oceansharborhouse.org">www.oceansharborhouse.org</a></td>
<td>Provides shelter for youth who may have run away or put out of their homes</td>
</tr>
<tr>
<td>Ocean, Inc.</td>
<td>732-244-5333</td>
<td><a href="http://www.oceaninc.org">www.oceaninc.org</a></td>
<td>Weatherization program, First Time Home Buyers Program</td>
</tr>
<tr>
<td>Ocean Mental Health Services</td>
<td>732-349-5550</td>
<td><a href="http://www.oceanmhs.org">www.oceanmhs.org</a></td>
<td>PATH is their homeless case management program</td>
</tr>
<tr>
<td>Ocean/Monmouth Legal Services</td>
<td>888-576-5529</td>
<td><a href="http://www.lsnj.org">www.lsnj.org</a></td>
<td>Legal services for rental issues and complaints</td>
</tr>
<tr>
<td>Preferred Behavioral Health</td>
<td>732-458-1700</td>
<td><a href="http://www.preferredbehavioral.org">www.preferredbehavioral.org</a></td>
<td>Homeless program for clients under the age of 18</td>
</tr>
</tbody>
</table>

## LEGAL RESOURCES

<table>
<thead>
<tr>
<th>Resource</th>
<th>Contact Information</th>
<th>Website</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Civil Liberties Union</td>
<td>973-642-2084</td>
<td><a href="http://www.aclu-nj.org">www.aclu-nj.org</a></td>
<td>Legal defense of Serious Violations of Rights</td>
</tr>
<tr>
<td>Ocean County Office of Victim Witness Advocacy</td>
<td>732-929-2027</td>
<td><a href="http://www.oceancountyprosecutor.org">www.oceancountyprosecutor.org</a></td>
<td>Provides services to victims and witnesses involved in the investigation and prosecution of a crime</td>
</tr>
<tr>
<td>Ocean/ Monmouth Legal Services</td>
<td>888-576-5529</td>
<td><a href="http://www.lsnj.org">www.lsnj.org</a></td>
<td>Help with civil and family legal cases and family legal problems for those who are eligible</td>
</tr>
<tr>
<td>Public Defender- Ocean Region</td>
<td>732-286-6400</td>
<td><a href="http://www.thedefenders.nj.gov">www.thedefenders.nj.gov</a></td>
<td>Legal assistance to persons charge with a criminal offense in Superior Court</td>
</tr>
</tbody>
</table>
MENTAL & PSYCHIATRIC ILLNESS ISSUES

Carrier Clinic
1-800-933-3579
www.carrierclinic.org
Treatment offered to individuals of every age, also support groups for families and friends

Contact of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24 Hour Crisis Hotline

Liberty Management Group
201-236-8880
www.libertymgt.com
Dual Diagnosis and Psychiatric Services

Ocean Mental Health Services, Inc
732-349-5550
www.oceanmhs.org
Treatment programs available for inpatient and outpatient and mental assessments

Preferred Behavioral Services
732-367-4700
www.preferredbehavioral.org
Treatment, residential services, outpatient and family programs

Princeton House Behavioral Health
1-800-346-3237
www.princetonhcs.org
Outpatient services for co-occurring and psychiatric issues

St. Barnabas Behavioral Health
732-914-1688
www.barnabashealth.org
Inpatient, partial hospitalization, intensive outpatient services

St. Francis Counseling Center
609-494-18861
www.stfranciscenterlbi.org
Mental health counseling available to adolescents from Southern Ocean County

Summit Oaks Hospital
908-522-7000
www.summitoakshospital.com
Provider of Psychiatric and Substance Use Services

Municipal Alliances of Ocean County
Alliances are dedicated to a comprehensive and coordinated effort against substance abuse through the school’s law enforcement, businesses and other community members.

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>PHONE NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEACHWOOD</td>
<td>(732)-286-6000</td>
</tr>
<tr>
<td>BERKELEY</td>
<td>(732)-269-4456</td>
</tr>
<tr>
<td>BRICK</td>
<td>(732)-262-1073</td>
</tr>
<tr>
<td>EAGLESWOOD</td>
<td>(609)-713-2655</td>
</tr>
<tr>
<td>JACKSON</td>
<td>(732)-928-1111 x 5202</td>
</tr>
<tr>
<td>LACEY</td>
<td>(609)-693-1100 x2217</td>
</tr>
<tr>
<td>LAKEWOOD</td>
<td>(732)-341 – 9700 x 7508</td>
</tr>
<tr>
<td>LAVALLETTE</td>
<td>(732)-793-7477</td>
</tr>
<tr>
<td>Location</td>
<td>Contact Information</td>
</tr>
<tr>
<td>-------------------</td>
<td>----------------------------------------------------------</td>
</tr>
<tr>
<td>MANCHESTER</td>
<td>(732)-657-8121 x 3901</td>
</tr>
<tr>
<td>OCEAN GATE</td>
<td>(732)-341 – 9700 x 7508</td>
</tr>
<tr>
<td>OCEAN TWP.</td>
<td>(609)-693-3302</td>
</tr>
<tr>
<td>PINE BEACH</td>
<td>(732)-349-6425</td>
</tr>
<tr>
<td>PLUMSTED</td>
<td>(609)-758-2241</td>
</tr>
<tr>
<td>SEASIDE PARK</td>
<td>(732)-793-3700 x 105</td>
</tr>
<tr>
<td>STAFFORD</td>
<td>(732)-597 - 1000 x 8557</td>
</tr>
<tr>
<td>TOMS RIVER</td>
<td>(732)-341-1000 x 8474</td>
</tr>
</tbody>
</table>

### PARENTING RESOURCES

**Children’s Home Society**  
732-905-6363  
[www.chsofnj.org](http://www.chsofnj.org)

**Contact of Ocean and Monmouth Counties**  
24 hour crisis hotline  
732-240-6100/609-693-5834  
[http://contactoceanmonmouth.org/](http://contactoceanmonmouth.org/)  
24-Hour Crisis hotline

**Ocean’s Harbor House**  
732-281-0822  
[www.oceansharborhouse.org](http://www.oceansharborhouse.org)  
Immediate intervention

**Open Door Pregnant Center**  
732-240-5504  
[www.theopendoor.com](http://www.theopendoor.com)  
Parenting program

**Southern Ocean County Hospital Family Resource Center**  
609-978-3559  
[www.soch.org](http://www.soch.org)  
Resources and referrals

**St. Francis Counseling Center**  
609-494-8861  
[www.stfranciscenterlbi.org](http://www.stfranciscenterlbi.org)  
Parenting programs in both the northern and southern parts of the county

### PATERNITY RESOURCES

**Ocean County Board of Social Services**  
732-349-1500  
Paternity Parent Locator Unit

### PHOBLIA RESOURCES

**Carrier Clinic**  
1-800-933-3579  
[www.carrierclinic.org](http://www.carrierclinic.org)  
Inpatient treatment for adolescents, aged 13 – 18

**Contact of Ocean and Monmouth Counties**  
24 hour crisis hotline  
732-240-6100/609-693-5834  
[http://contactoceanmonmouth.org/](http://contactoceanmonmouth.org/)  
24-Hour Crisis hotline
### Ocean Mental Health Services
732-349-5550  
[www.oceanmhs.org](http://www.oceanmhs.org)  
*Counseling*

### St. Francis Counseling Center
609-494-8861  
[www.stfranciscenterlbi.org](http://www.stfranciscenterlbi.org)  
*Counseling in the southern part of county*

### Preferred Behavioral Services
1-888-367-9080  
[www.preferredbehavioral.org](http://www.preferredbehavioral.org)  
*Counseling*

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**POLICE**

Most towns have the 9-1-1 emergency number in place

<table>
<thead>
<tr>
<th>Town</th>
<th>Other Town</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barnegat</td>
<td>Barnegat Light</td>
<td>609-698-5000</td>
</tr>
<tr>
<td>Bay Head</td>
<td>Beach Haven</td>
<td>732-892-0632</td>
</tr>
<tr>
<td>Beachwood</td>
<td>Berkeley</td>
<td>732-344-1242</td>
</tr>
<tr>
<td>Brick</td>
<td>Eagleswood</td>
<td>732-477-8300</td>
</tr>
<tr>
<td>Harvey Cedars</td>
<td>Island Heights</td>
<td>609-494-6509</td>
</tr>
<tr>
<td>Jackson</td>
<td>Lacey</td>
<td>732-928-1116</td>
</tr>
<tr>
<td>Lakehurst</td>
<td>Lakewood</td>
<td>732-657-7812</td>
</tr>
<tr>
<td>Lavallette</td>
<td>Little Egg Harbor</td>
<td>732-793-4800</td>
</tr>
<tr>
<td>Long Beach</td>
<td>Manchester</td>
<td>609-494-3322</td>
</tr>
<tr>
<td>Mantoloking</td>
<td>Ocean (Waretown)</td>
<td>732-295-1405</td>
</tr>
<tr>
<td>Ocean Gate</td>
<td>Pine Beach</td>
<td>732-269-2468</td>
</tr>
<tr>
<td>Plumsted</td>
<td>Point Pleasant Borough</td>
<td>609-758-3738</td>
</tr>
</tbody>
</table>
Point Pleasant Beach 732-892-0500
Seaside Heights 732-793-1800
Seaside Park 732-793-8000
Ship Bottom 609-494-1518
South Toms River 732-349-6913
Stafford 609-597-8581
Surf City 609-494-8121
Toms River 732-349-0150
Tuckerton 609-296-9416

PREGNANCY TESTING, PREGNANCY RESOURCES
AND PREGNATAL CARE

Center for Health Education, Medicine, and Dentistry (CHEMED) 732-364-6666
www.chemedhealth.org
Federally Qualified Health Center offering full range of health and dental services

Central Jersey Family Health Consortium 732-937-5437 or 732-345-0500
Outreach for prenatal, perinatal and post partum

Children’s Home Society 609-695-6274
www.chsofnj.org
Pregnancy counseling, birth parent counseling, foster care for pregnant teens which includes shelter, etc.

Family Planning Center of Ocean County 732-364-9696 (Lakewood)
609-597-6094 (Manahawkin)
https://www.fpcoc.net/
Pregnancy testing and follow-up counseling

Grace Initiatives 877-242-0131
609-661-9390(Text Pregnant)
www.graceinitiatives.org
Information and referrals

Ocean County Health Department 732-341-9700 Ext. 7604
www.ochd.org
Offers a broad range of preventative and clinical services including pregnancy testing, HIV, HCV, and STD screening services, and referrals, and linkage to care

Ocean Health Initiatives 732-363-6655
www.ohinj.org
Accessible and affordable health care and screenings

Ocean Medical Center 732-840-3290
www.oceanmedicalcenter.com
Pregnancy testing, prenatal and postnatal care

The Open Door 732-240-5504
www.theopendoor.com
Pregnancy testing and follow-up counseling and support

Planned Parenthood 800-230-PLAN (7526)
www.plannedparenthood.org
Pregnancy testing, birth control methods and options, education and information, low cost reproductive healthcare
RAPE AND SEXUAL ASSAULT RESOURCES

Contact of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24-Hour Crisis hotline

St Francis Center
Rape Crisis Program
609-494-1554
Hotline – 609-494-1090
www.stfrancislibi.org
Counseling, reporting and intervention

Children’s Home Society
609-695-6274
www.chsofnj.org
Pregnancy counseling, birth parent counseling, foster care for pregnant teens, which includes shelter, etc.

Providence House
732-244-8259
www.catholiccharitiestrenton.org
Offers shelter, counseling and outreach services

RUNAWAY RESOURCES

Contact of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24-Hour Crisis hotline

National Runaway Switchboard
1-800-786-2929
24/7 hotline for runaways including crisis intervention. Able to facilitate conference calls to a shelter or to parents. Greyhound Home Free program provides free bus transportation for teen returning to legal guardian.

Family Crisis Intervention Unit
732-240-3638
http://www.oceanresourcenet.org/search/family-crisis-intervention-unit/
Immediate intervention

Ocean’s Harbor House
732-929-0660
www.oceansharborhouse.org
Provides shelter for youth who may have run away or put out of their homes

SEXUALLY TRANSMITTED DISEASE RESOURCES

Family Planning Center of Ocean County
732-364-9696 (Lakewood)
609-597-6094 (Manahawkin)
https://www.fpcoc.net/
Testing for sexually transmitted diseases and treatment provided

National Herpes Hotline
800-230-6039
http://herpes-foundation.org/herpes-resource-center/

National HIV/AIDS Hotline
800-624-2377
973-926-8008 (TDD)
https://hab.hrsa.gov/get-care/state-hivaids-hotlines

Ocean County Health Department
732-341-9700 Ext. 7604
www.ochd.org
Clinic held every Wednesday night at health department. Testing and treatment provided. In addition, STD testing at the Ocean County Health Department Southern Clinic site every second and fourth Thursday.
SMOKING ISSUES

American Cancer Society
800-227-2345
https://www.cancer.org/
Information, helpline

Saint Barnabas Institute for Prevention
Tobacco Quit Center
732-886-4149
www.instituteforprevention.com
Assessment, cessation program

STRESS ISSUES

Carrier Clinic
1-800-933-3579
www.carrierclinic.org
Treatment offered to individuals of every age

St. Barnabas Behavioral Health Center
732-914-1688
www.sbbhs.com
Counseling available

Contact of Ocean and Monmouth Counties
24 hour crisis hotline
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24-Hour Crisis hotline

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
Counseling service is offered to residents of Southern Ocean County

Ocean Mental Health
732-575-1111 or 877-621-0445
www.oceanmhs.org
Counseling available

Preferred Behavioral Health of NJ
1-888-367-9080
www.preferredbehavioral.org
Counseling available

SUICIDE ISSUES

American Foundation for Suicide
732-886-4475(Kimball Medical Center-Lakewood)
www.afsp.org

Contact’s Suicide Hotline
1-800-273-8255
www.suicidepreventionlifeline.org
24 Hour Crisis Hotline

Ocean Mental Health Services
732-349-5550
www.oceanmhs.org
Crisis intervention

Family Crisis Intervention Unit
732-281-0822
Immediate intervention

Preferred Behavioral Health of NJ
1-888-367-9080
www.preferredbehavioral.org
Individual group and family therapy

National Suicide Hotline
1-800-273-8255

Ocean Mental Health Services
732-349-5550
www.oceanmhs.org
Crisis intervention

Psychiatric Emergency Screening Services
866-904-4474
Psychiatric evaluation and assessments

Preferred Behavioral Health of NJ
1-888-367-9080
www.preferredbehavioral.org
Individual group and family therapy
VIOLENCE ISSUES
See Police listings for each municipality

Contact of Ocean and Monmouth Counties
732-240-6100/609-693-5834
http://contactoceanmonmouth.org/
24-Hour Crisis hotline

St. Francis Counseling Center
609-494-8861
www.stfranciscenterlbi.org
Dating violence and healthy relationships education

Providence House
732-244-8259
www.catholiccharitiestrenton.org
Counseling and support groups for victims of domestic violence and their children

VOLUNTEER OPPORTUNITIES
Students may also call their local Municipal Alliance to find out about volunteering

Caregivers of Ocean County
732-505-2273
http://caregivervolunteers.org/
Support services for the elderly and homebound

Ocean County Library System
732-349-6200
www.theoceancountylibrary.org
Volunteers used in many capacities

Interfaith Health and Support Services for Southern Ocean County
609-978-3839
http://www.interfaithsoc.org/index.html

Providence House
732-244-8259
www.catholiccharitiestrenton.org
Work with victims of domestic violence and family members

Kimball Medical Center Volunteer Resource Center
732-886-4523
www.barnabashealth.org

Volunteers used in many capacities