

RESOLUTION 228(18)

August 8, 2018

WHEREAS, obesity rates have soared among all age groups in the past four decades and the rise in obesity rates has affected our youth; and

WHEREAS, twenty three million children and teenagers in the United States are obese or overweight and childhood obesity puts children at early risk for diseases and chronic conditions, such as Type 2 diabetes, high blood pressure, heart disease and possibly stroke; and

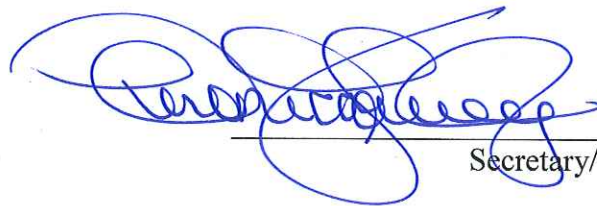
WHEREAS, the Ocean County Health Department promotes healthy eating and exercising to prevent obesity with the use of health education programs presented to schools and communities throughout the county; and

WHEREAS, promoting being physically active, eating healthy, avoiding tobacco and harmful substances and living a healthy lifestyle are ways to reduce the epidemic of childhood obesity.

NOW, THEREFORE, BE IT RESOLVED that the Ocean County Board of Health proclaims the month of September, 2018 as National Childhood Obesity Awareness Month in Ocean County and will continue to promote and encourage healthy eating and exercise in an effort to prevent childhood obesity.

BE IT FURTHER RESOLVED that a copy of the resolution shall be forwarded to the Ocean County Board of Chosen Freeholders.

Name	Bacchione	Blake	Dasti	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes		✓	✓	✓	✓		✓	✓	✓
Abstain									
Nays									
Absent	✓					✓			



Secretary/Treasurer