

RESOLUTION 285(18)

October 17, 2018

WHEREAS, November is National Diabetes Month, a time when communities across the country team up to bring attention to diabetes and its impact on millions of Americans; and

WHEREAS, diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. Over time, having too much glucose in your blood can cause health problems, such as heart disease, nerve damage, eye problems, and kidney disease. You can take steps to prevent diabetes or manage it; and

WHEREAS, an estimated 30.3 million people in the United States, or 9.4 percent of the population, have diabetes. About one in four people with diabetes don't know they have the disease. An estimated 84.1 million Americans aged 18 years or older have prediabetes; and

WHEREAS, diabetes is the seventh leading cause of death in the United States and also can lead to critical health issues such as heart disease, blindness, and kidney failure, and can sometimes require amputations of lower limbs; and

WHEREAS, Type 1 diabetes often develops in youth and is a result of the body not producing enough insulin. Insulin treatment and keeping blood glucose levels as close to normal as possible can help people manage this disease; and

WHEREAS, Type 2 diabetes, the most common form, affects people of all ages, though most frequently in adults. However, type 2 diabetes is becoming increasingly prevalent among young people largely due to increasing obesity rates. Many ethnicities are at higher risk of developing type 2 diabetes, including African Americans, Hispanic Americans and Asian Americans, in addition to people who are overweight or obese and those who do not participate in regular physical activity. Ocean County Health Department continues to work with schools and our communities to encourage physical activity and incorporate physical activity into people's daily lives; and

WHEREAS, in addition, Ocean County Health Department continues to offer programs which include exercise, eating healthy, taking diabetes medications as prescribed and controlling blood pressure and cholesterol levels to help manage type 2 diabetes.

NOW THEREFORE BE IT RESOLVED, by the Ocean County Board of Health that November 2018 is hereby proclaimed as American Diabetes Month and the Ocean County Health Department will continue to work with our communities to encourage healthy lifestyles and reduce the incidence of diabetes.

Name	Bacchione	Blake	Dasti	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓		✓	✓	✓	✓	✓
Abstain									
Nays									
Absent				✓					


Secretary/Treasurer