

## MEASLES UPDATE – AS OF NOVEMBER 8, 2018

The following is a summary with new and ongoing information with respect to the measles outbreak from the Ocean County Health Department.

- There remain six confirmed measles cases.
- There are also seven potential cases under investigation.
- With respect to schools, there is no automatic exclusion for non-immunized children. Vaccination is encouraged and those children involved with a confirmed case may be subject to an order of exclusion. The Ocean County Health Department continues to work closely with public and private schools throughout Ocean County to monitor the health of student population and provide public health guidance.
- People are reminded to check their immunization records and if there is any sign of symptoms to contact your healthcare provider prior to showing up at that providers office so that appropriate arrangements can be made for examination or treatment.
- The potential for spreading infection exists four days prior and four days after a measles rash.
- People can become ill from measles from 5 to 21 days after being exposed to the virus.
- Measles-like symptoms include fever, rash, runny nose, cough, loss of appetite and pink eye.
- Measles can spread through coughing and sneezing and can live on surfaces and in the air for up to two hours.
- 30% of measles cases involve additional serious health complications.

To obtain additional information, please visit our website at the Ocean County Health Department's website at [www.ochd.org](http://www.ochd.org). Also, please check out our new website at [www.phu2.org](http://www.phu2.org), to access and learn more about our Public Health is You Too! campaign to help equip you to take simple steps to improve your health.