

**FOR IMMEDIATE RELEASE:**

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**Contact: Brian E. Rumpf**

**Director of Administration and**

**Program Development**

**732-341-9700 ext. 7210**

**OCEAN COUNTY HEALTH DEPARTMENT**

**P.O. Box 2191**

**Toms River, NJ 08754-2191**

**PRESS RELEASE**

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**MEASLES update \* as of DECEMBER 21, 2018**

The following is a summary with new and ongoing information with respect to the measles outbreak from the Ocean County Health Department.

* There are now 33 confirmed measles cases.
* There are 0 cases under investigation.
* The measles outbreak is presently defined by a rash onset date of October 17, 2018 through November 30, 2018.
* The measles outbreak continues until at least 42 days after the last known infection. The last rash onset date is November 30, 2018 and 4 days of infection ended on December 4, 2018. Therefore, at present, at least 42 days must elapse from the date of December 4, 2018 prior to consideration of an end to the measles outbreak.
* Vaccination is encouraged and those children involved with exposure to a confirmed case may be subject to an order of exclusion, if unvaccinated.
* The Ocean County Health Department continues to support and highly encourage the exclusion of non-vaccinated children from schools, preschools and daycares in the outbreak area. These entities have the authority to make that decision when an outbreak has been declared by the New Jersey Department of Health. The age range so far for the current outbreak is 6 months to 59 years old.
* People are reminded to check their immunization records and if there is any sign of symptoms to contact your healthcare provider prior to showing up at that provider’s office so that appropriate arrangements can be made for examination or treatment.
* The potential for spreading infection exists four days prior and four days after a measles rash onset.
* People can become ill from measles from 5 to 21 days after being exposed to the virus.
* Measles-like symptoms include fever, rash, runny nose, cough, loss of appetite and pink eye.
* Measles can spread through coughing and sneezing and can live on surfaces and in the air for up to two hours.
* 30% of measles cases involve additional serious health complications.
* The Ocean County Health Department continues to communicate and coordinate daily with the State of New Jersey Department of Health and other healthcare providers in response to the measles outbreak.

To obtain additional information, please visit our website at the Ocean County Health Department’s website at [www.ochd.org](http://www.ochd.org). Also, please check out our new website at [www.phu2.org](http://www.phu2.org), to access and learn more about our Public Health is You Too! campaign to help equip you to take simple steps to improve your health.

**XXX**