

# RESOLUTION 86(19)

February 6, 2019

WHEREAS, National School Breakfast Week was launched in 1989 to raise awareness of the availability of the School Breakfast Program to all children. This year's theme, "Start Your Engines With School Breakfast," which is designed to show parents, students, and school officials the benefits of fueling up for the day with a healthy school breakfast. Start planning your celebration today—get started with the help of our resources.

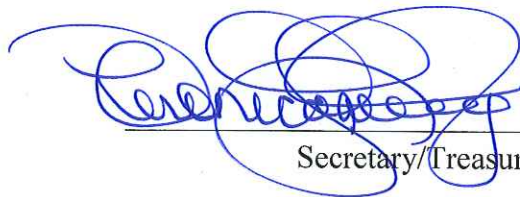
WHEREAS, by communicating with students in a language they understand – emojis - we can encourage students, and staff, to participate in school breakfast and put a fun spin on an important topic; and

WHEREAS, students who eat school breakfast are more likely to maintain a healthy weight, have better concentration and memory, be more alert and reach higher levels of achievement in reading and math, and score higher on standardized tests; and

WHEREAS, eating school breakfast is associated with lower rates of absenteeism and tardiness, fewer behavioral problems and reduced number of nurse's office visits.

NOW THEREFORE, BE IT RESOLVED that the Ocean County Board of Health, hereby proclaims the week of March 4-8, 2019 as **National School Breakfast Week** and encourages all residents to become aware and concerned about their children's and their own nutrition habits, in hope of achieving a more healthful citizenry for today and the future.

| Name    | Bacchione | Blake | Dasti | Hill | Laureigh | Mancini | Scaturro | Singer | Mallon |
|---------|-----------|-------|-------|------|----------|---------|----------|--------|--------|
| Ayes    | ✓         | ✓     | ✓     | ✓    | ✓        |         | ✓        |        | ✓      |
| Abstain |           |       |       |      |          |         |          |        |        |
| Nays    |           |       |       |      |          |         |          |        |        |
| Absent  |           |       |       |      |          | ✓       |          | ✓      |        |



Secretary/Treasurer