RESOLUTION 122(19)

March 20, 2019

WHEREAS, the week of April 1 - 7, 2019, is National Public Health Week, with the goal of making the United States the Healthiest Nation in One Generation – by 2030; and

WHEREAS, since 1995, the American Public Health Association, through its sponsorship of National Public Health Week, has educated the public, policymakers and public health professionals about issues important to improving the public’s health; and

WHEREAS, National Public Health Week continues to engage all communities and all sectors in a conversation about the role each of us can play to put good health within everyone’s reach. Where we live, learn, work, worship and play impacts our health and our opportunity to ward off disease and injury. The common goal is to partner across public and private spheres to create healthier people, families, communities and, eventually, the healthiest nation. We can do it — if we work together; and

WHEREAS, Americans are living 20 years longer than their grandparents’ generation, thanks largely to the work of public health. Yet people in many other high-income countries live longer suffer fewer health issues than we do. This is the defining challenge of our generation — a challenge that we, the public health community, are uniquely positioned to help overcome; and

WHEREAS, The 2019 National Public Health Week themes include Healthy Communities, Violence Prevention, Rural Health, Technology and Public Health, Climate and Global Health; and

WHEREAS, more than half of all cancer deaths could be prevented by making healthy choices like not smoking, staying at a healthy weight, eating right, keeping active, and getting recommended screening tests; and

WHEREAS, strong public health systems are critical for sustaining and improving community health.

NOW, THEREFORE BE IT RESOLVED, that the Ocean County Board of Health proclaims the week of April 1 – 7, 2019 as National Public Health Week in the County of Ocean and call upon the people of Ocean County to observe this week by helping our families, friends, neighbors, co-workers and leaders better understand the value of public health and adopt preventive lifestyle habits in light of this year’s theme.