

# RESOLUTION 147(19)

April 3, 2019

WHEREAS, the aim of National Stroke Awareness Month is to make Americans aware that they may be able to 'Save A Life' of a person experiencing a stroke; and

WHEREAS, the month is to raise awareness of strokes and their impact on sufferers and their friends and families as well as educating the general public on the signs and symptoms of strokes, what causes strokes, what happens during a stroke and what to do in the event of someone suffering a stroke; and

WHEREAS, stroke is an attack on the brain, it happens when blood supply to part of the brain is cut off, causing death of that part of the brain, the effects of the stroke vary depending on which part of the brain is affected and how severe the stroke is. The effects of stroke can be permanent although some people make a very good recovery, and a sufferer is vulnerable to further strokes; and

WHEREAS, when considered separately from other cardiovascular diseases, stroke ranks No. 5 among all cause of death in the US, killing nearly 133,000 people a year; and

WHEREAS, someone in the US has a stroke about once every 40 seconds; stroke accounts for 1 of every 19 deaths in the US; and

WHEREAS, stroke currently costs this country more than \$37 billion annually in medical treatment and lost productivity, but far more regrettable is the immeasurable suffering it brings to victims and their families; and


WHEREAS, there are controllable medical risk factors that people should address and treat, such as high blood pressure, atrial fibrillation, high cholesterol, diabetes, atherosclerosis and circulation problems and also controllable lifestyle risk factors that can be changed, such as tobacco use and smoking, alcohol use, physical inactivity, and obesity; and

WHEREAS, the Ocean County Health Department encourages everyone to recognize stroke as **FAST** as possible, **F**ace (is there a change in appearance or a slacking on one side), **A**rm (sluggish and possibly difficult to move or lift), **S**peech (is speech slurred), and **T**ime (act quickly) and call 9-1-1 immediately if someone is experiencing stroke symptoms; and

WHEREAS, the Ocean County Health Department has put the National Stroke Association Stroke Risk Screening Test and its Post-Stroke Test on its website at [www.ochd.org](http://www.ochd.org) for anyone to use to help them prevent stroke or help in the recovery process.

NOW, THEREFORE, BE IT RESOLVED, the Ocean County Board of Health proclaims May 2019 as National Stroke Month and encourages all to treat conditions that may lead to stroke and change lifestyle factors that may lead to stroke.

Name	Bacchione	Blake	Dasti	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent									

  
Secretary/Treasurer