

Poison Prevention

Program Description: *Poison Prevention* is a six-session, classroom-based program. This program increases students' awareness of potential poisons that they may encounter. Using fun, interactive teaching techniques, students will learn ways to stay safe around potentially hazardous substances, as well as how to handle emergency situations that involve such substances.

Program Requirements:

Time: Six sessions, once a week for six weeks. Approximately 30- to 45-minute sessions.

Grades: 3rd, 4th, or 5th

Participants: All children in the classroom setting, their teacher(s), and the health educator(s)

Goals and Objectives: There are three primary goals and objectives of this program. The first goal is to create awareness of potentially hazardous substances, with the objective of students being equipped to identify potential poisons and where they enter the body. The second goal is to introduce poison safety methods. The two objectives of this goal are to teach students the golden rule of poisons—"Do not touch, taste, or smell any substances" – and second, to teach students how to respond in the case of a "poison emergency." The third and final goal of *Poison Prevention* is to increase students' knowledge about over-the-counter and prescription drug misuse. The two objectives of this goal are to create awareness that medications can sometimes look like candy, and to always ask permission from a trusted adult prior to taking a medication.

