RESOLUTION

188(19)

May 8, 2019

WHEREAS, the purpose of Men's Health Week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys; and

WHEREAS, the focus for this year is the impact of inequality and deprivation on men's health; and

WHEREAS, men live 4.4 years less than women. The top 3 reasons for reduced lifespan in men are cardiovascular disease, suicide and motor vehicle accidents; and

WHEREAS, educating the public and health care providers about the importance of healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about preventive health are more likely to participate in health screenings; and

WHEREAS, Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancers and encourage men to become more involved by seeking medical check-ups, exercising and living healthier lifestyles; and

WHEREAS, this week gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical treatment for disease and injury.

NOW, THEREFORE, BE IT RESOLVED that the Ocean County Board of Health recognizes and proclaims June 10-16, 2019 as National Men’s Health Week and encourages men to pursue preventive health practices and early detection so that they can live a healthy and productive life.

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Secretary/Treasurer