

Important Flu Facts?

- **All people 6 months of age and older should get vaccinated against seasonal flu every year.**
- Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.
- Vaccination is especially important for pregnant women and people with chronic diseases.
- The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.
- Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

For additional information please visit our website at www.ochd.org or pick up a vaccine information statement at any flu clinic.

(732) 341-9700 or (800) 342-9738 Ext. 7604
TTY (732) 831-6489



Public Health
Prevent. Promote. Protect.

Protect Yourself from the Flu

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Avoid touching your eyes, nose or mouth.
- Get a flu shot every year.

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2019

Seasonal Influenza and Pneumococcal
Vaccination Sites

The Flu Ends with U!

Influenza and Pneumonia vaccinations are free if enrolled in **Medicare Part B**.

If not enrolled in Medicare Part B, or you have a Medicare Managed Care Plan, the cost will be \$20.00 (cash or check).

- ✓ Residents under the age of 65 years need a doctor's recommendation for pneumonia vaccination.
- ✓ No registration is required.

All sites open to residents
6 months of age and older.

Barnegat

10/9/19 Wednesday 10:00 AM - 12:00 PM
Brighton at Barnegat – Clubhouse
35 Brighton Road

11/7/19 Thursday 5:00 PM - 7:00 PM
Barnegat Library
112 Burr Street

Bay Head

10/7/19 Monday 10:00 AM - 12:00 PM
Bay Head Borough Hall
83 Bridge Avenue

Beachwood

10/11/19 Friday 10:00 AM - 12:00 PM
Borough of Beachwood – Community Center
147 Compass Avenue

Berkeley

11/12/19 Tuesday 5:00 PM - 7:00 PM
Berkeley Library
30 Station Road

Berkeley-TR

10/15/19 Tuesday 3:00 PM - 5:00 PM
Holiday City West - Clubhouse
45 Cabrillo Boulevard

11/8/19 Friday 1:00 PM - 3:00 PM
Holiday City Carefree- Clubhouse
98 Bananier Drive

11/12/19 Tuesday 10:00 AM - 12:00 PM
Holiday City South-Clubhouse South
139 Santiago Drive

Brick

10/7/19 Monday 10:00 AM - 12:00 PM
Princeton Commons
71 Brushy Neck Drive*

10/10/19 Thursday 10:00 AM - 12:00 PM
Lions Head North Clubhouse
200 Courtshire Drive`

Jackson

10/8/19 Tuesday 10:00 AM - 12:00 PM
Melvin Cottrell Center
45 Don Connor Boulevard*

Lacey

10/29/19 Tuesday 9:00 AM - 12:00 PM
The Church of Saint Pius X
300 Lacey Road*

Lakewood

10/28/19 Monday 1:00 PM - 3:00 PM
A Country Place Community Clubhouse
1400 South Lake Drive

11/13/19 Wednesday 5:00 PM - 7:00 PM
Lakewood Library
301 Lexington Avenue

Lavallette

10/29/19 Tuesday 10:00 AM - 12:00 PM
Lavallette First Aid Squad Building
Bay Boulevard & Washington Avenue

Little Egg Harbor

10/9/19 Wednesday 10:00 AM - 12:00 PM
Edward Thornton Community Center
319 West Calabreeze Way*

11/15/19 Friday 1:00 PM - 3:00 PM
Little Egg Harbor Library
290 Mathistown Road

Manchester

10/10/19 Thursday 10:00 AM - 12:00 PM
Whiting United Methodist Church
55 Lacey Road*

10/17/19 Thursday 10:00 AM - 12:00 PM
Cedar Glen Homes
1848 Ridgeway Road

11/22/19 Friday 10:00 AM - 12:00 PM
Cedar Glen West
1 Robin Lane

Ocean Gate

11/25/19 Monday 10:00 AM - 12:00 PM
Borough of Ocean Gate- Municipal Building
801 Ocean Gate Avenue

Plumsted

10/11/19 Friday 10:00 AM - 12:00 PM
Plumsted Branch Library
119 Evergreen Road

11/19/19 Tuesday 10:00 AM - 12:00 PM
Plumsted Township- Municipal Building
121 Evergreen Road

Point Pleasant

10/15/19 Tuesday 12:00 PM - 2:00 PM
Senior Beehive at St. Martha's Church
3800 Herbertsville Road*

Point Pleasant Beach

11/4/19 Monday 10:00 AM - 12:00 PM
Borough of Point Pleasant Beach- Fire Company No. 2
614 Laurel Avenue

11/8/19 Friday 1:00 PM - 3:00 PM
Point Pleasant Beach Library
710 McLean Avenue

Stafford

10/5/19 Saturday 1:00 PM - 3:00 PM
Fawn Lakes Clubhouse
6 Sycamore Road

10/21/19 Monday 5:00 PM - 7:00 PM
Stafford Library
129 North Main Street

11/22/19 Friday 10:00 AM - 12:00 PM
Stafford Twp. - Ocean Acres Community Center
489 Nautilus Drive*

Toms River

10/7/19 Monday 1:00 PM - 3:00 PM
Freedom Village
600 Parents Boulevard

10/10/19 Thursday 10:00 AM - 12:00 PM
YMCA
1088 West Whitty Road*

10/17/19 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Avenue*

10/24/19 Thursday 10:00 AM - 12:00 PM
Toms River Library- Hometown Dairy Room
101 Washington Street

11/1/19 Friday 10:00 AM - 12:00 PM
Toms River Twp. - Senior Center
652 Garfield Avenue

Toms River (Cont'd)

11/21/19 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Avenue*

12/19/19 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Avenue*

1/9/20 Thursday 10:00 AM - 12:00 PM
YMCA
1088 West Whitty Road*

1/16/20 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Avenue*

2/20/20 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Avenue*

Tuckerton

11/13/19 Wednesday 1:00 PM - 3:00 PM
Borough of Tuckerton
420 East Main Street

11/26/19 Tuesday 10:00 AM - 12:00 PM
Tuckerton Seaport Hunting Shanty
120 West Main Street

Waretown

10/18/19 Friday 10:00 AM - 12:00 PM
Ocean Twp- Community Center
239 11th Street

** Clinic sites offering Live Healthy Ocean County! provide chronic disease screening services (i.e. blood pressure, glucose & cholesterol testing).*

Flu / Pneumonia Clinics at the Ocean County Health Department (OCHD)

OCHD Northern Site (Lakewood) – 1771 Madison Ave

10/25/19	Friday	1:00 PM – 3:00 PM
11/6/19	Wednesday	5:00 PM – 7:00 PM
12/18/19	Wednesday	5:00 PM - 7:00 PM
1/10/20	Friday	1:00 PM - 3:00 PM

OCHD Southern Site (Stafford) – 333 Haywood Rd

10/24/19	Thursday	3:00 PM - 5:00 PM
11/14/19	Thursday	3:00 PM - 5:00 PM
12/12/19	Thursday	3:00 PM - 5:00 PM
1/9/20	Thursday	3:00 PM - 5:00 PM
2/13/20	Thursday	3:00 PM - 5:00 PM

OCHD Main Site (Toms River) – 175 Sunset Ave

10/16/19	Wednesday	1:00 PM - 3:00 PM
11/4/19	Monday	4:00 PM – 6:00 PM
11/13/19	Wednesday	9:00 AM - 11:00 AM
12/2/19	Monday	4:00 PM - 6:00 PM
12/11/19	Wednesday	9:00 AM - 11:00 AM
1/8/20	Wednesday	9:00 AM - 11:00 AM
2/3/20	Monday	4:00 PM – 6:00 PM
3/2/20	Monday	4:00 PM – 6:00 PM