

Oh! The Places You'll Go

Program description:

In Ocean County, the use of drugs has grown rapidly. It is important to educate the high school population before they graduate on how to identify and handle the stresses of being adult and not to use drugs/alcohol to cope. This interactive program will cover a range of topics including alcohol, marijuana/dabbing, Juuls/vaping, and opiates while focusing on how addiction can negatively impact someone's life.

Program Requirements: High school students, instructional setting must be equip with computer for PowerPoint presentation, projector and speaker access for videos.

Time: Recommendation of 90 minutes, but this program can be tailored to meet the needs of the class.

Grade: This program is recommended for high school students grades 10, 11 or 12.

Participants: All children in the classroom setting, teacher included.

Goals and Objectives:

Goal: To eliminate/reduce student's use of alcohol, marijuana, vaping and opiates.

Objective #1: By the end of the presentation, 75% of students will be able to list 3 coping skills they can use when they are feeling stressed.

Objective #2: By the end of the presentation, 75% of students will be able to report 3 facts about vaping/Juuls.

Objective #3: By the end of the presentation, 75% of students will describe how drugs affect the brain.

