

**RESOLUTION 104(20)**

March 4, 2020

WHEREAS, the Ocean County Health Department joins the New Jersey Department of Health Office of Minority and Multicultural Health in the celebration of Minority and Multicultural Health Month during the month of April; and

WHEREAS, everyone deserves to live a long and healthy life in a safe environment. Working together, we can build healthier communities and eventually, the healthiest nation; and

WHEREAS, April is National Minority Health Month, and this year, the HHS Office of Minority Health (OMH) is teaming up with the Office of Disease Prevention and Health Promotion (ODPHP) Move Your Way campaign and partners to highlight the tremendous advantages gained from having an active lifestyle. For the second consecutive year, the theme for National Minority Health Month is Active & Healthy; and

WHEREAS, each April, Minority and Multicultural Health is celebrated encouraging all community partners and faith-based organizations to join in promoting minority and multicultural health that promote healthy lifestyles including programs that promote prevention screenings, healthy eating and meal preparation, gardening and exercise; and

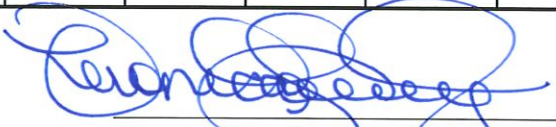
WHEREAS, chronic diseases such as obesity, diabetes, high cholesterol, hypertension, and heart problems, which are preventable, affect disproportionately the ethnic and minority populations in the county; simple changes to one's daily routine can transform lives and reduce the risk of chronic diseases and other conditions that often are more common or severe among racial and ethnic minority groups; and

WHEREAS, the Ocean County Health Department will continue to offer its LIVE HEALTHY OCEAN COUNTY program at various sites within Ocean County in addition to screening programs including blood pressure and osteoporosis screening, Mobile Stroke Risk Assessment Program, and Medication Management programs at various locations throughout Ocean County.

NOW, THEREFORE, BE IT RESOLVED, that the Ocean County Board of Health hereby proclaims April 2020 as Minority and Multicultural Health Month by promoting healthy lifestyles to all Ocean County residents in realizing that good health should be attained by all residents of all races and socioeconomic status by offering free screenings on blood pressure, osteoporosis, stroke risk assessment, medication management and nutrition education in helping to promote good health for all.

BE IT FURTHER RESOLVED, that a copy of this resolution shall be forwarded to the Ocean County Board of Chosen Freeholders, and the Ocean County Health Department Faith-Based Initiative.

Name	Bacchione	Blake	Dasti	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent									

  
Secretary/Treasurer