

# RESOLUTION 279(20)

October 14, 2020

WHEREAS, November is National Diabetes Month, a time when communities across the country team up to bring attention to diabetes and raise awareness about the risk factors and the actions to take to help prevent the disease; and

WHEREAS, diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. Over time, having too much glucose in your blood can cause health problems, such as heart disease, nerve damage, eye problems, and kidney disease. You can take steps to prevent diabetes or manage it; and

WHEREAS, the theme for 2020 National Diabetes Month is "The Nurse and Diabetes." The campaign aims to raise awareness around the crucial role that nurses play in supporting people living with diabetes; and

WHEREAS, an estimated 30.3 million people in the United States, or 9.4 percent of the population, have diabetes. About one in four people with diabetes don't know they have the disease. An estimated 84.1 million Americans aged 18 years or older have prediabetes, and that number is growing every day; and

WHEREAS, diabetes is the seventh leading cause of death in the United States and also can lead to critical health issues such as heart disease, blindness, and kidney failure, and can sometimes require amputations of lower limbs; and

WHEREAS, Type 1 diabetes often develops in youth and is a result of the body not producing enough insulin. Insulin treatment and keeping blood glucose levels as close to normal as possible can help people manage this disease; and

WHEREAS, losing weight is a key preventive measure with a 10-14 pound weight loss, you can improve your chances of avoiding or even beating diabetes; and

WHEREAS, in addition, Ocean County Health Department is expanding its diabetes programs which include exercise, eating healthy, taking medications as prescribed and controlling blood pressure and cholesterol levels to help manage type 2 diabetes.

NOW THEREFORE BE IT RESOLVED, by the Ocean County Board of Health that November 2020 is hereby proclaimed as American Diabetes Month and the Ocean County Health Department will continue to work with our communities to encourage healthy lifestyles and reduce the incidence of diabetes.

Name	Bacchione	Blake	Crea	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent									

  
Assistant Secretary