

RESOLUTION 280(20)

October 14, 2020

WHEREAS, on Thursday, November 19, American Cancer Society's Great American Smokeout Event will take place; which is recognized and supported by the Ocean County Health Department; and

WHEREAS, this event is to encourage Americans to stop tobacco smoking. The Great American Smokeout challenges smokers to quit cigarettes for 24 hours with the hopes that this decision will continue forever; and

WHEREAS, new concerns are evident with the rise in teenage vaping and associated dangers inherent with nicotine. The long term effects of e-cigarette use are not yet known, the addictive effects of nicotine on young brains are, which is why the American Cancer Society, Ocean County Health Department and many health agencies across the state are launching new education campaigns to raise awareness about the dangers of e-cigarette use; and

WHEREAS, nearly 32.4 million Americans still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Smoking causes more than 480,000 deaths every year, or about 1 in 5 deaths. More than 16 million Americans live with a smoking-related disease; and

WHEREAS, while the cigarette smoking rate has dropped significantly, from 42% in 1965 to 13.7% in 2019, the gains have been inconsistent. Some groups of Americans suffer disproportionately from smoking-related cancer and other diseases, including those who have less education, who live below the poverty level, or who suffer from serious psychological distress; and

WHEREAS, addiction to nicotine in cigarettes is one of the strongest and most deadly addictions one can have. Quitting takes commitment and starts with a plan, often takes more than one quit attempt, and requires a lot of support; and

WHEREAS, quitting smoking delivers immediate health benefits. The longer a person avoids tobacco, the healthier they will get; therefore the Ocean County Health Department continues to offer educational programs to children to help avoid a future of smoking and works with others to help overcome their addiction.

NOW, THEREFORE, BE IT RESOLVED, by the Ocean County Board of Health that November 19, 2020 is hereby proclaimed as the day of the Great American Smokeout and will encourage our employees, their family members and our community to quit smoking to increase the benefits of their health and to also limit the exposure to second hand smoke to others.

Name	Bacchione	Blake	Crea	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent									


Assistant Secretary