February 24, 2021

WHEREAS, National Drug and Alcohol Facts Week links students with scientists and other experts to counteract the myths about drugs and alcohol that teens get from the internet, social media, TV, movies, music, or from friends; and

WHEREAS, it was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction. The National Institute of Alcohol Abuse and Alcoholism (NIAAA) became a partner in 2016, and alcohol has been added as a topic area for the week. NIDA and NIAAA are part of the National Institutes of Health; and

WHEREAS, in 2018, 21% of adolescents used alcohol, and 12% used marijuana, according to the National Institute on Drug Abuse (NIDA). Teens who drink or use drugs are more likely to be sexually active and less likely to use contraception than teens who do not drink or use drugs; and

WHEREAS, National Drug and Alcohol Facts Week gives students from around the country a chance to ask the questions they most want answers to about drugs, alcohol and drug abuse, including drug and alcohol effects, how to help friend or family that are abusing drugs, and what causes addiction; and

WHEREAS, many teens are not aware of the risks to their health, to their success in school and the dangers while driving under the influence. When teens are given the scientific facts about drugs, they can be better prepared to make good decisions for themselves and they can share this information with others; and

WHEREAS, starting the conversation with your children and talk about clear expectations about drug and alcohol use including real consequences, peer pressure, setting boundaries, and being a good listener.

NOW, THEREFORE, BE IT RESOLVED, that the Ocean County Board of Health does hereby proclaim March 22 – March 28, 2021 to be **NATIONAL DRUG AND ALCOHOL FACTS WEEK** promoting the theme "Shatter the Myths" and urge all citizens to participate in the activities planned here forth.

Name	Bacchione	Blake	Crea	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes									
Abstain									
Nays							0.4		
Absent									

Secretary/Treasurer