

RESOLUTION 282(21)

October 13, 2021

WHEREAS, on Thursday, November 18, American Cancer Society's Great American Smokeout Event will take place; which is recognized and supported by the Ocean County Health Department; and

WHEREAS, this event is to encourage Americans to stop tobacco smoking. The Great American Smokeout challenges smokers to quit cigarettes for 24 hours with the hopes that this decision will continue forever; and

WHEREAS, tobacco use is the leading cause of preventable disease and death in the United States. Preventing the use of tobacco products in youth is a very important step to help keep kids healthy and to help stop the tobacco epidemic. And if they've already started using cigarettes, e-cigarettes, or other forms of tobacco, helping them quit is critical to protecting their health now and later in life; and

WHEREAS, new concerns are evident with the rise in teenage vaping and associated dangers inherent with nicotine. The long term effects of e-cigarette use are not yet known, the addictive effects of nicotine on young brains are, which is why the American Cancer Society, Ocean County Health Department and many health agencies across the state continue important educational campaigns to raise awareness about the dangers of e-cigarette use; and

WHEREAS, nearly 32.4 million Americans still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Smoking causes more than 480,000 deaths every year, or about 1 in 5 deaths. More than 16 million Americans live with a smoking-related disease; and

WHEREAS, addiction to nicotine in cigarettes is one of the strongest and most deadly addictions one can have. No matter your age or how long you've been smoking, quitting improves health both immediately and over the long term. Giving up smoking is a journey, and it can be hard, but you can increase your chances of success with a good plan and support. Getting help through counseling and medications doubles or even triples your chances of quitting successfully; and

WHEREAS, the longer a person avoids tobacco, the healthier they will get; therefore the Ocean County Health Department continues to offer educational programs to children to help avoid a future of smoking and works with others to help overcome their addiction.

NOW, THEREFORE, BE IT RESOLVED, by the Ocean County Board of Health that November 18, 2021 is hereby proclaimed as the day of the Great American Smokeout and will encourage our employees, their family members and our community to quit smoking to increase the benefits of their health and to also limit the exposure to second hand smoke to others.

Name	Bacchione	Blake	Crea	Hill	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓	✓	✓	✓	✓
Abstain									
Nays									
Absent									


Secretary/Treasurer