

RESOLUTION

53(22)

February 2, 2022

WHEREAS, National Drug and Alcohol Facts Week links students with scientists and other experts to counteract the myths about drugs and alcohol that teens get from the internet, social media, TV, movies, music, or from friends; and

WHEREAS, it was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction. The National Institute of Alcohol Abuse and Alcoholism (NIAAA) became a partner in 2016, and alcohol has been added as a topic area for the week. NIDA and NIAAA are part of the National Institutes of Health; and

WHEREAS, alcohol affects the brains of adolescents in profound and dangerous ways. During the teenage and early adult years, the brain is still developing, making it more vulnerable to alcohol than the adult brain; and

WHEREAS, research suggests that drinking during the teen years could interfere with normal brain development and change the brain in ways that have negative effects on information processing and learning, and increases the risk of developing serious problems with alcohol or drug addiction later in life; and

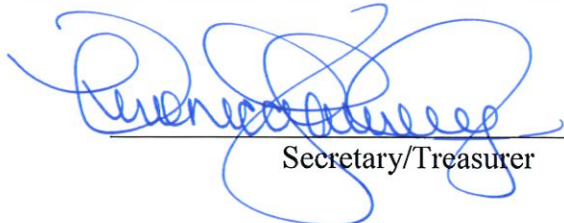
WHEREAS, many teens are not aware of the risks to their health, to their success in school and the dangers while driving under the influence. When teens are given the scientific facts about drugs, they can be better prepared to make good decisions for themselves and they can share this information with others; and

WHEREAS, National Drug and Alcohol Facts Week gives students from around the country a chance to ask the questions they most want answers to about drugs, alcohol and drug abuse, including drug and alcohol effects, how to help friends or family that are abusing drugs, and what causes addiction; and

WHEREAS, National Drug and Alcohol Facts Week also helps promote mindfulness and teaches teens how to practice health enhancing behaviors which can support better management of stress and reduce the chances of exploring substance use as an alternative.

NOW, THEREFORE, BE IT RESOLVED, that the Ocean County Board of Health does hereby proclaim March 21 – March 27, 2022 to be **NATIONAL DRUG AND ALCOHOL FACTS WEEK** promoting the theme “**Shatter the Myths**” and urge all citizens to participate in the activities planned here forth.

Name	Bacchione	Blake	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓		✓	✓	✓
Abstain									
Nays									
Absent						✓			



Secretary/Treasurer