

RESOLUTION 50(22)

February 2, 2022

WHEREAS, National School Breakfast Week (NSBW) is a weeklong program designed to raise awareness of the National School Breakfast Program (SBP) and the important role a healthy breakfast plays in a child's success in school communities across the country; and

WHEREAS, in these uncertain times, busy weekday mornings make it even more of a challenge for many families to find time for a healthy breakfast, so it is a great time to try school breakfast! Schools across the country will find ways to safely celebrate NSBW in 2022 with special menu items, events and fun activities designed for all students; and

WHEREAS, this year's theme, "Take Off with School Breakfast," reminds parents and stakeholders that a healthy school breakfast helps ensure students' academic success in school so they can "take off" and reach their goals; and

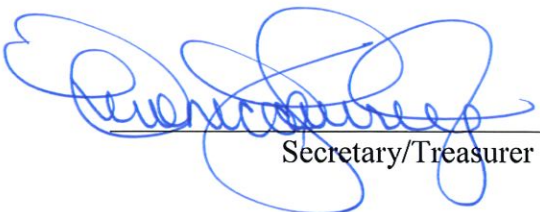
WHEREAS, studies show that students who eat school breakfast are more likely to reach higher levels of achievement in reading and math, score higher on standardized tests, have better concentration and memory, be more alert, and maintain a healthy weight; and

WHEREAS, eating school breakfast is also associated with lower rates of absenteeism and tardiness, fewer behavioral problems and reduced number of nurse's office visits; and

WHEREAS, a healthy breakfast at the start of the day is a great way to ensure students are nourished and ready to learn.

NOW, THEREFORE, BE IT RESOLVED that the Ocean County Board of Health, hereby proclaims the week of March 7-11, 2022 as **National School Breakfast Week** and encourages all residents to become aware and concerned about their children's and their own nutrition habits, in hope of achieving a more healthful citizenry for today and the future.

Name	Bacchione	Blake	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓		✓	✓	✓
Abstain									
Nays									
Absent						✓			


Secretary/Treasurer