March 2, 2022

WHEREAS, the week of April 4 – April 10, 2022, is National Public Health Week, with the goal of making the United States the Healthiest Nation in One Generation – by 2030; and

WHEREAS, since 1955, the American Public Health Association, through its sponsorship of National Public Health Week, has educated the public, policymakers and public health professionals about issues important to improving the public's health; and

WHEREAS, the 2022 National Public Health Week theme is, "Public Health is Where You Are;" and

WHEREAS, National Public Health Week continues to engage all communities and all sectors in a conversation about the role each of us can play to put good health within everyone's reach. Where we live, learn, work, worship and play impacts our health and our opportunity to ward off disease and injury. The common goal is to partner across public and private spheres to create healthier people, families, communities and, eventually, the healthiest nation. We can do it — if we work together; and

WHEREAS, mental health is a critical component of public health. It consists of emotional, psychological and social well-being and is important from childhood through adulthood. But many people live with mental illness – health conditions that change the way we think, feel or behave, which can affect our lives and our work; and

WHEREAS, each year, one in five Americans will experience mental illness. Fifty percent of mental illness starts by the age of 14, and 75% begins by the age of 24; and

WHEREAS, prevention, early detection and treatment of mental health conditions can lead to improved physical and community health; and

WHEREAS, strong public health systems are critical for sustaining and improving community health. Working together, we can build healthier communities and, eventually, the healthiest nation.

NOW, THEREFORE BE IT RESOLVED, that the Ocean County Board of Health proclaims the week of April 4 – April 10, 2022 as National Public Health Week in the County of Ocean and call upon the people of Ocean County to observe this week by helping our families, friends, neighbors, co-workers and leaders better understand the value of public health and adopt preventive lifestyle habits in light of this year's theme.

Name	Bacchione	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes					1			
Abstain								
Nays								
Absent								

Secretary/Treasurer