

**RESOLUTION      252(22)**

October 19, 2022

WHEREAS, on Thursday, November 17, American Cancer Society's Great American Smokeout Event will take place; which is recognized and supported by the Ocean County Health Department; and

WHEREAS, this event is to encourage Americans to stop tobacco smoking. The Great American Smokeout challenges smokers to quit cigarettes for 24 hours with the hopes that this decision will continue forever; and

WHEREAS, tobacco use is the leading cause of preventable disease and death in the United States. Preventing the use of tobacco products in youth is a very important step to help keep kids healthy and to help stop the tobacco epidemic. And if they've already started using cigarettes, e-cigarettes, or other forms of tobacco, helping them quit is critical to protecting their health now and later in life; and

WHEREAS, new concerns are evident with the rise in teenage vaping and associated dangers inherent with nicotine. The long term effects of e-cigarette use are not yet known, the addictive effects of nicotine on young brains are, which is why the American Cancer Society, Ocean County Health Department and many health agencies across the state continue important educational campaigns to raise awareness about the dangers of e-cigarette use; and

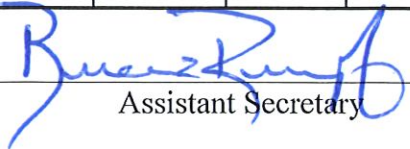
WHEREAS, nearly 34 million Americans still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Smoking causes more than 480,000 deaths every year, or about 1 in 5 deaths. More than 16 million Americans live with a smoking-related disease; and

WHEREAS, you don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout event on the third Thursday in November be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life and reducing your cancer risk; and

WHEREAS, the longer a person avoids tobacco, the healthier they will get; therefore the Ocean County Health Department continues to offer educational programs to children to help avoid a future of smoking and works with others to help overcome their addiction.

NOW, THEREFORE, BE IT RESOLVED, by the Ocean County Board of Health that November 17, 2022 is hereby proclaimed as the day of the Great American Smokeout and will encourage our employees, their family members and our community to quit smoking to increase the benefits of their health and to also limit the exposure to second hand smoke to others.

Name	Bacchione	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓		✓		✓	✓	✓	✓
Abstain								
Nays								
Absent		✓		✓				

  
Assistant Secretary