

RESOLUTION

64(23)

February 8, 2023

WHEREAS, National Drug and Alcohol Facts Week (NDAFW) 2023 is March 20–26. NDAFW is an annual week-long health observance that inspires dialogue about the science of drug use and addiction among youth. It provides an opportunity to bring together scientists, students, educators, healthcare providers, and community partners—to help advance the science, so that we can improve the prevention and awareness of substance misuse in our own communities and nationwide; and

WHEREAS, alcohol affects the brains of adolescents in profound and dangerous ways. During the teenage and early adult years, the brain is still developing, making it more vulnerable to alcohol than the adult brain; and

WHEREAS, research suggests that drinking during the teen years could interfere with normal brain development and change the brain in ways that have negative effects on information processing and learning, and increases the risk of developing serious problems with alcohol or drug addiction later in life; and


WHEREAS, many teens are not aware of the risks to their health, to their success in school and the dangers while driving under the influence. When teens are given the scientific facts about drugs, they can be better prepared to make good decisions for themselves and they can share this information with others; and

WHEREAS, National Drug and Alcohol Facts Week gives students from around the country a chance to ask the questions they most want answers to about drugs, alcohol and drug abuse, including drug and alcohol effects, how to help friends or family that are abusing drugs, and what causes addiction; and

WHEREAS, National Drug and Alcohol Facts Week also helps promote mindfulness and teaches teens how to practice health enhancing behaviors which can support better management of stress and reduce the chances of exploring substance use as an alternative.

NOW, THEREFORE, BE IT RESOLVED, that the Ocean County Board of Health, County of Ocean, State of New Jersey, does hereby proclaim March 20 – March 26, 2023 **National Drug and Alcohol Facts Week** and urge all citizens to participate in the activities planned here forth.

Name	Bacchione	Gupta	Hill	Kubiell	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓		✓		✓	✓	✓	✓	✓
Abstain									
Nays									
Absent		✓		✓					



 Secretary/Treasurer