

# RESOLUTION 108(23)

March 22, 2023

WHEREAS, the aim of National Stroke Awareness Month is to make Americans aware that they may be able to 'Save A Life' of a person experiencing a stroke; and

WHEREAS, the month is to raise awareness of strokes and their impact on sufferers and their friends and families as well as educating the general public on the signs and symptoms of strokes, what causes strokes, what happens during a stroke and what to do in the event of someone suffering a stroke; and

WHEREAS, a stroke is caused by blocked blood flow to the brain and can affect a person's speech, movement, memory, and more. It's important to know the signs of a stroke and get help quickly. Some of the warning signs include; weakness in the face, arm, or leg; difficulty speaking; vision loss; dizziness; brief loss of consciousness; and

WHEREAS, someone in the US has a stroke about once every 40 seconds; stroke kills almost 130,000 of the 800,000 Americans who die of cardiovascular disease each year – that's 1 out of every 19 deaths from all causes; and

WHEREAS, stroke-related costs in the United States came to nearly \$46 billion between 2014 and 2015. This total includes the cost of health care services, medicines to treat stroke, and missed days of work, but far more regrettable is the immeasurable suffering it brings to victims and their families; and

WHEREAS, certain factors can increase your chances of having a stroke, like smoking and drinking, high blood pressure, high cholesterol, diabetes, and bad eating habits. Up to 80% of strokes may be prevented by living a healthy lifestyle; and

WHEREAS, the National Stroke Awareness Month program places emphasis on making the public aware about **Acting FAST**. According to the National Stroke Association, a person experiencing a stroke can be treated and 80% of those strokes may also be prevented; and

WHEREAS, patients who arrive at the emergency room within 3 hours of their first symptoms often have less disability 3 months after a stroke than those who received delayed care; and

WHEREAS, the Ocean County Health Department has put the National Stroke Association Stroke Risk Screening Test and its Post-Stroke Test on its website for anyone to use to help them prevent stroke or help in the recovery process.

NOW, THEREFORE, BE IT RESOLVED, the Ocean County Board of Health, County of Ocean, State of New Jersey, proclaims May 2023 as National Stroke Month and encourages all to treat conditions and change lifestyle factors that may lead to stroke.

BE IT FURTHER RESOLVED that certified copies of this resolution shall be sent to the Ocean County Board of Commissioners.

Name	Bacchione	Gupta	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓				✓	✓
Abstain									
Nays									
Absent					✓	✓	✓		

  
Assistant Secretary