

RESOLUTION

82(23)

March 1, 2023

WHEREAS, the week of April 16-22, 2023 has been proclaimed National Volunteer Week in recognition of the efforts of volunteers in Ocean County and all across the county who give so much of their time and resources to many causes; and

WHEREAS, National Volunteer Week is an opportunity to recognize the impact of volunteer service and the power of volunteers to tackle society’s greatest challenges, to build stronger communities and be a force that transforms the world; and

WHEREAS, the theme for National Volunteer Week is Celebrate Service – an opportunity to shine a light on the people and causes that inspire us to serve. Volunteerism empowers individuals to find their purpose, to take their passion and turn it into meaningful change. When each of us, in our own way, answers the call to make a difference, we make progress in solving our most persistent problems, and create stronger communities and a more just society; and

WHEREAS, besides the benefits to society, scientific studies have shown that individuals who volunteer enjoy psychological and physical benefits, including increased satisfaction, improved sense of belonging, lower blood pressure, increased protection from Alzheimer's and decreased mortality; and

WHEREAS, volunteering is good for your health at any age, but it’s especially beneficial in older adults. Studies have found that those who volunteer have a lower mortality rate than those who do not, even when considering factors like the health of the participants; and

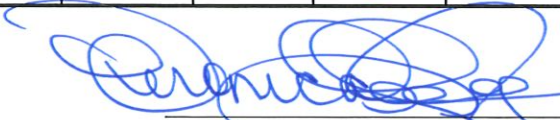
WHEREAS, approximately 63 million Americans — 25% of the adult population — volunteer their time, talents, and energy to making a difference; and

WHEREAS, the Ocean County Board of Health recognizes the support given by all volunteers to the needs of the communities of Ocean County such as the Ocean County Medical Reserve Corps (MRC), Community Emergency Response Team (CERT), Municipal Alliances, Volunteer Auxiliary for Animal Shelters, Inc, and the Friends of the Southern Ocean County Animal Shelter.

NOW THEREFORE, BE IT RESOLVED, by the Ocean County Board of Health that it hereby proclaims the week of April 16-22, 2023 as National Volunteer Week and recognizes all of the volunteers of Ocean County for their outstanding service to the communities of Ocean County.

BE IT FURTHER RESOLVED that a certified copy of this Resolution be forwarded to the Ocean County Board of Commissioners, the Volunteer Auxiliary for Animal Shelters, Inc., the Friends of the Southern Ocean County Animal Shelter, and the Ocean County MRC Coordinator.

Name	Bacchione	Gupta	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓	✓		✓	✓	✓
Abstain									
Nays									
Absent						✓			



Secretary/Treasurer