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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **New Jersey**  **COVID-19**  **General Resources** | COVID-19 Information Hub | Information/FAQ on COVID-19 | <http://covid19.nj.gov> |
| General COVID-19 Questions and immediate assistance | 24/7 call center | Call 2-1-1 |
| Medical COVID-19 Questions  HOTLINE | 24/7 medical related questions | Call 1-800-962-1253 |
| COVID-19 Information via text  message | Information, resources, career opportunities | Text your zip code to 898-211 |
| COVID-19 Information for Communities & the General Public | Information, Resources, Fact Sheets in Multiple Languages | <https://www.nj.gov/health/cd/topics/covid2019_community.shtml>  <https://www.njha.com/coronavirus/hospital-visitation-codes> |
| COVID-19 Information for Schools & Businesses | Information for Business, Farm Operators, Workplace Safety in Multiple Languages | <https://www.nj.gov/health/cd/topics/covid2019_schools.shtml> |
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| NJ211 | 24/7 Information & Resources in the community where you live | Dial 2-1-1 or visit 211.org |
| Affordable New Jersey Communities for Homeowners and Renters | This program provides property tax relief to New Jersey residents who owned or rented their principal residence (main home) on October 1, 2019, and met the income limits | [2019 ANCHOR Application and Instructions for Tenants, Form ANCHOR-T (nj.gov)](https://www.nj.gov/treasury/taxation/pdf/anchor/anchor-t.pdf)  1-877-658-2972 (M-F 8:30a- 5:30p)  \*Deadline to file: 2/28/2023, Update of application: Option #2 |

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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **New Jersey Employee Rights** | COVID-19 Worker Benefits & Protections  Dept. of Labor & Workforce Dev | Dept. of Labor Guidance: What Workers Should Know  Know Your Rights | <https://www.nj.gov/labor/worker-protections/earnedsick/covid.shtml> |

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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **New Jersey**  **Undocumented Individuals** | COVID-19 Resources for Undocumented Individuals/Uninsured | Information on Access to Testing/Resources | <https://www.nj.gov/health/cd/documents/topics/NCOV/COVID-19_Resources_forUndocumented_and_UninsuredFactsheet.pdf> |
| Covid-19 Resources for Undocumented Individuals | Vaccination Information/ Resource Directory | <https://www.nj211.org>  <https://theoceancountylibrary.org> |
| COVID-19 Worker Benefits & Protections | Dept. of Labor Guidance: What Workers Should Know | <https://www.nj.gov/labor/worker-protections/earnedsick/covid.shtml> |

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|  | **RESOURCE** | **Description** | **Telephone** | **Website/Link to Information** |
| **New Jersey Income**  **Assistance** | COVID-19 Economic Relief | Federal Economic Assistance to workers, families, and small businesses | -- | <https://home.treasury.gov/policy-issues/cares> |
| US Department of the Treasury | Federal immediate economic relief plan | -- | <https://home.treasury.gov> |
| Unemployment Insurance & additional resources | Unemployment resources | 732-286-5639 | <https://www.myunemployment.nj.gov> |
| NJ Department of Labor & Workforce Development | Unemployment benefits | 609-292-0620 | <https://www.myunemployment.nj.gov> |
| NJ Helps | This site will help determine eligibility for food assistance, cash assistance, or health coverage | Call Ocean County Board of Social Services:  732-349-1500 | <https://www.njhelps.gov> |
| Temporary Assistance (TANF) | Local resources- Short term housing support & childcare for eligible families | Ocean County Board of Social Services: 732-349-1500 | <https://www.co.ocean.nj.us> |
| General Assistance (GA) | Short term cash assistance & help individuals with housing | Ocean County Board of Social Services:  732-349-1500 | [NJ SNAP | Application Process](https://www.nj.gov/humanservices/njsnap/apply/app/) |

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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **New Jersey**  **Jobs/Employment Resources** | State of NJ COVID-19 Jobs & Hiring Portal | Learn who is hiring across NJ | <https://jobs.covid19.nj.gov> |
| NJ Career Connections | In-person Career Services support | <https://nj.gov/labor/career-services/> |
| NJ Employment | One Stop Career Centers Occupation Explorer | [The Official Web Site for The State of New Jersey | Find a Job in NJ](https://www.nj.gov/nj/employ/seekers/) |

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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **New Jersey**  **Affordable Health Care Coverage** | NJ Family Care | NJ FamilyCare is a federal, and state funded health insurance program created to help NJ residents of any age access to affordable health insurance for those individuals who do not have employer insurance | [www.njfamilycare.org](http://www.njfamilycare.org)  **Call 1-800-701-0710 TTY: 711** **Hours of Operation: Monday and Thursday 8:00 A.M. - 8:00 P.M. Tuesday, Wednesday, Friday 8:00 A.M. - 5:00 P.M.** |
| NJ Health Insurance Marketplace | Apply for health coverage & information about additional financial assistance to lower premium | <https://www.nj.gov/getcoverednj/> |
| Prescription Drug Assistance and  Pharmaceutical Assistance to the Aged & Disabled | NJ Drug Card: help residents nationwide with prescription drug coverage including large deductibles, large co-pays, and formulary limitations, dosing limitations, gaps, and/or cash out of pocket expenses  Pharmaceutical Assistance to the Aged & Disabled | <https://newjerseydrugcard.com>  <https://www.state.nj.us/humanservices/doas/services/paad/> |
| PACE Program (Program of All-Inclusive Care for the Elderly)  Department of Human Services | Programs of All-Inclusive Care for the Elderly (PACE) is a Medicare and [Medicaid](https://www.medicare.gov/your-medicare-costs/get-help-paying-costs/pace) program that helps people meet their health care needs and additional community resources | 1-800-792-8820  <https://www.state.nj.us/humanservices/doas/services/pace/>  <https://www.state.nj.us/humanservices>  Beacon of LIFE Ocean: 732-716-4600  [Beacon of LIFE – A Program of All-Inclusive Care for the Elderly (beaconpace.com)](https://beaconpace.com/) |
| Catastrophic Illness in Children Relief Fund | Financial assistance program for New Jersey families with potentially catastrophic medical expenses due to child’s illness or condition | 1-800-335-FUND (3863)  609-292-0600  <https://www.nj.gov/humanservices/cicrf/home/> |

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|  | **RESOURCE** | **Description** | **Website/Link to Information** |
| **Food Assistance-Statewide** | NJ Snap | New Jersey’s Supplemental Nutrition Assistance Program (NJ SNAP) provides food assistance to families with low incomes to help them buy groceries through a benefits card: online application- MyNJHelps | Apply online:  English: <https://youtu.be/yESHwU4WUME>  Spanish: <https://youtu.be/-YrPPkkNm1M> or call the Ocean County Board of Social Services 732-349-1500 |
| NJ Food Pantries | Find local pantries, soup kitchens, food banks and other food help. | To locate food pantries, soup kitchens, and shelters near you go to:  [New Jersey Food Pantries | Food Banks, Food Pantries, Food Assistance in New Jersey](https://www.foodpantries.org/st/new_jersey) |

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|  | **RESOURCE** | **Description** | **Telephone/Contact** |
| **Housing Assistance-**  **Statewide** |  |  |  |
| Mortgage & Housing Assistance | Residential Mortgage and housing resources | 1-800-NJ-HOUSE (housing counselor)  [New Jersey Housing and Mortgage Finance Agency (nj.gov)](https://www.nj.gov/dca/hmfa/) |
| NJ Housing Resource Center | Assistance with affordable housing/ housing locator | 1-877-428-8844 |
| NJ State Rental Assistance | Rental assistance to low income families, elderly and individuals with disabilities when funds are available (housing choice voucher program) | 732-255-0818 |
| Volunteer Lawyers for Justice | Assist to improve the lives of economically disadvantaged & at-risk adults, children & families in New Jersey by empowering with tools & pro bono representation to obtain fair and equal treatment within the legal system | 973-645-1955  973-943-4754 (Tenancy program and help with eviction)  <https://www.vljnj.org/get-help> |
| Salvation Army | State headquarters office- emergency shelter | 908-851-9300  (Local- Ocean County) 732-270-8393 |
| Village Resources | Programs and services to provide opportunities and foster hope, stability, self-sufficiency, and well-being via email and phone | 609-599-2700 |
| Community Hope | Nonprofit organization serving homeless Veterans and families in New Jersey to bring home and housing for people in recovery | 973-463-9600  <https://www.communityhope-nj.org> |
| NJ DCF- Family Referral Central Hotline | Provide referrals & basic information in areas such as discrimination, housing, displaced homemakers, divorce, violence, & other areas of concern 24/7 for children and family | 1-800-322-8092  [DCF (nj.gov)](https://www.nj.gov/dcf/) |
| NJ AIDS/HIV/STD Hotline | Assisting individuals with HIV and experience homelessness or at-risk of becoming homeless in NJ- speak with an Emergency Housing Coordinator | 1-800-624-2377 or  Send a text message 24/7 to 973-339-0712 |
| Emergency Rescue Mortgage Assistance (ERMA) | Assistance with financial hardship and an increase in housing related expenses associated with the coronavirus pandemic that created a risk of mortgage delinquency, mortgage default, foreclosure or property tax lien, the Homeowner Assistance Fund may be able to help. | <https://nj.gov/dca/hmfa/erma/hub/index.shtml>  [New Jersey Housing and Mortgage Finance Agency | Emergency Rescue Mortgage Assistance (ERMA) (nj.gov)](https://nj.gov/dca/hmfa/erma/hub/index.shtml) |

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|  | **RESOURCE** | **Description** | **Telephone** |
| **Energy and Utility Assistance** | Low Income Home Energy Assistance Program (LIHEAP) | Federal | 1-866-674-6327 (NEAR) |
| Universal Service Fund | State | 1-866-240-1347 |
| Catholic Charities- Lakewood | Utility, rent, and financial assistance to Ocean County residents | 732-363-5322 |
| Home Energy Assistance | Local LIHEAP & USF- O.C.E.A.N., INC. Housing Weatherization Assistance Program | 732-244-5333/732-244-8176  <https://oceaninc.org> |

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|  | **RESOURCE** | **Description** | **Telephone** |
| **Suicide Prevention 24 Hour Hotline** | National Suicide Prevention and Crisis Lifeline | 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals  **988** the nationwide 3-digit dialing code for mental health crisis and suicide prevention | 1-800-273-TALK (8255)  1-855-654-6735 (NJ Hope Line)  <https://suicidepreventionlifeline.org/>  On 7/16/2022 the nationwide 3-digit code to dial: **988** |
| Trevor Project LGBTQ Youth | Trained counselors support 24/7 for a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk | Call 1-866-488-7386 Lifeline, or text:  "S T A R T" to 678678 |
| Veteran Crisis Line | 24/7 Free & confidential resource available to any Veteran  Free, 24/7, confidential support | Call 1-800-273-8255 & Press 1  or text 838255  (988 then press option #1)  <https://www.veteranscrisisline.net/get-help-now/call> |

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|  | **RESOURCE** | **Location** | **Telephone** |
| **Psychiatric Emergency & Intervention**  **24-hour hotlines** | PESS- Crisis Intervention | Psychiatric Emergency Service System, Monmouth Medical Center- Southern Campus | 1-866-904-4474 or 732-886-4474 |
| NJ Mental Health and Addition Services | 24/7 hotline for assistance and referral to treatment with a drug and alcohol concern | 1-844-276-2777 Hotline  <https://www.nj.gov/humanservices/dmhas/home/hotlines/> |
| NJ Connect | Help with recovery including for family/friend living with substance use disorder | 1-855-652-3737  [NJConnectForRecovery – NJ Connect For Recovery](https://www.njconnectforrecovery.org/) |
| CONTACT of Ocean & Monmouth Counties | Volunteer 24/7 Crisis Hotline and after hours | 732-240-6100 or 609-693-5834  <https://contactoceanmonmouth.org> |
| PATH (Projects for Assistance in Transition from Homelessness) OMH | Mental health services, housing, community resources for homeless: 160 Atlantic City Blvd, Bayville, NJ 08721 | 732-349-1977 Ext 640 |
| National Runaway Safe Line | 24/7 crisis care hotline to help keep runaway, homeless and at risk youth safe | 1-800-RUNAWAY (786-2929) |
| NJ Child Abuse/Neglect Hotline | 24/7 trained professionals to reports of child abuse/neglect and calls can be placed anonymously. \*If a child is in immediate danger, call 911 | 1-877-NJ ABUSE (652-2873). |
| 2nd Floor Youth Helpline | Statewide, confidential prevention helpline, targeted to assist youth ages 10-24 years of age to navigate any topic, crisis/suicide helpline, provide referrals, and listening services | Call/text: 1-888-222-2228  [www.2ndfloor.org](http://www.2ndfloor.org) |
| Mom2Mom Helpline Program | Provides peer support with a wide range of information about support, resources and services for families including clinical services | 1-877-914-MOM2 (6662)  [www.mom2mom.us.com](http://www.mom2mom.us.com) |
| NJ SUICIDE PREVENTION HOPE LINE | Access to emotional support, education, information & referrals daily, from 8am - 8pm | 1-855-654-6735 or text NJ to 741741  [info@crisistextline.org](mailto:info@crisistextline.org) |
| NJ AIDS/STD Hotline  Local- Ocean County Health Department | Referrals to testing, prevention and treatment | 1-800-624-2377  <https://www.ochd.org/infectious-disease-services/#clinic>  732-341-9700 Ext 7515 |
| ReachNJ | 24/7 live services from trained experts to immediate assist people with substance use disorder | 1-844-REACHNJ (1-844-732-2465) |

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|  | **RESOURCE** | **Location** | **Telephone** |
| **Drop-In Centers,**  **Family Resources, Counseling/Addiction, &**  **Case Management** | Lakewood Board of Social Services | 225 Fourth Street, Lakewood NJ 08701 | 732-349-1500 or 732-370-8854 |
| Family Promise of the Jersey Shore | Prevention, emergency shelter, graduate support services & community initiatives | 609-994-3317  [Family Promise of Southern Ocean County | Housing Help in New Jersey (familypromisesoc.org)](https://www.familypromisesoc.org/) |
| Ocean ResourceNet  Ocean Partnership for Children Inc. | Provide a wide range of information about support, resources, and services for families in Ocean County | 732-202-1585  [www.oceanresourcenet.org](http://www.oceanresourcenet.org) |
| ARC of Ocean County | Support individuals with intellectual and developmental disabilities:  815 Cedar Bridge Ave., Lakewood, NJ 08701 | Email: [info@arcocean.org](mailto:info@arcocean.org)  <https://www.arcocean.org> |
| Active Care Services Inc. | DDD approved agency assist with disability services and support:  300 Bellanca Rd, Brick Township, NJ 08723 | 732-925-9198  <https://www.activecareservices.org> |
| Quantum- Behavioral Health Services | Comprehensive treatment provider for people with substance use disorders, providing partial care, intensive outpatient, and outpatient/PHP support  144 Mill St, South Toms River, 08757 | 609-993-0733  Email: [info@qtreatment.com](mailto:info@qtreatment.com)  [About | Quantum Behavioral Health Services (qtreatment.com)](https://qtreatment.com/about/) |
| POAC Autism Services | Provides free workshops, trainings, outreach, education, support, & services throughout the entire state as well as multiple free recreational events for people in the autism community: 1989 Route 88 East, Brick NJ | 732-785-1099  <https://www.POAC.net> |
| Autism Resources Center | Ocean County Library- resources for caregivers of individuals with autism 101 Washington Street, Toms River, NJ 08753 | 732-349-6200  <https://theoceancountylibrary.org/autism> |
| Comfort Zone Camp | A national 501(c) 3 nonprofit organization that provides a safe and fun place for kids grieving the death of a parent, guardian, or sibling. All programs offered at no cost.  It is a lot like regular camp—fishing, swimming, arts & crafts, gaga ball, bonfires, s’mores and more! A unique part of Comfort Zone they also help kids with their grief. **Monday Night Virtual Support Group** | 804-377-3430  [www.comfortzonecamp.org](http://www.comfortzonecamp.org) |
| Harbor House Transitional Living Program | Housing, job training, mental health, case management: 808 Conifer Street, Toms River, NJ 08753- shelter: 2445 Windsor Avenue, Toms River, 08753 | 732-281-0822/ 732-929-0660  <https://www.oceansharborhouse.org> |
| Northern Ocean Habitat for Humanity Restore | Offer gently used furniture, appliances, and construction supplies and sells items to individuals for a fraction of retail cost, all money generated from ReStore sales goes into Habitat’s mission of building and repairing homes in the local area: 1214 Route 37 East, Toms River, NJ 08753 | 732-818-9500  <https://northernoceanhabitat.org> |
| NJ Re-Entry Corporation | Case management for residents with a jail/prison background (current/history) to develop job skills, find employment, and obtain ID: 310 Main Street, Suite 3B, Toms River, NJ 08753 | 848-238-7000  [Toms River :: NJRC (njreentry.org)](https://www.njreentry.org/locations/toms-river) |
| PFLAG Jersey Shore | Non-profit organization that aims to provide support for LGBTQ+ individuals, families and allies, provide education about the unique issues and challenges LGBTQ+ community face for Monmouth/Ocean County | 908-814-2155  <https://pflagjerseyshore.org> |
| Thriveworks | On-line Counseling, Life Coaching and Mental health Support- to help individuals, couples, and families live a better with collaborative and comprehensive mental health care  Toms River, NJ | 732-852-4977/ 1-855-204-2767  <https://thriveworks.com> |
| Chariot Riders | Assist individuals with physical, cognitive and/or emotional challenges to reach their fullest potential through equine assisted therapies and activities: 3170 Chariot Court, Manchester, NJ | 732-657-2710  <https://chariotriders.org> |
| Iron Recovery and Wellness Center Inc | Provide valuable substance use, disorder and behavioral health treatment services | 732-920-2700/609-394-8988  [www.ironwellness.org](http://www.ironwellness.org) |
| Ocean County Veterans Service Bureau | Provide numerous services to veterans, widows and their family of veterans, and transportation to V.A. medical centers | 732-929-2096  [Veterans Service Bureau | Ocean County Government](https://www.co.ocean.nj.us/oc/veterans/frmHome.aspx) |
| Ocean County Family Support Organization, Inc.  (FSO) | Community-based organization to provide peer-to-peer support, education, and advocacy to parents and caregivers of children with mental health and behavioral challenges, developmental disabilities, child welfare, substance use, and juvenile justice system involvement: 36 Washington Street, Suite 201, Toms River, NJ 08753 | 732-569-6334 (M-F 9a-5p)  [www.oceanfso.org](http://www.oceanfso.org) |
| Barnabas Health Behavioral Health Center | Inpatient and outpatient mental health services:  1691 Route 9, Toms River, NJ 08753 | 732-914-1688  [RWJBarnabas Health Behavioral Health Center | Toms River Location (rwjbh.org)](https://www.rwjbh.org/our-locations/behavioral-health-center/rwjbarnabas-health-behavioral-health-center/)  M-F 8am- 5pm |
| Iron Recovery and Wellness Center formerly known as:  Seashore Family Services of NJ | Continuum of mental health services:  226 Main Street, Toms River, NJ 08721 | 732-244-1600 (TR) |
| Central Jersey Family Health Consortium  (CJFHC) | Promoting an equitable and healthy future for families through services, advocacy, education and collaboration  1659 Route 88, Suite 2A  Brick, NJ 08724 | 732-937-5437  <https://cjfhc.org> |
| HOPE Sheds Light | Non-profit organization- provides education & navigation to sober living, IOPS, detox, and treatment and support families:  253 Chestnut Street, Toms River, NJ 08753 | 732-244-0783/ CHAT: 855-850-HOPE  [Home - HOPE Sheds Light](https://hopeshedslight.org/)  M-F 9am- 5pm |
| A Moment To Smile | Help children who have lost a parent to the disease of addiction  Point Pleasant, NJ 08742 | 908-217-7315  <https://amomenttosmile.org> |
| St. Francis Community Center | Community Counseling Services:  St. Francis Counseling Service provides individuals, couples and families with affordable, professional psychotherapy services addressing a wide range of issues.  Services are available to all regardless of race, sex, age, disability, income or religious affiliations. Master-level therapists provide all professional counseling services including grief group support. All services are offered in English and Spanish:  4700 Long Beach Blvd, Long Beach Township, NJ 08008 | 609-494-1554/ Main: 609-494-8861  <https://www.stfranciscenterlbi.org/counseling-service>  Monday and Friday 9am- 5pm  Tuesday and Thursday 9am- 9pm  **Sexual Abuse & Assault Program**  **(609) 494-1090-** **24/7 Sexual Violence Hotline** For victims of sexual abuse and their family members who are residents of Ocean County:  Ongoing Therapy, Community Education Programs, 24-Hour Crisis Hotline.  There is no fee for this program. |
| Mental Health Association (MHANJ)- Ocean County | **Provide direct services to support and educate individuals with mental health, mental illness and/or substance use and co-occurring disorders (Pathways to Success) and their family members:** 25 South Shore Drive, Toms River, NJ 08753 | 732-914-1546 or  732-244-0940 (Toms River)  609-205-1600 (Manahawkin)  Mental Health Cares Helpline: 866-202-HELP (4357)  <https://www.mhanj.org>  Text “RECOVERY” to 51684  7 days a week 8am-8pm |
| St Francis Counseling Center | Counseling services, victims of crime, sexual assault, grief:  4700 Long Beach Blvd, Long Beach Township, NJ 08008 | 609-494-4554  609-494-1090 Hotline |
| Preferred Behavioral Health | Continuum of mental health services:  Provide individuals the recovery support they need to manage their symptoms and improve their overall quality of life, including medication assisted treatment and peer recovery support services  700 Airport Road, Lakewood,  848 west Bay Avenue, Barnegat,  1191 Lakewood Road, Toms River, | 732-367-4700 Ext 7190 (Lakewood)  732-367-4700 Ext 8100 (Barnegat)  732-367-4700 Ext 6128 (Toms River) |
| Crosswinds Peer Respite Program | Inpatient mental health respite services, short term safe and supportive environment experiencing MH crisis:  2224 Whitesville Road, Toms River, 08753 | 848-221-3022  [Residential for Adults from Legacy Treatment Services of New Jersey](https://www.legacytreatment.org/services/residential-housing/) |
| Ocean Partnership for Children  (CMO) | Care management services to youth,  To enhance the well-being of youth and their families through natural and community supports-  5-21 years of age, access services through PerformCare: 36 Washington Street, Toms River, NJ 08753 | 732-202-1585  [Ocean Partnership For Children – Changing Tides in the Lives of Families Since 2005](https://www.oceanpartnership.org/) |
| Children’s Specialized Hospital | Youth mental health services: 94 Stevens Road, Toms River, NJ 08755  Offers outpatient care for children facing special health challenges: 368 Lakehurst Road, Toms River, NJ | 1-888-244-5373  732-281-3900  [Children's Specialized Hospital | New Brunswick, NJ (rwjbh.org)](https://www.rwjbh.org/childrens-specialized-hospital/) |
| St. Francis Community Center- Senior Services | Senior Services- 60 years+ and no fee  4700 Long Beach Blvd, Long Beach Township, NJ 08008 | 609-494-8861 (LBI)  732-244-9600 (Bayville)  <https://www.stfranciscenterlbi.org> |
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| Office of Senior Services | Advancing the well-being of Ocean County’s older adults including prescription and drug assistance | 732-929-2091  <https://www.co.ocean.nj.us/OC/SeniorServices/frmHomeSS.aspx> |

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|  | **RESOURCE** | **Description** | **Telephone** |
| **Mobile Outreach** | Fulfill of NJ | Fulfill Mobile Outreach-Apply for SNAP, tax preparation, health care enrollment, food, & other wrap-around services on site | Call 732-918-2600 or visit <https://fulfillnj.org> for van schedule |
| NJ Children’s System of  Care  PerformCare- Mobile Response | 24/7 full-service for behavioral health, intellectual/development disability, or certain substance use treatment services/publically-funded services for NJ | 1-877-652-7624 or visit <https://www.performcarenj.org> |
| ModivCare (LogistiCare) Reservations | Medical transportation for residents with Medicaid/Private Insurance | 1-866-527-9933  <https://www.logisticare.com>  <https://modivcare.com> |
| NJ Transit- Ride to Recovery | Provide a free ride to/from vaccination sites via bus, train, and light rail routes | 1-973-275-5555 <https://www.njtransit.com> |
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| Ocean Ride Reserve-A-ride | Transportation for seniors and disabled adults (18 y/o or above)  Free transportation to vaccination sites | 732-736-8989  [Transportation Home | Ocean County Government](https://co.ocean.nj.us/oc/transportation/) |
| Ocean County Health Department | Provide homebound Flu/COVID vaccine | 732-341-9700  Ext 7604 |
|  | Ryde4life- Senior Isolation Transportation Program | Qualified Ocean County Seniors to attend social functions and shop public places to help support social communities and emotional wellness | 732-244-5333 Ext 1116  1-800-677-1116  M-F: 9a-8p |

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|  | **RESOURCE** | **Description** | **Telephone** |
| **Emergency Shelter & Homelessness Call 2-1-1** |  |  |  |
| Ocean County Board of Social Services | Assistance with housing/homelessness, food, Medicaid programs, case management, cash assistance for individuals and their families  1027 Hooper Avenue, Toms River, NJ 08754 | 732-349-1500  [www.co.ocean.nj.us/socialservices](http://www.co.ocean.nj.us/socialservices) |
| Family Promise of the Jersey Shore | Partnering with communities to guide homeless children/families | 1-609-994-3317  [Family Promise of Southern Ocean County | Housing Help in New Jersey (familypromisesoc.org)](https://www.familypromisesoc.org/) |
| Interfaith Family Services | Faith community come together to help families regain their housing and independence 407 Lexington Avenue, Toms River, 08753 | 732-736-1550  M-F 9am- 4pm |
| Bright Harbor Healthcare | Assistance with counseling and mental health services, integrated healthcare programs  Locations: Bayville, Manahawkin, Toms River | 732-349-5550  [www.oceanmhs.org](http://www.oceanmhs.org)  [Bright Harbor Healthcare | Counseling and Mental Health Services](https://brightharbor.org/) |
| NJ Department of Community Affairs Homeless Prevention | Affordable housing and assistance programs  1510 Hooper Avenue, Toms River, 08753 | 732-255-0818 |
| Samaritan House- All Saints Episcopal Church- Lakewood | Transitional housing and comprehensive support, counsel, resources, referrals, advocacy, food, targeted financial assistance, homeless support, and short term sober-living environment to overcome a current life crisis  213 Madison Ave, Lakewood, NJ 08701 | 732-367-0933  [Samaritan House Lakewood (allsaintslakewood.org)](http://allsaintslakewood.org/columns/samaritan_house.html) |
| Northern Ocean Habitat for Humanity | Offer home repair services and serving families in need to help build affordable and sustainable homes  1214 Route 37 East, Toms River, NJ 08753 | 732-818-9500  <http://nohfh.com> |
| Oxford House- Forked River | 24/7 Transitional Housing for recovery and treatment support available for men | 609-622-2731  [www.njoxfordhouse.org](http://www.njoxfordhouse.org) |
| Heritage at Whiting- Manchester | Affordable rental housing for low-to moderate income adults 55 and over | 844-260-7164 |
| Ocean’s Harbor House Youth Shelter | 24/7 Emergency assistance for youth shelter and assess youth/family crisis needs and referrals | 732-929-0660  [www.oceansharborhouse.org](http://www.oceansharborhouse.org) |
| Just Believe Inc | Code Blue Emergency shelter November-March, motel funding and provide homeless assistance  734 Route 37 West Suite 5, Toms River, NJ 08755 | 732-279-6157  [Contact Us | Just Believe Inc](https://justbelieveinc.org/contact-us/) |
| National Runaway Safe Line | 24/7 crisis care hotline to help keep runaway, homeless, and at-risk-youth safe | 1-800-RUNAWAY (786-2929) |
| Ocean County Homelessness Prevention and Assistance Coalition Hotline | Provide access to community resources to resolve immediate housing crisis and facilitate transition from homelessness to stability in permanent housing as rapidly as possible | 732-736-1550  [www.oceanhpac.org](http://www.oceanhpac.org) |
| Dottie’s House | Provides comprehensive services to victims of domestic abuse and their children | 732-262-2009 |
| Jersey Battered Women Service | 24 Hour Helpline and Referral service | 1-877-782-2873  Deaf/Hard of Hearing Text 973-314-4192 |
| The National Domestic Violence Hotline | Confidential assistance for victims/survivors and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals available in English and Spanish. | 1-800-799-SAFE (7233)  1-800-246-8910 or 732-244-8259  Chat Live or Text “START” to 88788  <https://www.thehotline.org/>  <https://www.catholiccharitiestrenton.org/domestic-violence-services/> |
| Toms River Housing & Homeless Coalition | Help individuals with unmet needs and homeless or at risk of becoming homeless in Toms River and Ocean County | 848-223-7284  [Homeless Housing in Toms River I TR Housing & Homeless Coalition (trhomelesscoalition.org)](https://trhomelesscoalition.org/)  Monday and Thursday 8am- 6pm |
| Catholic Charities Diocese of Trenton | Provides information and services to victims of domestic abuse and their children. | 1-800-360-7711  <https://www.catholiccharitiestrenton.org/domestic-violence-services/> |
| Village Resources- Ocean County Coordinated Assessment Agency | Provides linkages to housing resources and community resources for stable & affordable housing: 253 Chestnut Street, Toms River, NJ | 732-341-2272 |

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|  | **RESOURCE** | **Description** | **Telephone** |
| **Emergency Food/Pantry** | St Vincent De Paul Societies of Ocean County | Assist with motel funding, food, toiletries, and other essential items to County Residents within parish zip code (Free) | Barnegat 609-698-7477 (M-F 9a-10:45a)  Brick 732-458-7450 (M-F 9a-12n)  Lakewood 732-363-0139 (option #9)  Lakehurst 732-657-6359  Toms River 732-929-1119 |
| The Ocean County Health Department | Promote and support healthy lifestyles and ensure a clean and safe environment, while providing high-quality public health services | 732-341-9700 (M-F 8am- 4:30pm)  Toll Free: 1-800-342-9738 |
| American Red Cross- NJ Coast | Serves population, guided by their needs to give priority to the most urgent and distress from disasters while providing protection of life and health | 732-493-9100  <https://www.redcross.org> |
| Soup Kitchen 411 | Connecting those in need to soup kitchens and other collective spaces to enjoy a hot meal- Ocean County  Brick- Osbornville Baptist Church | 732-477-0324 (Brick)  Soup Kitchen Tu 11a-12n Food Pantry Th 10a- 11a  <https://soupkitchen411.com/> |
| Vetwork | Deliver food/paper items, emotional support, transportation, housing, transitioning and on-going assistance to veterans and their families | 609-971-7613  <http://vetwork.org>  Hours: Mon- Th 8:30am- 4:30pm |
| Visitation Relief Center-  Seeds of Service | Provide assistance with food, clothing, household goods, job training, utility assistance and home repair:  725 Mantoloking Road, Brick, NJ 08723 | 732-746-3456  [Seeds of Service](https://www.seedsofservice.help/)  Hours: -MWF- 9a- 5p & Tu, Th- 9a-7p  (closed 12n-1p daily for lunch) |
| Calvary Chapel Living Water | 1777 Hooper Avenue, Toms River, NJ 08753 | 732-899-7307 |
| House of Hope- The Hope Center | Provide assistance with free food, clothing, transportation, rental/utility assistance and emergency shelter:  253 Chestnut Street, Toms River, NJ 08753 | 732-341-4447  M, W, Th., 9am- 3pm |
| Just Believe Inc | Code Blue Emergency shelter/warming center provide immediate needs such as food/hot meals, clothes, toiletries, and bedding/linen for individuals in need | 732-279-6157  <https://justbelieveinc.org/> |
| Ocean Christian Community Church | Assist with food, clothing, and occasional motel funding when funding available: 405 Washington Street, Toms River, NJ 08753 | 732-240-5998 |
| Jackson Women of Today Food Pantry | The Jackson Food Pantry distributes free food from The Emergency Food Assistance Program (TEFAP) and privately donated food/clothing to relieve food insecurity and emergency distress situations:  10 Don Connor Blvd, Jackson, NJ 08527 | Call Joy at 732-833-6800  Open Saturdays 10 am- 12noon  <http://jacksonwomen.tripod.com> |
| DeBows UMC Food Pantry- Jackson | Assist with free food for Jackson residents by appointment only on every 2nd and 4th Monday of each month 6p-8p:  509 Monmouth Rd, Jackson, NJ 08527 | 848-373-8844/  732-928-4475  <http://debowsumc.org/> |
| Fulfill- People’s Pantry and the JBJ Soul Kitchen (B.E.A.T. Center) | Assist with access to food, education, and other resources to help end the cause of hunger and poverty: 1769 Hooper Ave, Toms River NJ 08753 | 732-731-1400 Ext 1410  732-918-2600  <https://fulfillnj.org> |
| Lacey Food Bank | Emergency and scheduled assistance with food for Lacey residents: 102 Station Dr., Forked River, NJ 08731 | 609-242-2848  Hours: Mon-Sat 10a- 12n |
| Saint Joseph Roman Catholic Church Food Pantry- Toms River | Drive-up food pantry  M-F 10am- 2pm, no appointment required.  685 Hooper Avenue, Toms River, NJ 08753 | 732-349-0018 Ext 2227 |
| All Saints Community Center- Lakewood | Non-profit food pantry (Samaritan House) every Tuesday and Community Lunch every Sunday: 213 Madison Avenue, Lakewood, NJ 08701 | 732-367-0933  [www.allsaintslakewood.org/samaritan\_house.html](http://www.allsaintslakewood.org/samaritan_house.html) |
| Calvary Lighthouse- House of Blessing- Food Pantry | Provide food and clothing for residents in Ocean and Monmouth County: 1133 E. County Line Road, Lakewood, NJ 08701 | 732-942-1541  Hours: Tues 10am- 2pm |
| Salvation Army | Assistance with food insecurity, housing and holiday drive for Ocean County families and focus to meet the physical, mental, and spiritual needs of each person. 1738 Route 37 E., Toms River, NJ 08753 | 732-270-8393  <https://easternusa.salvationarmy.org/new-jersey/ocean-county>  M-F 9a- 3p |
| St Mary’s- Barnegat | Assistance with free food | 609-698-7477/ 609-698-0814 |
| St Barnabas- Bayville | Assistance with free food | 732-269-2208 Ext 107/134 |
| St Dominic’s Food Pantry- Brick | Assistance with free food | 732-458-7450 |
| St Thomas Food Bank | Assistance with free food | 732-477-5533 (Mon and Th., 10am- 12:30pm) |
| St Aloysius- Jackson | Provide assistance with free food and financial assistance when funds are available | 732-370-0098 |
| St Pius X Catholic Church- Forked River | Motel funding and financial support: 300 Lacey Road, Forked River, NJ 08731 | 609-693-6105  Hours: Mon- 9-3, Wed & Fri 9a- 12 noon |
| St Gregory’s Pantry- Point Pleasant | Provide assistance with free food and financial assistance, if funds available  804 Bay Ave, Point Pleasant Beach, NJ 08742 | 732-892-8105  <https://stgregoryspantry.org> |
| St Catherine of Siena Church/  St Francis | Assistance with free food:  139 Sherman Avenue, Seaside Heights, NJ 08751 | 732-793-0041  Wed 10a- 12 noon |
| Main Street Alliance Church | Family support: 1000 North Main Street, Manahawkin, NJ 08085 | 609-597-7177  <https://www.msachurch.com> |
| St Stephen’s Episcopal Church- Waretown | Assistance with free food and Thrift Shop  367 Route 9, Waretown, NJ 08748 | 609-698-8561  Hours: M, T,W 9am- 11:15am |
| St Teresa’s Food Pantry | Assistance with free food  450 Radio Road, Little Egg Harbor, NJ 08087 | 609-296-1345  Hours: M, W, F 2pm- 4pm |
| Greater Tuckerton Food Pantry | Assistance with free food  148 N. Green Street, Rt 539, Tuckerton, NJ 08087 | 609-294-4777  Hours: Mon & Sat., 10a-12n, Thurs., 10a-1p |
| St Elizabeth Ann Seton- Whiting | Assistance with free food  30 Schoolhouse Rd, Manchester, NJ 08759 | 732-350-5001  Email: [parishoffice@easeton.org](mailto:parishoffice@easeton.org)  Hours: Tues., 9:30am- 11:30 am |
| Simon’s Soup Kitchen | Provides free meals for families in need of assistance. Our Lady of Perpetual Help Parish Center  100 Grant Avenue, Seaside Heights, NJ | 732-270-5941  Tues and Fri 5p- 6p |
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|  | The Ocean County One Stop Career Center | Offer services, direction and provide guidance for jobseekers, training and education assistance  1027 Hooper Avenue, Bldg. #2, Toms River, NJ 08754 | 732-286-5616 |
| Ocean County PIC, Inc | Ocean County PIC, Inc. One Stop Career Center is a partnership of organizations that work collaboratively to provide services to job seekers & employer customers, and the goal is to connect skilled and well-educated employees with businesses in our community via virtual career services. | 732-240-5995  <https://www.oceancountypic.org/> |
| The County Connection | Inform the public about programs and services available through various departments of County Government  Ocean County Mall, 1201 Hooper Avenue, Toms River. NJ 08753 | 732-288-7777  M-Th, 10am- 8pm, Fri/Sat 10a-9p, Sun 11a-5p  [www.oceancountyclerk.com](http://www.oceancountyclerk.com) |
| Community Affairs and Resource Center Resource Center | Help connect individuals and family members to benefits and services  215 Madison Avenue, Lakewood, NJ 08701 | 732-961-3760  [About Us – CARC (carcnj.org)](https://carcnj.org/about-us/) |
| The Southern Ocean County Resource Center | Help connect individuals and family members to benefit and services  179 South Main Street, Manahawkin, NJ 08050 | 609-597-1500 |
| Crestwood Assistance Referral and Employment Services (Somebody C.A.R.E.S.) | 48 Schoolhouse Road, Crestwood Village, Whiting, Manchester, NJ | 732-350-1400 |
| The Ocean County Animal Facility | (Southern)360 Haywood Road, Manahawkin, NJ 08050  (Northern) 615 Freemont Ave, Jackson, NJ 08527 | (Southern) 609-978-0127  [SOCAF@OCHD.ORG](mailto:SOCAF@OCHD.ORG)  (Northern) 732-657-8086  [NOCAF@OCHD.ORG](mailto:NOCAF@OCHD.ORG)  [Animal Shelters and Adoptions – Ocean County Health Department (ochd.org)](https://www.ochd.org/animal-shelters-adoptions/) |
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| Visitation Roman Catholic Church | Assistance with food, motel funding and financial assistance when funding available: 730 Lynnwood Avenue, Brick, NJ | 732-477-0028 |
|  | St. Francis Community Center-  Food Pantry | Food pantry offer variety of food options including special needs: dairy-free milk alternatives, gluten-free and vegan options, personal hygiene products, diapers/pull ups sanitizer and cleaning supplies available.  4700 Long Beach Blvd., Long Beach Township, NJ 08008 | 609-494-8861 Ext 171 or 172  <https://www.stfranciscenterlbi.org/food-pantry>  Mon- Thurs 10am- 2pm |
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