**Important Flu Facts**

All people 6 months of age and older should get vaccinated against seasonal flu every year.

Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.

Vaccination is especially important for pregnant women and people with chronic diseases.

The flu vaccine protects against several different flu viruses (strains). Flu vaccines are updated every year to better match the viruses circulating in the public.

Getting the flu vaccine cannot give you the flu! The vaccine is made with inactive (killed) virus strains which are not infectious.

For additional information please visit our website at [www.ochd.org](http://www.ochd.org) or download a vaccine information statement at CDC.Gov/Vaccines/hep/vis

(732) 341-9700 or (800) 342-9738 Ext. 7411

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**Download our Ocean County Health Department App**

**Stay informed with important notices about Ocean County and our upcoming Flu and COVID-19 vaccination clinics!**

Scan this QR code on your phone to download the app now!

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**Protect yourself from Respiratory illness.**

- **Cover your mouth and nose** with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- **Consider wearing a facial covering** when necessary.
- **Wash your hands** often with soap and water or use an alcohol-based hand rub.
- **Avoid close contact** with people who are sick.
- **Stay home when you are sick.**
- **Avoid touching** your eyes, nose, or mouth.

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**Homebound Flu & COVID vaccine program is available for residents who are restricted to their home.**

Call to schedule: 732-341-9700 Ext 7304

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Stay informed with important notices about Ocean County and our upcoming Flu and COVID-19 vaccination clinics!
10/23 Saturday 10:00 AM – 1:00 PM Ocean County YMCA 1088 W. Whity Road, Toms River
10/23 Wednesday 10:00 AM – 2:00 PM Jackson Library 2 Jackson Dr. Jackson
10/23 Thursday 10:00 AM – 2:00 PM Brick Senior Center 373 Adamston Road, Brick
10/23 Friday 10:00 AM – 2:00 PM Waretown Community Center 239 11th St, Waretown
10/23 Sunday 10:00 AM – 2:00 PM Toms River Senior Center 652 Garfield Ave, Toms River
10/23 Tuesday 10:00 AM – 2:00 PM Lacey Community Center 101 North Main St, Lacey
10/23 Wednesday 10:00 AM – 2:00 PM Toms River Senior Center 652 Garfield Ave, Toms River
10/23 Thursday 10:00 AM – 2:00 PM Seaside Heights Community Center 1000 Bay Boulevard, Seaside Heights
10/23 Friday 10:00 AM – 2:00 PM Manchester Twp. EMS Annex 82 Lacey Road, Whiting
10/23 Saturday 10:00 AM – 1:00 PM Silver Ridge Park East Clubhouse 979 Edgebrook Park North, Toms River
10/23 Tuesday 10:00 AM – 2:00 PM Little Egg Harbor Library 290 Mathistown Road, Little Egg Harbor
10/23 Thursday 10:00AM – 2:00PM Island Heights Municipal Building 1 Wanamaker, Island Heights
10/23 Thursday 1:00PM- 3:00PM Plumsted Library 119 New Egypt Allentown Rd, New Egypt
11/1 Saturday 3:00 PM – 7:00 PM Ocean County Fire and EMS Academy 200 Volunteer Way, Waretown
11/2/23 Thursday 10:00 AM - 1:00 PM Holiday City South Club House 139 Santiago Drive, Toms River
11/3/23 Friday 10:00 AM - 2:00 PM Manchester Twp. EMS Annex 82 Lacey Road, Whiting
11/8/23 Wednesday 3:00PM- 6:00PM Lakewood Fire Headquarters 733 Cedar Bridge Ave, Lakewood
11/9/23 Thursday 10:00 AM - 2:00 PM Lacey Community Center 101 North Main Street, Lacey
11/14/23 Tuesday 10:00 AM - 2:00 PM Brick Library 301 Chambers Bridge Road, Brick
11/15/23 Wednesday 10:00AM – 2:00 PM Cassville Fire Department 785 Miller Road, Jackson
11/15/23 Wednesday 4:00 PM- 7:00 PM Ocean County Health Department (North) 1771 River Avenue, Lakewood
11/16/23 Thursday 10:00 AM – 2:00 PM Brick Senior Center 373 Adamston Road, Brick
11/17/23 Friday 10:00 AM – 1:00PM St. Mary’s by the Sea Episcopal Church 804 Bay Avenue, Point Pleasant Beach
11/18/23 Saturday 10:00 AM – 1:00 PM South Toms River Recreation Center 1 Drake Lane, South Toms River
11/21/23 Tuesday 10:00 AM - 2:00 PM Toms River Library 191 Washington St, Toms River
11/28/23 Tuesday 1:00 PM - 3:00 PM Plumsted Library 119 New Egypt Allentown Rd, New Egypt
11/29/23 Wednesday 10:00 AM – 2:00 PM Stafford Library 129 N. Main St., Manahawkin
12/1/23 Friday 10:00AM – 2:00PM Manchester Library 21 S. Colonial Drive, Manchester
12/5/23 Tuesday 3:00 PM - 7:00 PM Ocean County Fire and EMS Academy 200 Volunteer Way, Waretown
12/6/23 Wednesday 3:00 PM – 6:00 PM Thornton Community Center 319 W. Calabrese Way, Little Egg Harbor
12/7/23 Thursday 11:00 AM - 1:00 PM County Connection (O.C. Mall) 1201 Hooper Ave, Toms River
12/7/23 Thursday 4:00 PM – 7:00 PM St. Mary’s by the Sea Episcopal Church 804 Bay Avenue, Point Pleasant Beach
12/8/23 Friday 10:00 AM – 2:00 PM Bayville Fire Company 645 Atlantic City Blvd, Bayville
12/12/23 Tuesday 10:00 AM – 1:00 PM Brick Library 301 Chambers Bridge Road, Brick
12/14/23 Thursday 10:00 AM – 1:00 PM Stafford Library 129 N. Main St., Manahawkin

Appointments Preferred for all vaccine locations.

Walk-ins welcome and scheduled based on availability of the clinic.

COVID-19 Vaccines offered at all Flu Clinics for 5 years and older.

More information and appointments please visit.

www.ochd.org

Flu, COVID and Pneumonia vaccinations available at
175 Sunset Ave, Toms River
Every Monday
11am – 6pm
October 2nd, 2023- December 18, 2023

No clinic services on
October 9th

Flu and Covid vaccines will be provided with NO out-of-pocket costs, with insurance documentation.

Individuals who do not have insurance can still receive a vaccine through our uninsured-underinsured cost program.