

# RESOLUTION

291(23)

October 18, 2023

WHEREAS, on Thursday, November 16, 2023, American Cancer Society's Great American Smokeout Event will take place; which is recognized and supported by the Ocean County Health Department; and

WHEREAS, this event is to encourage Americans to stop tobacco smoking. The Great American Smokeout challenges smokers to quit cigarettes for 24 hours with the hopes that this decision will continue forever; and

WHEREAS, tobacco use is the leading cause of preventable disease and death in the United States. Preventing the use of tobacco products in youth is a very important step to help keep kids healthy and to help stop the tobacco epidemic. And if they've already started using cigarettes, e-cigarettes, or other forms of tobacco, helping them quit is critical to protecting their health now and later in life; and

WHEREAS, on-going concerns are evident with the rise in teenage vaping and associated dangers inherent with nicotine. The long term effects of e-cigarette use are still not yet known, the addictive effects of nicotine on young brains are, which is why the American Cancer Society, Ocean County Health Department and many health agencies across the state continue important educational campaigns to raise awareness about the dangers of e-cigarette use; and

WHEREAS, nearly 34 million Americans still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Smoking causes more than 480,000 deaths every year, or about 1 in 5 deaths. More than 16 million Americans live with a smoking-related disease; and

WHEREAS, it's never too late to quit using tobacco. The sooner you quit, the more you can reduce your chances of getting cancer and other diseases; and

WHEREAS, the longer a person avoids tobacco, the healthier they will get; therefore the Ocean County Health Department continues to offer educational programs to children to help avoid a future of smoking and works with others to help overcome their addiction.

NOW, THEREFORE, BE IT RESOLVED, by the Ocean County Board of Health, County of Ocean, State of New Jersey that November 16, 2023 is hereby proclaimed as the day of the Great American Smokeout and will encourage our employees, their family members and our community to quit smoking to increase the benefits of their health and to also limit the exposure to second hand smoke to others.

Name	Bacchione	Gupta	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓	✓					✓
Abstain									
Nays									
Absent					✓	✓	✓	✓	

  
Assistant Secretary