

Adolescent Resource Guide

Ocean County Health Department
Health Education Division

UPDATED 2024



**Ocean County
Health Department**



Public Health
Prevent. Promote. Protect.

TABLE OF CONTENTS

Adoption and Foster Care Resources.....	Page 4	Food Request Resources.....	Page 21
Alcohol Resources.....	Page 5	Gambling Addiction Resources.....	Page 21
Anger Management Resources.....	Page 7	Gay, Lesbian and Transgender	
Anxiety Resources.....	Page 7	Resources.....	Page 22
Assault Resources.....	Page 8	General Health Resources.....	Page 22
Bereavement Resources.....	Page 8	HIV Resources.....	Page 23
Birth Control Resources.....	Page 9	Housing Resources.....	Page 23
Bullying Resources.....	Page 9	Legal Resources.....	Page 23
Career Resources.....	Page 9-10	Mental and Psychiatric Resources...	Page 24
Child Abuse Resources.....	Page 10	Municipal Alliances of Ocean	
Child Care Resources.....	Page 11	County.....	Page 24-5
Child Health Resources.....	Page 11-12	Parenting Resources.....	Page 25
Chronic Illness Support Resources.....	Page 12	Paternity Resources.....	Page 25
Crisis Intervention Resources.....	Page 13	Phobia Resources.....	Page 25-26
Depression Resources.....	Page 14	Police Departments.....	Page 26-27
Divorce Resources.....	Page 14	Pregnancy Testing and Pre-natal	
Domestic Violence Resources.....	Page 15	Care Resources.....	Page 27
Driving Under the Influence		Rape and Sexual Assault	
Resources.....	Page 15	Resources.....	Page 28
Drug Abuse Resources.....	Page 16-17	Runaway Resources.....	Page 28
Drug Testing Resources.....	Page 17	Sexually Transmitted Disease	
Eating Disorder Resources.....	Page 18	Resources.....	Page 28
Education Resources.....	Page 18-19	Smoking Resources.....	Page 29
Emergency Care Resources.....	Page 19	Stress Resources.....	Page 29
Employment Resources.....	Page 20	Suicide Prevention Resources.....	Page 29
Family and Individual Therapy		Violence Prevention Resources.....	Page 30
Resources.....	Page 20	Volunteer Opportunities.....	Page 30
Financial Assistance Resources.....	Page 20		

FORWARD

The *Adolescent Resource Guide* was originally compiled for a program called *The Game of Life* where students experienced real-life situations while role-playing. We expanded the guide and began identifying multiple diverse resources influencing the health of adolescents throughout Ocean County; inviting many different agencies that provide interventions for youth to be reflected.

The first time this resource guide was printed was in 1996. Now, nearly 30 years later, we see more and more agencies involved with greater access to real-time information on their own websites. Websites are included in the *Adolescent Resource Guide* herein where available. This 2024 update offers a comprehensive list of agencies that respond to the issues listed and will be available and updated on the Ocean County Health Department's website.

If you have any additions, corrections, or suggestions, please feel free to contact the Health Education Division at 732-341-9700, ext. 7234 or by email at healthed@ochd.org. Thank you for your interest.

A handwritten signature in black ink, appearing to read 'Patricia High', is written over a horizontal line.

Patricia High, MHS, CIC, MCHES, Lic. HO
Assistant Public Health Coordinator

ADOPTION AND FOSTER CARE RESOURCES

Adoption ARC

800-884-4004

www.adoptionarc.com

Referrals and help with adoption

Adoption, NJ

609-888-7460 or 7474

www.nj.gov/njfofosteradopt/adoption

Catholic Charities

609-394-3202

www.catholiccharitiestrenton.org

Referrals and help with adoption

Children's Home Society

609-695-6274

www.chsofnj.org

Help with adoptions and foster care

Department of Children and Families

866-544-9197 (Toll Free)

732-255-0700 (Toms River)

732-908-5900 (Bayville)

877 NJ ABUSE (877-652-2873)

(Child abuse/Child Neglect Hotline)

800 THE KIDS (800-843-5437)

(Family Hotline)

www.nj.gov/dcf/

DCF helps families and individuals develop a case plan to meet their specific needs including adoption services.

New Jersey Adoption Resource Clearing House

877-427-2465

www.njarch.org

Provides support to all members of the adoption constellation (The adoption constellation includes anyone whose life is touched by adoption, including those who receive and /or deliver services.) Our goal is to direct people to appropriate adoption services in New Jersey.

Ocean Mental Health Services

732-575-1111 or 877-621-0445

www.oceanmhs.org

"Connections" program serving Ocean County matching youngsters with trained foster families

Preferred Behavioral Health Group

732-367-4700

www.preferredbehavioral.org

Deliver quality and compassionate behavioral health services to individuals and families

Safe Haven Infant Protection Hotline

877-839-2339

www.njsafehaven.org

Referrals



ALCOHOL RESOURCES

Addiction Hotline of New Jersey

866-395-8903

<http://www.state.nj.us/nj/community/counseling/>

Medicaid or no insurance

AGAPE Counseling Services

609-242-0086

Outpatient Treatment Program

Al-Anon Family Group Headquarters

888-4AL-ANON or 757-563-1600

www.al-anon.alateen.org

Information and educational materials

Alcoholics Anonymous (AA), Cape Atlantic Intergroup

609-641-8855

www.caigrp.org

Listing of support groups for 12-step program

Behavioral Healthcare of Catholic Charities

609-394-3202

www.catholiccharitiestrenton.org

Counseling available

Bergen Pines

800-730-2762

<http://www.newbridgehealth.org/>

Detoxification, inpatient and outpatient services

Carrier Clinic

800-933-3579

www.carrierclinic.org

Free Weekend Co-dependency program and Bright Futures for Kids (for children ages 4-12) for families that are affected by alcohol problems

CONTACT of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24 hour crisis hotline

Federal Substance Abuse Federation

877-SAMHSA-7 or 877-726-4727

<https://www.samhsa.gov/>

Resource for information about substance abuse prevention and addiction treatment

Healy Counseling Associates

732-797-0400

Outpatient treatment

Liberty Management Group

Arms Acres, Conifer Park, Princeton House

201-236-8880

www.libertymgt.com

In-patient & Outpatient Services-Adolescent, Adult, Women's Program, Detoxification, Dual Focus, Rehab

Lighthouse at Mays Landing

800-981-3217

www.Lhrecovery.com

Detoxification, inpatient and outpatient services

Maryville Alcohol and Drug Treatment Center

Williamstown: 856-629-0244

Gloucester: 856-863-3913

Cumberland: 856-690-1000

www.maryvillenj.org

Outpatient services and detoxification

New Hope Foundation

732-946-3030

www.newhopefoundation.org

Inpatient & outpatient care, detoxification, and counseling

New Jersey Al-Anon/AlaTeen

888-944-5678

www.nj-al-anon.org

Information, educational materials and meetings

Ocean County Health Department
Department of Substance Abuse, Addiction, and
Opioid Dependency
732-341-9700 Extension 7535
*Assists Ocean County residents and families
dealing with substance use disorders.*

Ocean's Harbor House
732-929-0096
www.oceansharborhouse.org
Counseling and referrals, prevention programs

Ocean Mental Health
732-575-1111 or 877-621-0445
www.oceanmhs.org
*"Turnaround" program offers substance abuse
services for ages 12 to 25*

Preferred Behavioral Health
732-367-4700
www.preferredbehavioral.org
*Riptide IOP Program which is intensive
outpatient program for substance abuse for ages
13-18*

Princeton House Behavioral Health
1-800-242-2550
www.princetonhcs.org
Inpatient Adolescent Substance Abuse Program

Seabrook House
~~888-206-3208~~
www.seabrookhouse.org
*Detoxification, inpatient and outpatient treatment,
relapse prevention*

RWJBarnabas Health Behavioral Health Center
732-914-1688
www.barnabashealth.org
Inpatient and Outpatient services

Seashore Family Services
732-920-2700
www.seashorefamilyservices.org
Treatment, Driving Under the Influence Program

St. Francis Counseling Center
609-494-8861 or 609-494-1554
www.stfranciscenterlbi.com
*Parents in Sobriety Group, Parents in Recovery
Group for Southern Ocean County residents*

Summit Oaks Hospital
908-522-7000
www.summitoakshospital.com
Provider of Psychiatric and Substance Use Service

Turning Point, Inc.
973-380-0905
www.turningpointnj.org
Inpatient services, detoxification

White Deer Run
800-255-2335
www.whitedeerrun.com
Residential facility



ANGER MANAGEMENT RESOURCES

Catholic Charities

609-394-3202

www.catholiccharitiestrenton.org

Individual and group therapy

Department of Children and Families

732-255-0700 (Toms River)

855-Info-DCF

www.nj.gov/dcf/

Counseling available

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Group and individual programs

Ocean Mental Health Services

Access Center: 732-575-1111 or 877-621-0445

www.oceanmhs.org

Turnaround program addresses teen and parent issues including anger control

Preferred Behavioral Health

732-367-4700

www.preferredbehavioral.org

Individual, family and group therapy

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.com

Anger Management program for teens and parents in recovery in Brant Beach and Lakewood

ANXIETY RESOURCES

Carrier Clinic

800-933-3579

www.carrierclinic.org

Specialized inpatient adolescent services for those suffering from anxiety.

CONTACT of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

24 hour crisis hotline

Ocean Mental Health

Access Center: 732-575-1111 or 877-621-0445

www.oceanmhs.org

Treatment and therapy

Preferred Behavioral Health of NJ

732-367-4700

www.preferredbehavioral.com

Counseling available

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.barnabashealth.org

Counseling for anxiety

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Individual therapy for residents of Southern Ocean County



ASSAULT RESOURCES

Child Abuse Hotline

877-NJ-ABUSE (2873)

<http://www.nj.gov/dcf/reporting/hotline/>

Reports of child abuse and neglect, including those occurring in institutional settings such as child care centers, schools, foster homes and residential treatment centers, must be reported to the State Central Registry (SCR)

CONTACT's First Call for Help

732-240-6100/609-693-5834

www.contactocean.org

Information and referrals

Department of Children and Families

732-255-0700 (Toms River)

855-Info-DCF

www.nj.gov/dcf/

Follows up on reports of child abuse

New Jersey Child Abuse Reporting

1877-NJ-ABUSE

Documents child abuse incidents

Ocean County Prosecutor's Office

732-929-2027

www.oceancountyprosecutor.org

Helps and Investigates

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Immediate intervention

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfrancislbj.org

Help and referrals for sexual assault victims and families in Ocean County

BEREAVEMENT RESOURCES

American Cancer Society

800-227-2345

www.cancer.org

Support groups for those who have lost a loved one from cancer

Catholic Charities

609-394-3202 or 800-360-7711

www.catholiccharitiestrenton.org

Counseling available

St. Francis Center

609-494-8861 or 609-494-1554

www.stfrancislbj.org

Individual and group counseling in the Southern Ocean County area



BIRTH CONTROL RESOURCES

Atlantic City Medical Center Family Planning Services

888-569-1000 or 609-597-6094

www.atlanticcare.org

Birth control methods, options education and information

Planned Parenthood

800-230-PLAN (7526)

www.plannedparenthood.org

Birth control methods and options, education and information, low cost reproductive healthcare

Family Planning Center of Ocean County, Inc

732-364-9696 Lakewood, 609-597-6094

Manahawkin

www.fpcoc.net

Birth control, methods, options, information, and education

The Open Door Pregnancy Center

732-240-5504

www.theopendoor.com

Information and options

BULLYING RESOURCES

2NDFLOOR

888-222-2228

www.2ndfloor.org

Youth Helpline

Preferred Behavioral

732-458-1700

www.preferredbehavioral.org

Offers information

NJ Bullying

908-522-2581

www.njbullying.org

Provides information and resources

The Trevor Project

866-488-7386

www.thetrevorproject.org

Confidential hotline 24/7

Ocean County Library

732-349-6200

www.theoceancountylibrary.org/teens

Teen events under the Teen Zone

CAREER OPPORTUNITY RESOURCES

NJ Department of Labor Division of Vocational Rehabilitation Services

866-871-7267 or 609-659-9045

www.lwd.dol.state.nj.us/labor

Offers persons with disabilities employment opportunities

Ocean County ONE STOP CAREER Center

732-286-5616 (Toms River)

<https://www.careeronestop.org/>

Career advice, info, resume help, job training

Ocean County Vocational-Technical Schools

732-244-1122

www.ocvts.org

Offer many different career- oriented training programs

Ocean County Library

732-349-6200

www.theoceancountylibrary.org

Technology training, internet access, small business information

US ARMY

732-270-1482

www.goarmy.com

Offers military career options

CHILD ABUSE RESOURCES

Catholic Charities

609-394-3202 or 800-360-7711

www.catholiccharitiestrenton.org

Family Growth Program serves physically and sexually abused children and juvenile and adolescent perpetrators of child sexual abuse

Children's Home Society

609-695-6274

www.chsofnj.org

Educate child care providers on child abuse issues

CONTACT of Ocean and Monmouth Counties

24 hours crisis hotline

732-240-6100/609-693-5834

www.contactocean.org

24 hour crisis hotline

Division of Children and Family Services (DCF)

732-255-0700 (Toms River)

855-Info-DCF

www.nj.gov/dcf/

Reporting child abuse, investigations, counseling, child protection

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Immediate intervention

Right to Life

732-562-0562

www.njrfl.org

Referrals

Safe Haven for Infants Hotline

877-839-2339

www.njsafehaven.org

Referrals

St. Francis Counseling Center

609-494-1554

www.stfranciscenterlbi.org

Counseling for children in Southern Ocean County



CHILD CARE RESOURCES

Child Care Help Line of New Jersey

800-332-9227

www.state.nj.us/humanservices

Child care resources in your area

Children's Home Society

609-695-6274

www.chsofnj.org

*Child care vouchers, resources and referrals,
registered day care referrals*

Division of Children and Family Services (DCF)

732-255-0700 (Toms River)

855-Info-DCF

www.nj.gov/dcf/divisions/dyfs

Information and referrals

Ocean Inc., Head Start

732-244-5333

www.oceaninc.org

*Programs in Toms River, Lakewood, Barnegat,
Berkeley, Brick, Lakewood, Manchester,
Tuckerton Preschool for low-income families*

Preferred Children's Services

Grads Child Care Parenting Program

~~732-367-4700 x7550~~

www.preferredbehavioral.org

*Child care for infants on the grounds of Lakewood
high school, parenting skills, well baby care*

CHILD HEALTH RESOURCES

American Cancer Society

~~800-227-2345~~

www.cancer.org

*Information and referrals for children living with
cancer*

Big Brothers Big Sisters of Ocean County

732-544-2224

www.bbbsoc.org

*Big Brothers Big Sisters is the oldest and
largest youth mentoring organization in the
United States. Research and anecdotal
evidence show specifically that BBBS one-to-
one mentoring helps at-risk youth overcome
the many challenges they face.*

Center for Health Education, Medicine, and Dentistry

732-364-6666 or 732-523-7957

www.chemedhealth.org

*Federally Qualified Health Center offering full
range of health and dental services*

Central Jersey Family Health Consortium

732-937-5437

www.cjfhc.org

Referrals, educational materials

Children's Home Society

609-695-6274

www.chsofnj.org

*Health consultations to the child care providers,
"special needs" network*

Long Beach Island Health Department

609-492-1212

www.lbihealth.com

*Immunizations, information and referrals, WIC
and well-child visits*

NJ Family Care

800-701-0710

www.njfamilycare.org

*Well child and doctor's visits, dental and vision
care, prescriptions, hearing services, lab work, x-
rays. Income guidelines must be met.*

Ocean County Family Support Organizations, Inc

732-569-6334

www.oceanfso.org

Resources and services for children with special needs

Ocean County Health Department Early Intervention Program

732-341-9700

www.ochd.org

Offers a variety of services to families with children from birth to age 3 with a developmental disability, Special Child Health Services and Women, Infants and Children program (WIC)

Ocean Health Initiatives

732-363-6655 (Lakewood)

www.ohinj.org

Federally Qualified Health Center offering full range of health and dental services

Ocean Medical Center

732-475-7000

www.oceanmedicalcenter.com

Family Health Center

Southern Ocean Medical Center

800-560-9990

www.southernoceanmedicalcenter.com/

Health Services for children, referrals

CHRONIC ILLNESS SUPPORT RESOURCES

American Cancer Society

800-ACS-2345

www.cancer.org

Support groups

Center for Health Education, Medicine, and Dentistry (CHEMED)

732-364-6666 or 732-523-7957

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Ocean County Health Department:

www.ochd.org

- **Diabetes Prevention Program**
732-341-9700
Self Management, Education, and Support
- **Live Healthy Ocean County!**
732-341-9700
Residents receive screening services, vaccinations, and medication management and education
- **Special Child Health Unit**
732-341-9700 or 800 342-9738
Coordinates resources and services for children with special needs up to age 21



CRISIS INTERVENTION RESOURCES

Carrier Clinic

800-933-3579

www.carrierclinic.org

Specialized inpatient crisis stabilization services for adolescents

Children's Mobile Response and Stabilization System

1-877-652-7624

<http://www.performcarenj.org/families/emergency-services.aspx>

Provides time limited, crisis intervention and stabilization services to children and youth with emotional or behavioral disturbances that threaten to disrupt their current living arrangements.

Contact of Ocean County

732-240-6100 or 609-693-5834

<http://www.contactoceanmonmouth.org/>

24 hour crisis hotline

National Hope Line Hotline

800-442-4673

<https://poconoinfo.communityos.org/zf/profile/program/id/48131>

Referrals and interventions

National Runaway Switchboard

800-RUNAWAY (786-2929)

www.1800runaway.org

Provides counseling and alternatives to running from home

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Immediate intervention

Offers shelter for youth who have run away, been abused or asked to leave their homes

Ocean Mental Health Services

732-575-1111 or 877-621-0445

www.oceanmhs.org

Ocean CREST program, an Early Intervention Support Services program which is an alternative to the Psychiatric Emergency Screening Services, for those who will not be requiring hospitalization and after provides needed crises intervention services and connects with ongoing community based support services

Parents Anonymous

1-800-843-5437 texting now available.

www.pa-of-nj.org

Referrals

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Provides intervention and shelter for domestic violence victims

Psychiatric Emergency Screening Services (PESS)

732-886-4474

www.kmc.org

Screening assessments, crisis intervention to victims and people experiencing traumatic events

Safe Haven Infant Protection Hotline

877-839-2339

www.njsafehaven.org

Provides counseling, information and referrals

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.barnabashealth.org

Provides crisis intervention services

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Emergency numbers for sexual assault

DEPRESSION RESOURCES

2NDFLOOR

Call or text 888-222-2228

www.2ndfloor.org

Youth Helpline

Carrier Foundation

800-933-3579

www.carrierclinic.org

Specialized inpatient treatment and therapy for adolescents suffering from depression.

Contact of Ocean and Monmouth Counties

732-240-6100 or 609-693-5834

<http://www.contactoceanmonmouth.org/>

24 hour Crisis Hotline

Ocean Mental Health

732-575-1111 or 877-621-0445

www.oceanmhs.org

Counseling available

Preferred Behavioral Health of NJ

732-458-1700

www.preferredbehavioral.org

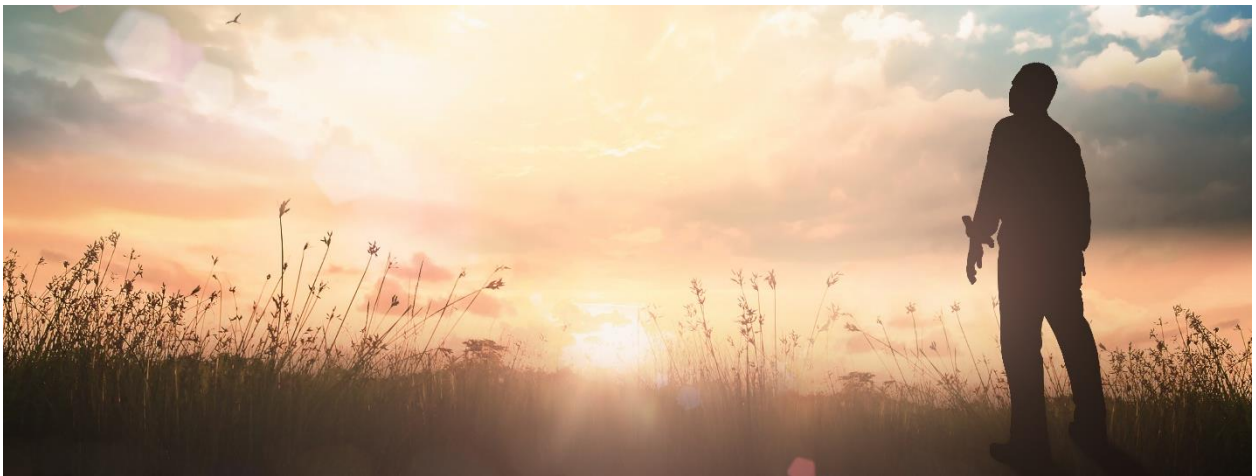
Counseling available

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.barnabashealth.org

Inpatient and outpatient services



DIVORCE RESOURCES

Ocean Mental Health

732-575-1111 or 877-621-0445

www.oceanmhs.org

Counseling available

Preferred Children's Services

732-675-5050

www.preferredbehavioral.org

Counseling available

St. Francis Counseling Center

609-494-8861

www.stfranciscenterlbi.org

Counseling available for residents of Southern Ocean County

DOMESTIC VIOLENCE RESOURCES

See Police listings for reporting, restraining orders, referrals and intervention

Adult Protective Services

~~732-349-1500~~

211 (AFTER HOURS)

<http://www.state.nj.us/humanservices/doas/services/aps/>

Support and assistance to adults in need of protective services

Catholic Charities

PALS (Peace-A Learned Solution)

800-246-8910 or 732-244-8259

www.catholiccharitiestrenton.org

Programs to help children ages 3-12 that have been exposed to domestic abuse heal through various forms of creative arts.

CONTACT of Ocean and Monmouth Counties

732-240-6100 or 609-693-5834

<http://www.contactoceanmonmouth.org/>

24 hour crisis hotline

Domestic Violence Complaints Hotline

732-929-2019

National Teen Dating Abuse Helpline

866-331-9474 or 866-331-8453(TTY)

www.loveisrespect.org

24/7 Support and Assistance

Counseling and shelter for victims and children

Extended counseling for southern residents after stay at Providence House

Providence House

800-246-8910 or 732-244-8259

www.catholiccharitiestrenton.org

St. Francis Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Counseling available for residents of Southern Ocean County

DRIVING UNDER THE INFLUENCE RESOURCES

Healy Counseling Associates

732-797-0400

<https://www.healycounseling.com/>

IDRC program

Ocean County Health Department

732-341-9700, ext. 7500

www.ochd.org

Inotxicated Driver Resource Center program

Seashore Family Services

732-244-1600 (Toms River)

732-920-2700 (Brick)

www.seashorefamilyservices.org

IDRC program

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

IDRC program

DRUG ABUSE RESOURCES

2NDFLOOR

888-222-2228

www.2ndfloor.org

Youth Helpline

Carrier Clinic

800-933-3579

www.carrierclinic.org

Inpatient Adolescent Dual-Diagnosis program (when psychiatric illness is primary). Free Weekend codependency (support for friends and family) and Bright Futures for Kids (ages 4-12 who are affected by a family member's addiction program).

Cocaine Anonymous

800-347-8998 (Referrals and services)

732-930-1128

njdca1@gmail.com email

Share experience, strength and hope with others so that they may solve their common problem and help others to recover from their addiction.

Contact of Ocean and Monmouth Counties

732-240-6100 or 609-693-5834

<http://www.contactoceanmonmouth.org/>

24-hour Crisis hotline

Jersey Shore Addiction Services

732-988-8877

www.jsashc.org

Counseling and outpatient care

Liberty Management Group

201-236-8880

www.libertymgt.com

Inpatient and Outpatient services, detox, 12 step programs

Maryville Alcohol and Drug Treatment Center

856-629-0244 Williamstown, 856-863-3913

Gloucester, 856-690-1000 Cumberland

www.maryvillenj.org

Detoxification, inpatient and outpatient treatment

Lighthouse at Mays Landing

800-981-3217

www.Lhrecovery.com

Detoxification, inpatient and outpatient services

877 -424 -4491

Narcotics Anonymous (NA) Helpline

877 -424 -4491

www.naranonofnj.org

Family group, for someone who knows or known a feeling of desperation concerning an addiction problem of someone very near to them.

Community based association for recovering drug addicts providing weekly meetings.

New Hope Foundation

732-946-3030

www.newhopefoundation.org

Detoxification, inpatient and outpatient services

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Prevention and intervention

Ocean County Health Department

Department of Substance Abuse, Addiction, and Opioid Dependency

732-341-9700 Ext. 7535

www.ochd.org

Information and referrals. Narcan Education and distribution.

Ocean Mental Health

732-575-1111 or 877-621-0445

www.oceanmhs.org

Turnaround program offers substance abuse services for ages 12 to 25

Preferred Behavioral Health of NJ

732-367-4700

www.preferredbehavioral.org

*Counseling and treatment, relapse prevention
Intensive outpatient treatment for teens,
ages 13-18*

Prevention First

732-663-1800

www.preventionfirst.net

Provides resources and referrals

Princeton House Behavioral Health

1-800-242-2550

www.princetonhcs.org

Inpatient Adolescent Substance Abuse Program

Seabrook House

888-206-3208

www.seabrookhouse.org

Detoxification, inpatient and outpatient care

Seashore Family Services (S.T.A.R.T.)

732-920-2700 or 732-244-1600

www.seashorefamilyservices.org

*Adolescent substance abuse, anger management,
prevention relapse and educational resource*

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.barnabashealth.org

Inpatient and outpatient services, partial hospitalization

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

*24 hour hotline, crisis intervention counseling,
information and referrals for residents of
southern Ocean County*

Summit Oaks Hospital

908-522-7000

www.summitoakshospital.com

Provider of Psychiatric and Substance Use Services.

Turning Point

973-380-0905

www.turningpointnj.org

Detoxification, inpatient and outpatient services

White Deer Run

800-255-2335

www.whitedeerrun.org

Residential facility

DRUG TESTING RESOURCES

Seashore Family Services

732-920-2700 or 732-244-1600

<https://www.seashorefamilyservices.org/>

Urine testing for school, pre-employment and court cases

EATING DISORDERS RESOURCES

Center for Health Education, Medicine, and Dentistry

732-364-6666 or 732-523-7957

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Eating Disorders Anonymous

www.eatingdisordersanonymous.org

Support groups

Eating Disorders at the Medical Center of Princeton

877-932-8935

www.princetonhcs.org

Inpatient, partial hospitalization for anorexia, bulimia and other eating disorders

Monmouth Psychological Associates

732-530-9029

www.monmouthpsych.com

Eating Disorders Program provides comprehensive psychological and nutritional care for people with eating disorders. Referrals for treatment

National Eating Disorders Association

800-931-2237

www.nationaleatingdisorders.org

Information and referrals

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Individual therapy for residents of Southern Ocean County

EDUCATION OPPORTUNITY RESOURCES

Association of Student Assistance Professionals

www.asapnj.org/OCSAC2011/Resources.htm

Adolescent Resources

Children's Home Society

609-695-6274

www.chsofnj.org

Child care training available

Georgian Court College

732-987-2700

www.georgian.edu

Variety of degree programs

Job Corps

800-733-5627

<https://edison.jobcorps.gov/>

GED programs and variety of training

NJ College Education Hotline

800-792-8670

www.hesaa.org

Financial Assistance and scholarships

NJ Department of labor Division of Vocational Rehabilitation Services

1-866-VR1-STOP or 609-659-9045

www.NJ.gov/labor

Offers persons with disabilities employment opportunities

Ocean County College

732-255-0400

www.ocean.edu

Many different certification programs and Associate degree programs

Ocean County ONE STOP CAREER Center

732-240-5995

<https://www.careeronestop.org/>*Career advice, information, resume help, job training***Ocean County Vocational Technical School**~~732-344-1133~~www.ocvts.org*Many different educational career oriented programs***Ocean County Library (libraries located throughout Ocean County)**

732-349-6200

www.theoceancountylibrary.org*GED materials, technology training, reference and referral services, internet access***Richard Stockton State College**

609-652-1776

www.stockton.edu*Variety of degree programs***NJ Department of Labor**

609-659-9045

www.nj.gov/labor*Vocational Rehabilitation Program provides services that enable individuals with disabilities to find jobs. Program provides diagnostic evaluations, vocational counseling and guidance, job-seeking skills training and selective job placement job coaching, etc.**The Transition from School to Work for Youth With Disabilities helps persons with disabilities prepare for, obtain and keep their jobs. It is the school district's responsibility to contact the DVRS and each school has an assigned rehabilitation counselor. At any time, parents may call.*

EMERGENCY CARE RESOURCES

9-1-1*Emergency number for most municipalities***Atlanticare Regional Medical Center**

888-569-1000

www.atlanticare.org/**Community Medical Center**

732-557-8000

www.barnabashealth.org**Center for Health Education, Medicine, and Dentistry**

732-364-6666 or 732-523-7957

www.chemedhealth.org*Federally Qualified Health Center offering full range of health and dental services***Monmouth Medical Center Southern Campus**

732-886-4523

www.barnabashealth.org**Ocean Health Initiatives**

732-363-6655

www.ohinj.org*Federally Qualified Health Center offering full range of health and dental services***Ocean Medical Center**

732-840-3322

www.oceanmedicalcenter.com**Ocean Care Center Satellite Emergency Department**

732-295-6377

<http://www.oceancarecenter.com/OCC/index.cfm>**Southern Ocean Medical Center**

609-597-6011

www.southernoceanmedicalcenter.com/

EMPLOYMENT RESOURCES

Department of Labor and Workforce

~~[Career Services | One-Stop Career Centers \(nj.gov\)](#)~~

Counseling, training assistance

Ocean County Library

732-349-6200

www.theoceancountylibrary.org

Internet access for civil service jobs, books, information and help with resume writing

Ocean County Vocational Technical School

732-473-3100 (Toms River)

732-286-5670 (Brick)

732-286-5660 (Waretown)

732-286-5665 (Jackson)

732-286-5678 (Nay Lakehurst Center)

609-978-8439 (Mates)

www.ocvts.org

Different career opportunities through training

One Stop Career Center

732-286-5616

www.lwd.dol.state.nj.us

Career advice, learn how to create Resumes, access services, counseling, job training, computer access

Preferred Children's Services

732-367-4700 x7550

www.preferredbehavioral.org

Lakewood School Based Program provides job readiness training

FAMILY AND INDIVIDUAL THERAPY RESOURCE

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Family, individual and group therapy

Ocean Mental Health

732-349-5550 or 732-240-3760

www.oceanmhs.org

Family Focus program provides intensive on-site outpatient therapy to individuals and families.

Preferred Behavioral Health of NJ

732-367-4700

<https://www.preferredbehavioral.org/>

Individual group and family therapy

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Counseling and in-home services provided to help families stay together. This service is offered to residents of Southern Ocean County.

FINANCIAL ASSISTANCE RESOURCES

Children's Home Society

609-695-6274

www.chsofnj.org

Vouchers for childcare for those eligible

Ocean County Board of Social Services

732-349-1500 732-370-8854, or 609-242-6100

www.co.ocean.nj.us/socialservices

Temporary Assistance for Needy Families (TANF)

Ocean, Inc.

732-244-5333

www.oceaninc.org

Home energy Assistance Program, First Time Home Buyers Program

FOOD REQUEST RESOURCES

Catholic Charities

609-394-3202

www.catholiccharitestrenton.org

Emergency food, call to find out sites

Ocean County Health Department WIC (Women, Infants and Children) program

732-370-0122

WIC@ochd.org | www.ochd.org

Provides food vouchers for pregnant women, breastfeeding women, infants and children under the age of 5 who are eligible

CONTACT of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24 hour crisis hotline

The Salvation Army

732-270-8393

<http://www.salvationarmyusa.org>

Food pantry by appointment

Emergency Food Bank

732-918-2600

<http://fulfillnj.org/>

Distributes emergency food throughout Monmouth and Ocean County

St. Mary's Church

609-698-5531

<http://stmarybarneгат.com/>

Emergency food

Ocean County Board of Social Services

732-349-1500, 732-370-8854, or 609-242-6100

www.co.ocean.nj.us

Food stamps for those who qualify

GAMBLING ADDICTION RESOURCES

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

Council of Compulsive Gambling of New Jersey

609-588-5515 or 1-800-GAMBLER

www.800gambler.org

Help problem and compulsive gamblers and those affected by this illness

Gamblers Anonymous New Jersey Hotline

855-222-5542

www.gamblersanonymous.org

1-800-GA LIVES

12-step program

New Hope Foundation

732-946-3030

www.newhopefoundation.org

Inpatient and outpatient services for a gambling problem

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Counseling for gambling through their substance abuse program

GAY, LESBIAN & TRANSGENDER RESOURCES

American Civil Liberties Union

212-549-2673

www.aclu.org/safeschools

In-service training programs teaching educators how to handle and resolve problems caused by homophobia. Also offers resources on how to advocate for nondiscrimination and anti-harassment policies.

Gay Activist Alliance in Morris County

www.gaamc.org

Offers a variety of support services

GLBT National Help Center

888-843-4564

www.glnh.org

Free and anonymous hotline

Gay, Lesbian and Straight Education Network (GLSEN)

212-727-0135

www.glsen.org

Provides student curriculum and staff training materials to fight anti-gay prejudiced and hate motivated violence in schools.

HiTOPS

609-683-5155

www.hitops.org

Social support and education

Keeping it Safe

856-963-2432

www.camden-ahec.org

Social support group for youth

National Gay and Lesbian Youth Hotline

800-347-8336

New Jersey Education Associations Sexual Orientation Issues in Schools Committee

609-599-4561

www.njea.org

Addresses question of sexual orientation in schools

Parents, Families of Lesbians & Gay (PFLAG)

908-814-2155

www.jerseyshorepflag.org

Promote the health and well being of lesbian, gay, bisexual and transgender persons and their families through support to cope with an adverse society

Pride Center of NJ

732-846-2232

www.pridecenter.org

Lending library and resource center

The Trevor Project

866-488-7386

www.thetrevorproject.org

Information

GENERAL HEALTH RESOURCES

Center for Health Education, Medicine, and Dentistry (CHEMED)

732-364-2144

www.chemedhealth.org

Federally Qualified Health Center offering full range of health and dental services

Family Resource Center at Southern Ocean County Hospital

609-978-3559

www.soch.org

Breast Health Wellness, education, referrals

Meridian Family Health Center

732-836-4193

www.meridianhealth.com

Pre/ postnatal, gynecological and medical services

NJ Family Care

800-701-0710

www.njfamilycare.org

Well child and doctor's visits, dental and vision care, prescriptions, hearing services, lab work, x-rays.

Ocean County Health Department

732-341-9700

www.ochd.org

New Jersey Cancer Education and Early Detection Program for un/underinsured women

Ocean Health Initiatives

732-363-6655

www.ohinj.org

*Federally Qualified Health Center
Offers a full range of health and dental services*

HIV RESOURCES

AIDS Hotline

800-232-4636

www.cdc.gov/hiv

Provides counseling, emotional support and information

Board of Social Services

732-349-1500

Provides eligible county residents with financial, medical and social services, Medicaid, food stamps, adult protective services, special response emergency housing

Jersey Shore Addiction Services Health Care

732-988-6828

Counseling and programs for people living with HIV

NJ AIDS Hotline

800- 624-2377 (24 hour, 7 days)

<http://www.njhivstdline.org/>

Information and referrals

Ocean County Health Department

732-341-9700, ext. 7604

www.ochd.org

HIV/AIDS Clinic, Counseling and Testing, support groups, hotline, educational materials and speakers

HOUSING RESOURCES

Contact of Ocean and Monmouth Counties

24 hour crisis hotline
732-240-6100/609-693-5834
<http://contactoceanmonmouth.org/>
24-Hour Crisis hotline

Department of Community Affairs

Bureau of Housing and Community Resources
732-255-0818
www.state.nj.us/dca
Housing assistance for those who meet income eligibility

Interfaith Hospitality Network

732-736-1550
<http://ihnoc.net/>
Temporary shelter for families by area churches and synagogues

Ocean County Board of Social Services

732-349-1500
www.co.ocean.nj.us/socialservices
Special Response Unit

Ocean's Harbor House

732-929-0096
www.oceansharborhouse.org
Provides shelter for youth who may have run away or put out of their homes

Ocean, Inc.

732-244-5333
www.oceaninc.org
Weatherization program, First Time Home Buyers Program

Ocean Mental Health Services

732-575-1111 or 877-621-0445
www.oceanmhs.org
PATH is their homeless case management program

Ocean/Monmouth Legal Services

888-576-5529
www.lsnj.org
Legal services for rental issues and complaints

Preferred Behavioral Health

Shore Youth Center
732-367-4700
www.preferredbehavioral.org
Homeless program for clients under the age of 18

LEGAL RESOURCES

American Civil Liberties Union

973-642-2084
www.aclu-nj.org
Legal defense of Serious Violations of Rights

Ocean County Office of Victim Witness Advocacy

732-929-2027
www.oceancountyprosecutor.org
Provides services to victims and witnesses involved in the investigation and prosecution of a crime

Ocean/Monmouth Legal Services

888-576-5529
www.lsnj.org
Help with civil and family legal cases and family legal problems for those who are eligible

Public Defender- Ocean Region

732-286-6400
www.thedefenders.nj.gov
Legal assistance to persons charged with a criminal offense in Superior Court

MENTAL & PSYCHIATRIC ILLNESS ISSUES

Carrier Clinic

1-800-933-3579

www.carrierclinic.org

Treatment offered to individuals of every age, also support groups for families and friends

Contact of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24 Hour Crisis Hotline

Liberty Management Group

201-236-8880

www.libertymgt.com

Dual Diagnosis and Psychiatric Services

Ocean Mental Health Services, Inc

732-575-1111 or 877-621-0445

www.oceanmhs.org

Treatment programs available for inpatient and outpatient and mental assessments

Preferred Behavioral Services

732-367-4700

www.preferredbehavioral.org

Treatment, residential services, outpatient and family programs

Princeton House Behavioral Health

800-242-2550

www.princetonhcs.org

Outpatient services for co-occurring and psychiatric issues

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.barnabashealth.org

Inpatient, partial hospitalization, intensive outpatient services

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Mental health counseling available to adolescents from Southern Ocean County

Summit Oaks Hospital

908-522-7000

www.summitoakshospital.com

Provider of Psychiatric and Substance Use Services

Municipal Alliances of Ocean County

Alliances are dedicated to a comprehensive and coordinated effort against substance abuse through the school's law enforcement, businesses and other community members.

BEACHWOOD	(732) 286-6000
BERKELEY	(732) 269-4456
BRICK	(732) 262-1073
EAGLESWOOD	(609) 713-2655
JACKSON	(732) 928-1111 x 5202
LACEY	(609) 693-1100 x2217
LAKEWOOD	(732) 341-9700 x 7508
LAVALLETTE	(732) 793-7477
MANCHESTER	(732) 657-8121 x 3901
OCEAN GATE	(732) 341- 9700 x 7508
OCEAN TWP.	(609) 693-3302
PINE BEACH	(732) 349-6425
PLUMSTED	(609) 758-2241
SEASIDE PARK	(732) 793-3700 x 105
STAFFORD	(732) 597-1000 x 8557
TOMS RIVER	(732) 341-1000 x 8474

PARENTING RESOURCES

Children's Home Society

609-695-6274

www.chsofnj.org

Contact of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

Ocean's Harbor House

732-929-0096

www.oceansharborhouse.org

Immediate intervention

Open Door Pregnant Center

732-240-5504-call 732-743-5283-text

www.theopendoor.com

Parenting program

Southern Ocean County Hospital Family Resource Center

609-978-3559

www.soch.org

Resources and referrals

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Parenting programs in both the northern and southern parts of the county

PATERNITY RESOURCES

Ocean County Board of Social Services

732-349-1500

Paternity Parent Locator Unit

PHOBIA RESOURCES

Carrier Clinic

1-800-933-3579

www.carrierclinic.org

Inpatient treatment for adolescents, aged 13 – 18

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

Ocean Mental Health Services

732-575-1111 or 877-621-0445

www.oceanmhs.org

Counseling

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Counseling in the southern part of county

Preferred Behavioral Services

732-367-4700

www.preferredbehavioral.org

Counseling

POLICE

Most towns have the 9-1-1 emergency number in place

Municipality	Phone Number
Barnegat	609-698-5000
Bay Head	732-892-0632
Barnegat Light	609-494-3322
Beach Haven	609-492-0505
Beachwood	732-341-1242
Berkeley	732-341-6600
Brick	732-477-8300
Eagleswood	609-296-3040
Harvey Cedars	609-494-6509
Island Heights	732-270-3000
Jackson	732-928-1116
Lacey	609-693-6636
Lakehurst	732-657-7812
Lakewood	732-363-0200
Lavallette	732-793-4800
Little Egg Harbor	609-296-3666

Municipality	Phone Number
Long Beach	609-494-3322
Manchester	732-657-2009
Mantoloking	732-295-1405
Ocean (Waretown)	609-693-4007
Ocean Gate	732-269-2468
Pine Beach	732-341-2616
Plumsted	609-758-3738
Point Pleasant Beach	732-892 -0500
Point Pleasant Boro	732-892-0060
Seaside Park	732-793 -8000
Seaside Heights	732-793-1800
Ship Bottom	609-494-1518
South Toms River	732-349-6913
Stafford	609-597-8581
Surf City	609-494-8121
Toms River	732-349-0150
Tuckerton	609-296-9416

PREGANCY TESTING, PREGNANCY RESOURCES & PRENATAL CARE

Center for Health Education, Medicine, and Dentistry (CHEMED)

732-364-6666 or 732-523-7957

www.chemedhealth.org

*Federally Qualified Health Center offering full
range of health and dental services*

Central Jersey Family Health Consortium

732-937-5437

<http://cjfhc.org/index.php/en/>

Outreach for prenatal, perinatal and post partum

Children's Home Society

609-695-6274

www.chsofnj.org

*Pregnancy counseling, birth parent counseling,
foster care for pregnant teens which includes
shelter, etc.*

Family Planning Center of Ocean County

732-364-9696 (Lakewood)

609-597-6094 (Manahawkin)

<https://www.fpcoc.net/>

Pregnancy testing and follow-up counseling

Ocean County Health Department

732-341-9700 Ext. 7604

www.ochd.org

*Offers a broad range of preventative and clinical
services including pregnancy testing, HIV, HCV,
and STD screening services, and referrals, and
linkage to care*

Ocean Health Initiatives

732-363-6655

www.ohinj.org

*Accessible and affordable health care and
screenings*

Ocean Medical Center

732-475-7000

www.oceanmedicalcenter.com

Pregnancy testing, prenatal and postnatal care

The Open Door

732-240-5504-call 732-743-5283-text

www.theopendoor.com

*Pregnancy testing and follow-up counseling and
support*

Planned Parenthood

800-230-PLAN (7526)

www.plannedparenthood.org

*Pregnancy testing, birth control methods and
options, education and information, low cost
reproductive healthcare*

RAPE AND SEXUAL ASSAULT RESOURCES

Contact of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

Children's Home Society

609-695-6274

www.chsofnj.org

*Pregnancy counseling, birth parent counseling,
foster care for pregnant teens, which includes
shelter, etc.*

St Francis Center

Rape Crisis Program

609-494-1554

Hotline – 609-494-1090

www.stfrancislbj.org

Counseling, reporting and intervention

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Offers shelter, counseling and outreach services

RUNAWAY RESOURCES

Contact of Ocean and Monmouth Counties

24 hour crisis hotline
732-240-6100/609-693-5834
<http://contactoceanmonmouth.org/>
24-Hour Crisis hotline

Family Crisis Intervention Unit

732-240-3638
<http://www.oceanresourcenet.org/search/family-crisis-intervention-unit/>
Immediate intervention

National Runaway Switchboard

1-800-786-2929
[Get Help - National Runaway Safeline \(1800runaway.org\)](http://1800runaway.org)
24/7 hotline for runaways including crisis intervention. Able to facilitate conference calls to a shelter or to parents. Greyhound Home Free program provides free bus transportation for teen returning to legal guardian.

Ocean's Harbor House

732-929-0096
www.oceansharborhouse.org
Provides shelter for youth who may have run away or put out of their homes

SEXUALLY TRANSMITTED DISEASE RESOURCES

Family Planning Center of Ocean County

732-364-9696 (Lakewood)
609-597-6094 (Manahawkin)
<https://www.fpcoc.net/>
Testing for sexually transmitted diseases and treatment provided

National Herpes Hotline

(919) 361-8488
<http://herpes-foundation.org/herpes-resource-center/>

National HIV/AIDS Hotline

800-624-2377
973-926-8008 (TDD)
<https://hab.hrsa.gov/get-care/state-hiv-aids-hotlines>

Ocean County Health Department

732-341-9700 Ext. 7604
www.ochd.org
Clinic held every Wednesday night at health department. Testing and treatment provided. In addition, STD testing at the Ocean County Health Department Southern Clinic site every second and fourth Thursday.

SMOKING ISSUES

American Cancer Society

800-227-2345
<https://www.cancer.org/>
Information, helpline

RWJBarnabas Institute for Prevention Tobacco Quit Center

(732) 991-4688
www.instituteforprevention.com
Assessment, cessation program

STRESS ISSUES

Carrier Clinic

1-800-933-3579

www.carrierclinic.org

Treatment offered to individuals of every age

Contact of Ocean and Monmouth Counties

24 hour crisis hotline

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

Ocean Mental Health

732-575-1111 or 877-621-0445

www.oceanmhs.org

Counseling available

RWJBarnabas Health Behavioral Health Center

732-914-1688

www.sbhcs.com

Counseling available

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Counseling service is offered to residents of Southern Ocean County

Preferred Behavioral Health of NJ

732-367-4700

www.preferredbehavioral.org

SUICIDE ISSUES

American Foundation for Suicide

988 Talk to 741741-Text

(Monmouth Medical Center - South)

www.afsp.org

Contact's Suicide Hotline

1-800-273-8255

www.suicidepreventionlifeline.org

24 Hour Crisis Hotline

Family Crisis Intervention Unit

732-240-3638

[http://www.oceansharborhouse.org/programs/fami](http://www.oceansharborhouse.org/programs/family-crisis-intervention-unit/)

[ly-crisis-intervention-unit/](http://www.oceansharborhouse.org/programs/family-crisis-intervention-unit/)

Immediate intervention

National Suicide Hotline

1-800-273-8255

Ocean Mental Health Services

732-575-1111 or 877-621-0445

www.oceanmhs.org

Crisis intervention

Psychiatric Emergency Screening Services

866-904-4474

Psychiatric evaluation and assessments

Preferred Behavioral Health of NJ

732-367-4700

www.preferredbehavioral.org

Individual group and family therapy

VIOLENCE ISSUES

See Police listings for each municipality

Contact of Ocean and Monmouth Counties

732-240-6100/609-693-5834

<http://contactoceanmonmouth.org/>

24-Hour Crisis hotline

St. Francis Counseling Center

609-494-8861 or 609-494-1554

www.stfranciscenterlbi.org

Dating violence and healthy relationships education

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Counseling and support groups for victims of domestic violence and their children

VOLUNTEER OPPORTUNITIES

Students may also call their local Municipal Alliance to find out about volunteering

Caregivers of Ocean County

732-505-2273

<http://caregivervolunteers.org/>

Support services for the elderly and homebound

Ocean County Library System

732-349-6200

www.theoceancountylibrary.org

Volunteers used in many capacities

Interfaith Health and Support Services for Southern Ocean County

609-978-3839

<http://www.interfaithsoc.org/index.html>

Providence House

732-244-8259

www.catholiccharitiestrenton.org

Work with victims of domestic violence and family members

Monmouth Medical Center Southern Campus Volunteer Resource Center

732-886-4523

www.barnabashealth.org

