

RESOLUTION 54(24)

February 7, 2024

WHEREAS, National Nutrition Month is an annual campaign created by the Academy of Nutrition and Dietetics that focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits; and

WHEREAS, the National Nutrition Month 2024 theme – **Beyond the Table** - invites all people to learn more about making informed food choices and developing healthful eating and physical activity habits; and

WHEREAS, the campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits that can be followed all year long; and

WHEREAS, there's no one diet that is right for everyone, so it's important to follow a healthful eating plan that's packed with tasty foods and that keeps your unique lifestyle in mind; and

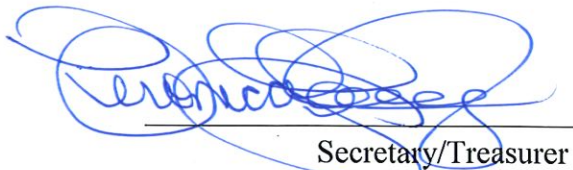
WHEREAS, individuals are encouraged to seek the advice of registered dietitian nutritionists – the food and nutrition experts who can help develop individualized eating and activity plans to meet people's health goals; and

WHEREAS, the Ocean County Health Department operates the largest Women, Infants, and Children (WIC) programs in the State of New Jersey currently serving over 29,000 participants in the year 2024; and

WHEREAS, the WIC program provides individualized nutrition education and group education classes are provided by trained nutritionists and Registered Dietitian Nutritionists and cover health topics such as infant nutrition, healthy weight, breastfeeding, cholesterol, food allergies, and nutritional deficiencies.

NOW, THEREFORE, BE IT RESOLVED by the OCEAN COUNTY BOARD OF HEALTH, County of Ocean, State of New Jersey, proclaims the month of March 2024 as **National Nutrition Month** and encourages all residents to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

Name	Bacchione	Gupta	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓		✓	✓	✓		✓	✓
Abstain									
Nays									
Absent			✓				✓		


Secretary/Treasurer