

**RESOLUTION**

**97(24)**

March 20, 2024

WHEREAS, the week of April 21-27, 2024 has been proclaimed **National Volunteer Week** in recognition of the efforts of volunteers in Ocean County and all across the county who give so much of their time and resources to many causes; and

WHEREAS, volunteering is a selfless and often joyful act. Every day, millions of people worldwide volunteer for thousands of different companies and organizations. Many people see volunteering as a way of demonstrating what they stand for and consider valuable; and

WHEREAS, the theme for National Volunteer Week is *Celebrate Service – Volunteers Make A Difference* - an opportunity to shine a light on the people and causes that inspire us to serve. Volunteerism empowers individuals to find their purpose, to take their passion and turn it into meaningful change. When each of us, in our own way, answers the call to make a difference, we make progress in solving our most persistent problems, and create stronger communities and a more just society; and

WHEREAS, besides the benefits to society, scientific studies have shown that individuals who volunteer enjoy psychological and physical benefits, including increased satisfaction, improved sense of belonging, lower blood pressure, increased protection from Alzheimer's and decreased mortality; and

WHEREAS, volunteering is good for your health at any age, but it's especially beneficial for older adults. Studies have found that those who volunteer have a lower mortality rate than those who do not, even when considering factors like the health of the participants; and

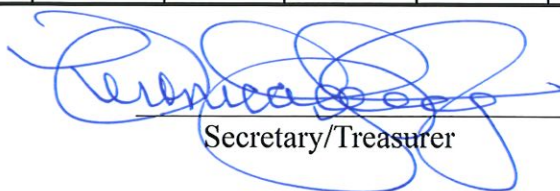
WHEREAS, approximately 1 in 4 Americans – predominantly Baby Boomers - volunteer their time, talents, and energy to making a difference; and

WHEREAS, the Ocean County Board of Health recognizes the support given by all volunteers to the needs of the communities of Ocean County such as the Ocean County Medical Reserve Corps (MRC), Community Emergency Response Team (CERT), Municipal Alliances, Volunteer Auxiliary for Animal Shelters, Inc, and the Friends of the Southern Ocean County Animal Shelter.

NOW, THEREFORE, BE IT RESOLVED that the OCEAN COUNTY BOARD OF HEALTH, County of Ocean, State of New Jersey hereby proclaims the week of April 21-27, 2024, as National Volunteer Week and recognizes all of the volunteers of Ocean County for their outstanding service to the communities of Ocean County.

BE IT FURTHER RESOLVED that a certified copy of this Resolution be forwarded to the Ocean County Board of Commissioners, the **Volunteer Auxiliary for Animal Shelters, Inc., the Friends of the Southern Ocean County Animal Shelter, and the Ocean County MRC Coordinator.**

Name	Bacchione	Gupta	Hill	Kubiel	Laureigh	Mancini	Scaturro	Singer	Mallon
Ayes	✓	✓	✓		✓	✓	✓	✓	✓
Abstain									
Nays									
Absent				✓					



Secretary/Treasurer